



Breaking the Cycle- Understanding the Science of Addiction and the Humanity of Recovery
A 6-hour Training on Supervising Probationers with Substance Use Disorders

Part One

Examining the interplay of the brain, body, and mind in the addiction and recovery process. Scientific and research based content will be presented to connect the disease theory of addiction to concrete observations of the SUD population.

Part Two

A look at the historical and traditional processes of state funded systems and providers offering treatment. Discussion includes access to care, appropriate aftercare, and holistic recovery planning. Includes an analysis of outdated, siloed systems, with complex and distinct funding streams, and the implications for cyclical utilization by people with SUD.

Part Three

A brief history of Recovery Management, Peer Based Recovery Support Services, Recovery Oriented Systems of Care and implications for current treatment industry practices. Includes discrimination relating to SUD and addiction. Participants will be able to: understand the biological drives associated with substance dependence; discern between dependence and addiction; recognize social contexts that present barriers to recovery; and identify concepts of recovery from a strengths-based perspective. Provides skills development for using recovery-oriented language and recovery messaging.

Cost: \$1,450 (based on availability of free meeting space and snacks/beverages provided by Wilco)
LifeSteps will coordinate with CSCD to determine the training date and times. Trainer will be a contract employee of LifeSteps.