

**Yolo County  
Board of Supervisors**

**Resolution No. 21-106**

***Declaring September 2021 as National Recovery Month***

**WHEREAS**, September is National Recovery Month and behavioral health is an essential part of health and one's overall wellness; and

**WHEREAS**, prevention of mental illness and substance use disorders works, treatment is effective, and people recover in our area and around the nation; and

**WHEREAS**, preventing and overcoming mental illness and substance use disorders is essential to achieving healthy lifestyles, both physically and emotionally; and

**WHEREAS**, we must encourage relatives and friends of people with mental illness and substance use disorders to implement preventive measures, recognize the signs of a problem, and guide those in need to appropriate treatment and recovery support services; and

**WHEREAS**, in 2014, approximately 20.2 million adults in the U.S. aged 18 or older had a past year substance use disorder (SUD). Of these adults, 16.3 million had an alcohol use disorder and 6.2 million had an illicit drug use disorder; and

**WHEREAS**, to help more people achieve and sustain long-term recovery, the U.S. Department of Health and Human Services (HHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), the White House Office of National Drug Control Policy (ONDCP), and Yolo County Health and Human Services Agency invite all residents of Yolo County to participate in National Recovery Month; and

**WHEREAS**, in September and all year long anyone can access support by contacting the 24/7 Access and Crisis Line at (888) 965-6647.

**NOW, THEREFORE, BE IT RESOLVED** that the Yolo County Board of Supervisors hereby declares September 2021 as National Recovery Month.

**PASSED AND ADOPTED** this 14th day of September 2021 by the following vote:

**AYES:** Barajas, Villegas, Saylor, Sandy, Provenza.

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Jim Provenza, Chair  
Yolo County Board of Supervisors