

# PROCLAMATION

**WHEREAS**, Posttraumatic Stress Disorder (PTSD) can occur after a person experiences trauma including, but not limited to the stress of combat, rape, sexual assault, child abuse, bombings, shootings, accidents, and natural disasters, and affects approximately 8 million adults in the United States annually; and

**WHEREAS**, PTSD is associated with chemical changes in the body's hormonal system and autonomic nervous system, and is characterized by symptoms including flashbacks, nightmares, insomnia, avoidance, hypervigilance, anxiety, and depression; and

**WHEREAS**, raising awareness of this condition is necessary to remove the stigma and to encourage those suffering to seek proper and timely treatment that may save their lives; and

**WHEREAS**, between 10 and 30 percent of service members will develop PTSD within a year of leaving combat, while others may not develop symptoms until years later; and

**WHEREAS**, the brave men and women of the United States Armed Forces, who proudly serve the nation and risk their lives to protect our freedom, deserve the investment of resources to ensure their lasting physical, mental, and emotional well-being; and

**WHEREAS**, despite its treatability, many cases of PTSD remain undiagnosed and untreated due to lack of awareness of this condition and the persistent stigma associated with mental health conditions; and

**WHEREAS**, combat-related PTSD stress among our men and women in the Armed Forces is significantly pronounced, given that they are often exposed to highly traumatic events for weeks, months, and even years; and

**WHEREAS**, All citizens suffering from PTSD deserve our consideration, and those who are affected by PTSD from wounds received while protecting our freedom, deserve our respect and special honor; and

**WHEREAS**, through numerous Williamson County offices and community partners, your county government is working to help our residents with PTSD;

**NOW THEREFORE BE IT RESOLVED**, the Williamson County Commissioners Court does hereby proclaim June 27, 2023 as PTSD Awareness Day and declare June 2023 as PTSD Awareness Month to bring awareness to those with PTSD and to encourage people to reach out to their fellow citizens to provide support and remove the stigmas associated with this disorder.

Passed by Commissioners Court and Signed on this date: June 27, 2023

Bill Gravell Jr.

Bill Gravell Jr. (Jun 28, 2023 10:21 CDT)

Bill Gravell, County Judge

On behalf of the Williamson County Commissioners Court Members