



First 5 Yolo's mission is to support our community to raise children who are
healthy, safe, and ready to learn.

- Currently, an in depth comprehensive evidence-based parenting program that covers a wide range of parenting topics is not offered in Yolo County
- Implementing an evidence-based parenting program prenatally through the first months of infancy can help our county's youngest children have the best start possible through parent education and support at the earliest stages.
- Investing in prevention prenatally and in infancy leads to improved outcomes for children across every measure of success

What is the...



Nurturing Parenting Program™

- The Nurturing Parenting Programs are family-centered, trauma-informed initiatives designed to build nurturing parenting skills as an alternative to abuse and neglectful parenting and child-rearing practices.
- NPP curriculum is evidenced-based and recognized by the National Registry of Evidenced-based Programs and Practices (NREPP), Substance Abuse and Mental Health Services Administration (SAMHSA), Office of Juvenile Justice and Delinquency (OJJDP), Center for Substance Abuse Prevention (CSAP) and Child Welfare League of America (CWLA)
- NPP has been widely adopted across the United States and has proven effectiveness in treating and preventing the recurrence of child abuse and neglect.
- Participants in NPP programs improve in family functioning, positive personality characteristics, parenting beliefs and knowledge of non-abusive parenting strategies and significantly lower recidivism rates for those families with a history of abuse and neglect.

How much would it cost to
implement in Yolo County?

Year 1: **\$549,960**

Years 2+: **\$505,531**

Costs Include:

- Program Participation for 725 families
- FTE for program coordination, group facilitations, training for new facilitators, and childcare
- All materials
- Program Oversight and evaluation

*For more information about Nurturing Parenting™ visit www.nuturingparenting.com
Participant estimates based of 30% of live births for 2016



First 5 Yolo's mission is to support our community to raise children who are **healthy, safe, and ready to learn.**

- In Yolo County, intensive family support through home visiting is provided through a national evidence-based model, Healthy Families America (HFA). County of Yolo Public Health Nurses coordinate with this program to serve the families at the highest medical risk.
- Home visiting can help our county's youngest and most at-risk children have the best start possible through parent education and support at the earliest stages.
- Investing in prevention prenatally is the greatest point of leverage to improve outcomes for children across every measure of success.
- Current resources do not allow for all of yolo county's most at-risk families to receive home visiting. By growing home visiting, more families can be reached and given needed support.

What is...



- Healthy Families America (HFA) is an effective and proven early childhood home visiting model with positive impacts in eight areas essential for children.
- HFA includes intensive parent education and robust case management. It links clients to essential community services that actualize healthy child development, nurture successful parent-child bonding, and add stability in times of crisis.
- Participants in HFA programs show stronger parenting efficacy, reduced parenting stress levels, increased understanding of children's developmental milestones and needs, and more positive perspectives on their parenting roles and responsibilities.
- Studies of the HFA model show that program participants report less alcohol use and reductions in harsh parenting, neglect, physical abuse, and psychological abuse.
- HFA participation improves child success beginning with improved birth outcomes (e.g., birth weight) through improved school readiness
- In the 8 year history of this program in Yolo County, all but one Step-by-Step home visitation family avoided entry into Child Welfare Services. Last year, staff worked with clients to ensure 100% of clients were up-to-date on immunizations, prenatal visits, and well-baby checkups.

How much would it cost to implement in Yolo County?

Year 1: \$635,600

Years 2+: \$541,750

Costs Include:

- FTE for home visitors, county wide needs assessor, clinical oversight staff
- Program training, administration, oversight and evaluation