

**Yolo County
Board of Supervisors**

Resolution No. 21-116

***Proclaiming October 3-9, 2021 as
Mental Illness Awareness Week in Yolo County***

WHEREAS, mental health is part of overall health; and

WHEREAS, one in five adults experiences a mental health problem in any given year; and

WHEREAS, approximately one-half of chronic mental illness begins by the age of 14 and three-quarters by age 24; and

WHEREAS, suicide is the 10th leading cause of death in the United States and the 2nd leading cause among young adults, and 90% of people who die by suicide have an underlying mental illness; and

WHEREAS, long delays—sometimes decades—often occur between the time symptoms first appear and when individuals get help; and

WHEREAS, early identification and treatment can make a difference in successful management of mental illness and recovery; and

WHEREAS, public education and civic activities can encourage mental health and help improve the lives of individuals and families affected by mental illness; and

WHEREAS, the community is encouraged to join Mental Illness Awareness Week events including a prayer in the park interfaith service, rally for recovery, mental health 101, and salud 101. Details can be found here: <https://namiyolo.org/namiyolo-events/annual/mental-illness-awareness-week-2021/>.

NOW, THEREFORE, BE IT RESOLVED that the Yolo County Board of Supervisors does hereby proclaim October 3-9, 2021 as Mental Illness Awareness Week in Yolo County to shine a light on recovery from mental illness and provide support, educate the public and advocate for equal care.

PASSED AND ADOPTED this 28th day of September, 2021 by the following vote:

AYES: Barajas, Villegas, Saylor, Sandy, Provenza.

Jim Provenza, Chair
Yolo County Board of Supervisors