

The U.S. Centers for Disease Control and Prevention (CDC) and state and local public health officials are investigating cases of swine influenza, also known as North American Flu, in people in several U.S. states, including Texas. Investigations are ongoing to determine the source of the infection and whether additional people have been infected with swine influenza viruses.

As of 4/29/2009, there are no reports of confirmed cases of swine flu in Williamson County. Please remember this is a dynamic situation and the general public is encouraged to check several websites daily for updates, including WCCHD, CDC and the Texas Department of State Health Services (DSHS).

The Williamson County and Cities Health District (WCCHD), independent school districts, and health care providers are conducting surveillance for influenza-like illness (ILI) in an effort to detect suspect swine flu cases. WCCHD is not providing testing of individuals. Some of the symptoms include fever over 100, coughing, sore throat, headache and muscle aches and possibly runny nose, vomiting and diarrhea.

Any individual with influenza-like illness or flu-like symptoms should see their doctor within the first 48 hours and stay at home until their illness has resolved. The most important things you can do to prevent flu are:

- Wash your hands with soap and water.
- Cover coughs/sneezes and dispose of tissue in trash can.
- Keep hands away from your mouth/eyes/nose.
- Stay home from work/school when ill.

WCCHD is working closely with community leaders to prepare for a coordinated response if a confirmed case is identified. CDC recommendations for implementing control measures when a human infection with swine influenza A (H1N1) virus is confirmed in a community may be found at: <http://www.cdc.gov/swineflu/mitigation.htm>.

For more Swine Flu Questions and Answers visit:
http://www.cdc.gov/swineflu/swineflu_you.htm.

The DSHS Swine Flu Event Call Center General Public Phone Bank: 888-777-5320.

Swine Flu Updates from the Centers for Disease Control and Prevention (CDC):<http://www.cdc.gov/swineflu/>

Swine Flu Updates from the Texas Department of State Health Services (DSHS):http://www.dshs.state.tx.us/news/releases/swine_flu.shtm

Information on seasonal flu and seasonal flu surveillance in Williamson County:
<http://www.wcchd.org/Services/DiseaseMgmt/Influenza.htm>

