



***Join us September 2018: Texas A&M AgriLife Extension  
Celebrates Family Mealtime by Connecting for Better Health!***


## ***Proclamation***

- WHEREAS EATING MEALS TOGETHER PROMOTES QUALITY TIME FOR CHILD AND ADULT INTERACTION!** Family dinner provides time to share activities from the day or discuss upcoming events; and
- WHEREAS EATING MEALS TOGETHER PROMOTES A FOOD-HEALTH CONNECTION!** Eating together provides an opportunity to talk about and model good nutrition and health behaviors, and
- WHEREAS EATING MEALS TOGETHER PROMOTES PASSING DOWN CULTURAL AND FAMILY IDENTITY!** Family dinners are a good time for sharing family stories and creating memories.

**NOW, THEREFORE** I, Dan A Gattis, Williamson County Judge,

**DO HEREBY PROCLAIM** the month of September **FAMILY MEALTIME 2018: Connecting for Better Health!** In Williamson County, Texas, and I encourage all citizens to observe this month by the adoption of healthy behavior through family mealtime.

Done at the Williamson County Courthouse on this the 4<sup>th</sup> day of September, 2018.

  
\_\_\_\_\_, Judge  
Williamson County  
09-06-2018

