

#42

**COMPLETE**

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Page 1: Welcome to the Yolo County American Rescue Plan Proposal Submission Form

**Q1**

Contact Information Contact information is optional, but will help us in case we have questions or need additional information on your proposal.

Name	<b>Stacie Frerichs</b>
Organization	<b>Davis Arts Center</b>
Email Address	<b>stacie.frerichs@davisartscenter.org</b>
Phone Number	<b>5303042880</b>

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**Q2**

Project Title or Category (i.e. Affordable Housing, Child Care, etc.)

Art and Mental Health – Countywide Needs Assessment – Planning Grant

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**Q3**

Please provide a brief description of the funding proposal.

The needs for mental health services have only increased during the COVID19 pandemic. Many organizations working in mental health feel that they can better meet the needs of those they serve if there was an art component to this work. Additionally, the program would support the Yolo County Strategic Plan, Goal 1 of Thriving Residents, specifically Outcome 3: Children, Outcome: 4 Aging, and Outcome 5: Behavioral Health.

The goal of this grant would be to develop the foundation of a robust system of support that by working upstream with mental health providers, art programs would prevent the need of higher expense interventions or provide a pathway to treatment quicker.

Art can provide many benefits:

- Art, as a form of self-expression and telling your story, assists in social emotional well-being, providing tools for resilience.
- Art creates connections with others that is a foundational antidote to addiction.
- Art can be a motivator to continue treatment.
- Art can provide a positive experience for people living with mental illness.
- There is little to no stigma to attend an art class but there may be stigma in accessing mental health services.

Davis Arts Center is well positioned to lead this planning grant as we have an understanding of the landscape of providers and contacts to interview for a needs assessment due to the work we have already been doing throughout the county. We would be happy to share specifics of our work with each of these partners:

- Member of Resilient Yolo
- Member of Yolo County ACES connection
- Grantee of First 5 Yolo County
- Art partnerships with RISE, Inc , Davis Joint Unified School District, and NAMI Yolo County, and
- Thousands of people attending art classes at Davis Arts Center.

We would like to conduct a survey of the needs of mental health providers in the county and prepare a proposal to for a cohesive county-wide mental health and the arts plan. We have learned that the needs are not the same around the county and some organizations may need art teachers to lead classes, others would need support and training for their clinicians to incorporate art into their programming. The diversity of age, need, and experience with art has led us to propose a needs assessment that can be developed into a plan that is tailored to the current landscape instead of a one-sized fits all program.

Steps:

Interview providers

Synthesize needs

Prepare plan

Confirm with providers

Prepare proposal, submit proposal to Mental Health Board and Yolo County Health and Human Services Agency

Some sample examples of providers:

All Leaders Must Serve

CommuniCare Health Centers

Dignity Health

Empower Yolo

First 5

Yolo County Library

Mental Health Court

Mental Health Social Services (including social workers at Group homes)

NAMI Yolo County

Resilient Yolo

Yolo County American Rescue Plan Proposal Submission Form

RISE, Inc.  
Suicide Prevention Yolo County  
Sutter Hospital  
Yolo County Children's Alliance  
Yolo Community Care Continuum  
Yolo County Office of Education  
Yolo Crisis Nursery  
Yolo CASA  
(partial list)

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**Q4**

What is the approximate cost of this funding proposal?

\$40,000

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**Q5**

Is this cost one-time or ongoing?

Both (please explain):

This is one-time funds with the hope that a county wide proposal for mental health and art will be the product that can be submitted for Mental Health Services Act funds.

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**Q6**

If ongoing, how will the program or activity be funded once the American Rescue Plan funds run out or expire?

Described above

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**Q7**

**Countywide - All jurisdictions**

Which jurisdiction(s) would this proposal primarily serve?

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**Q8**

**Non-Profit/Community-Based Organization**

Who would be responsible for implementing the funding proposal?

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**Q9**

**No**

Does this proposal prevent or mitigate COVID-19?

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**Q10**

**No**

Does this proposal address an economic harm caused or exacerbated by COVID-19?

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**Q11**

**Yes**

Does this proposal improve health or economic outcomes for communities or populations that were disproportionately impacted by the COVID-19 pandemic?

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**Q12**

If you answered "Yes" to Question 11, please describe which disproportionately impacted communities or populations this proposal would serve.

People living with situational mental health needs and severely diagnosed mental illness.

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**Q13**

**No**

Does this proposal provide for water, sewer or broadband infrastructure?

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#74

**COMPLETE**

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**Q1**

Contact Information Contact information is optional, but will help us in case we have questions or need additional information on your proposal.

Name	<b>NJ Mvondo</b>
Organization	<b>Interactive Healing Arts Project</b>
Email Address	<b>info@davishealingartsproject.com</b>
Phone Number	<b>(530) 848-8080</b>

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**Q2**

Project Title or Category (i.e. Affordable Housing, Child Care, etc.)

Interactive Healing Arts Project

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**Q3**

Please provide a brief description of the funding proposal.

The Interactive Healing Arts Project brings together students of all ages, community members, artists and local small business owners, via an initiative that centers healing as an integral theme to recovery on our collective journey.

The guiding questions / prompts are:

- What does healing look like to you?
- What is a change you would like to see in our community today?
- Share a word of encouragement for someone who needs it.

Educators have asked if they could integrate the project in their curriculum as a classroom activity. Some have acted on it. A program is being designed specifically to better serve school, student, and community member's needs.

Small business owners showed interested by sharing, on their store windows, artwork related to the initiative, and submitted by students, artists and community members.

Because of the above, a "healing artwork tour" organically came to existence, with an online platform to accommodate those who can't yet safely leave their house.

We are submitting this proposal to make this initiative more easily and widely accessible to rural communities and additional towns within Yolo County.

This project, in practical ways, helps provide tools for mental health improvement and wellness.

The participation of local small business owners brings light to their activities, with a potential to draw some foot traffic to their store.

This proposal helps prevent COVID-19 by continually encouraging the community to follow all the safety measures and protocols mandated by the government and the county.

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**Q4**

What is the approximate cost of this funding proposal?

\$25,000

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**Q5**

**One-time**

Is this cost one-time or ongoing?

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**Q6**

If ongoing, how will the program or activity be funded once the American Rescue Plan funds run out or expire?

N/A

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**Q7**

**Countywide - All jurisdictions**

Which jurisdiction(s) would this proposal primarily serve?

**Q8** Other (please specify):  
Who would be responsible for implementing the funding proposal? The Interactive Healing Arts Project

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**Q9** Yes  
Does this proposal prevent or mitigate COVID-19?

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**Q10** Yes  
Does this proposal address an economic harm caused or exacerbated by COVID-19?

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**Q11** Yes  
Does this proposal improve health or economic outcomes for communities or populations that were disproportionately impacted by the COVID-19 pandemic?

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**Q12**  
If you answered "Yes" to Question 11, please describe which disproportionately impacted communities or populations this proposal would serve.

Our underserved communities affected by COVID-19 have been suffering a bigger loss than often acknowledged: beside health issues, the difficult access to test, vaccinations (transportation being a problem for many), difficult access to child care when adjustment was needed with the schools being closed, the kids being at home all day, and the parents having to go to work to be able to pay their bills and feed their family... add to this stress the potential threat of ICE deportation for some and consequent family separation, the mental toll of the social unrests and news headlines due to the waves of racially motivated hate crimes, including in Yolo County... The Interactive Healing Arts Project gives a voice, points to and shares resources to help alleviate the toll on our collective mental health, and thus potentially contributes to our health and economic recovery as a community.

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**Q13** No  
Does this proposal provide for water, sewer or broadband infrastructure?

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# COUNTY OF YOLO

Health and Human Services Agency

*Karen Larsen, LMFT*  
Director

**Karleen Jakowski, LMFT**  
**Director, Child, Youth & Family Branch**

MAILING ADDRESS  
137 N. Cottonwood Street • Woodland, CA 95695  
(530) 666-8516 • [www.yolocounty.org](http://www.yolocounty.org)

## American Rescue Plan (ARP) Proposal

Submitted by: Karleen Jakowski and Ian Evans, HHS Branch Directors

Project: Community Outreach and Engagement to Improve Mental Health and Well-being

Description: In alignment with extensive community stakeholder input from the 2020-2023 Mental Health Services Act (MHSA) planning process and final plan, the Child, Youth and Family Branch and Adult and Aging Branch of the Health and Human Services Agency (HHS) is requesting funding for the proposed targeted community outreach and engagement project to improve mental health and well-being in Yolo County. The COVID-19 pandemic has taken a tremendous toll on our community and has disproportionality impacted communities of color who were already experiencing significantly disparate health outcomes. Throughout the pandemic, children, adults and families have faced challenges that are increasingly stressful, overwhelming and cause strong emotions. Public health actions, such as social distancing, are necessary to reduce the spread of COVID-19, but they have also increased social isolation, loneliness, depression, stress and anxiety (Center for Disease Control, 2021). Job loss, economic challenges and food insecurity only exacerbate these challenges. Despite the increased impacts to mental health and well-being, Yolo County HHS concurrently saw a decline in requests for access to mental health services for children and adults. We can and should anticipate that the extensive impacts to mental health and well-being will be felt in our community for many years to come.

Through grants and/or requests for qualifications, Yolo County HHS will partner with a broad array of community based organizations to offer expanded and targeted outreach and engagement to reduce stigma associated with seeking help and link residents to appropriate mental health services throughout Yolo County. Projects that are trauma informed, culturally responsive and target underserved communities will be prioritized for funding.

Estimated Cost: \$3,000,000 (\$1,000,000 FY 21/22; \$1,000,000 FY 22/23; and \$1,000,000 FY 23/24)

Associated ARP Eligible Expenditure(s): Priority 1- respond to the public health emergency and address its negative economic effects, including assistance to households, small businesses, and nonprofits or to aid impacted industries.

Alignment with County Strategic Plan Priorities: Thriving Residents; Healthy Equity, Children, and Behavioral Health

Matching Funds or Funds Leveraged: This project will build on the ongoing outreach and engagement efforts outlined in the 2020-2023 Mental Health Services Act (MHSA) Plan that target increased community awareness, increased community knowledge, stigma reduction and cultural responsiveness. There are significant existing investments in outreach and engagement (embedded in specific MHSA programs) and cultural responsiveness (\$1,000,000 per year) in the current 2020-2023 MHSA plan. This project will also leverage and provide linkage to a broad continuum of HHS contracts for behavioral health services for children and adults.



# COUNTY OF YOLO

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Stakeholders: MHSA 3 year planning process, K-12 mental health services steering committee, Local Mental Health Board, Child Abuse Prevention Council (CAPC), First 5 Yolo, Provider Stakeholder Workgroup and a broad array of existing and prospective community based organization providers.

Sustainability: This project is intended to be time-limited as a direct response to the immediate and anticipated mental health impacts of the COVID-19 pandemic. Additionally, HHS will engage in a new 3-year MHSA planning cycle prior to the end date of this funding and can include ongoing funding recommendations to sustain any needed enhanced outreach and engagement that may be identified during this project.

## MENTAL HEALTH IMD PROPOSAL: ARP FUNDING

Description: Yolo County, like all counties throughout California, contract with various providers who operate locked placement settings for mental health clients needing this high level of care called Institutes for Mental Disease (IMD). Every provider contracts with several counties for referrals in placing clients and it is one piece of a complicated mental health continuum of care for clients as they transition up or down in levels of care based on their needs at the time. Throughout the pandemic Yolo County placements and transitions between these levels of care in the continuum have been significantly delayed due to congregate setting outbreak resulting in significantly longer placements for clients at higher levels of care than they may need. The result has been three-fold: a delay in getting clients out of locked hospital settings to IMDs; a delay transitioning clients from IMDs to lower levels of care; and due to the severe lack of available options staff have not been able to be as selective with placements when a bed does become available. This has ultimately resulted in approximately \$1,000,000 over the past year in increased costs due to these delays. The fact that these placements are only a small piece of the complicated mental health continuum of care in terms of placement/living situation means that we are likely to see significant delays in placement throughout the next year as well while communities continue to receive vaccinations, providers weigh options around when and how to lift certain COVID restrictions, and the pent up demand for these placements stabilized. Therefore, we are requesting a total of \$2,000,000 in ARP funding to help support the increased costs based on the need for placements to keep our highest need clients in stable and secure settings until appropriate lower levels of care can be found.

Amount: \$2,000,000 for 2 years

County Strategic Plan Linkage: [Thriving Residents; Behavioral Health](#)

ARP Funding Alignment: Priority 1: **Respond to the public health emergency and address its negative economic effects**, including assistance to households, small businesses, and nonprofits or to aid impacted industries

Matching Funds or Funds Leveraged: This funding would be utilized to match any realignment, MHSA, or Medi-Cal funding that can be utilized for these services which is normal business operation for these placements. The anticipated \$2,000,000 over 2 years is what will be needed above and beyond other funding sources utilized for these costs during non-COVID years.

Stakeholders: Local Mental Health Board, Public Guardian, and HHS Mental Health teams.

Sustainability: This request is intended to be time-limited as a direct response to the immediate and anticipated mental health placement impacts of the COVID-19 pandemic. HHS has a placement review team on staff that meets weekly to review these high level placements, coordinates with the appropriate parties involved (Public Guardian, County Counsel, District Attorney, Public Defender, Courts, etc) when appropriate based on the client situation, and during normal business operating years can work throughout the year to be more selective in placements which helps mitigate costs.

#86

COMPLETE

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### Q1

Contact Information Contact information is optional, but will help us in case we have questions or need additional information on your proposal.

Name	<b>Karen Rosenkilde-Bayne</b>
Email Address	<b>krbayne@sbcglobal.net</b>
Phone Number	<b>5303834237</b>

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### Q2

Project Title or Category (i.e. Affordable Housing, Child Care, etc.)

Community Mental Health

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### Q3

Please provide a brief description of the funding proposal.

The Problem: Lack of affordable Mental Health Resources

The Solution: Use the WJUSD District Office or WJUSD School Sites to deliver Mental Health Services after school to students and families by using CSUS MFT/LPCC Interns.

The Vision: This is part of a method of service delivery called "Community Schools" whereby school facilities are used to disseminate social services: health care, including mental health, food, and other services. This method of service delivery works because families & community are already familiar with the schools, so there is foundational trust.

My vision would be that the Counseling Center would be open to the public, with priority given to 1) current WJUSD/YCOE students, 2) future WJUSD/YCOE students (eg, ages 0-3), and 3) the general public.

MediCal can also be used to pay for services (for those who are enrolled). This requires that the MFT/Coordinator be trained for billing, but this offsets the cost.

WJUSD District Office/School sites would be in-kind donations: facility space, HVAC, storage shelves, locked file cabinet, billing program (if needed), client mgmt/services/notes computer program. This can easily be replicated in other YC school districts.

I would be more than happy to meet with ARP coordinators or community meetings to explain this vision. I apologize that I did not get this in earlier; I was not aware. Thank you.

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**Q4**

What is the approximate cost of this funding proposal?

\$150-300K: 1 MFT/LPCC Supervisor, possibly 1 PT coordinator, supplies

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**Q5**

Is this cost one-time or ongoing?

Both (please explain):

Many supplies can be reused partially (crayons) or fully (board games). The MFT will oversee the interns; could be PT to start, could be FT depending on program growth. A coordinator would be needed (could be the MFT). In-kind donation from WJUSD for receptionist.

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**Q6**

If ongoing, how will the program or activity be funded once the American Rescue Plan funds run out or expire?

Additional funding will be necessary. Ideally, I would like to see WJUSD, CoW, YCBoS, YCOE, and community orgs divide and pick up the funding.

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**Q7**

Which jurisdiction(s) would this proposal primarily serve?

**Woodland,**

**Rural Communities,**

Other (please explain):

This can be replicated in other cities.

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**Q8**

Who would be responsible for implementing the funding proposal?

Other (please specify):

I would nominate RISE, another non-profit, YCOE, or YCBoS.

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**Q9**

Does this proposal prevent or mitigate COVID-19?

**No**

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**Q10**

Does this proposal address an economic harm caused or exacerbated by COVID-19?

**Yes**

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**Q11**

Does this proposal improve health or economic outcomes for communities or populations that were disproportionately impacted by the COVID-19 pandemic?

**Yes**

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**Q12**

If you answered "Yes" to Question 11, please describe which disproportionately impacted communities or populations this proposal would serve.

As school districts with a majority of students low-income (+/- 65% for WJUSD), families have been hit with economic stressors, which exacerbate family mental health. A community schools model can help families cope & have better school outcomes.

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**Q13**

**No**

Does this proposal provide for water, sewer or broadband infrastructure?

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#65

**COMPLETE**

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**Q1**

Contact Information Contact information is optional, but will help us in case we have questions or need additional information on your proposal.

Name	<b>Emily Hodson</b>
Organization	<b>Flexible Forces Recovery LLC</b>
Email Address	<b>hello@flexibleforcesrecovery.com</b>
Phone Number	<b>530-379-9396</b>

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**Q2**

Project Title or Category (i.e. Affordable Housing, Child Care, etc.)

Substance Abuse Support/Recovery Services

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**Q3**

Please provide a brief description of the funding proposal.

As a certified wellness life coach, I will work to support youth and young adults living with addiction, empower them and help them thrive, not simply survive and in turn be productive members of society and better able to serve their communities. This is one of many ways they will succeed. I provide a structured coaching program for them which will enable them to achieve the goals mentioned above and more.

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**Q4**

What is the approximate cost of this funding proposal?

6-12K, my rate is 1200 for 10 sessions so I found serve anywhere from 5-10 individuals. I found serve more if there's a need or more funds

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**Q5**

Is this cost one-time or ongoing?

Both (please explain):  
Could be one time, on-going as more funds become available or to work with other agencies who want to support youth in this endeavor

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**Q6**

If ongoing, how will the program or activity be funded once the American Rescue Plan funds run out or expire?

We will seek out additional grants or organizations who align with our vision to support youth and young adults struggling with addiction to ensure they get the continued support that is so necessary for sustained recovery

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**Q7**

**Countywide - All jurisdictions**

Which jurisdiction(s) would this proposal primarily serve?

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**Q8**

**County of Yolo**

Who would be responsible for implementing the funding proposal?

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**Q9**

**No**

Does this proposal prevent or mitigate COVID-19?

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**Q10**

**Yes**

Does this proposal address an economic harm caused or exacerbated by COVID-19?

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**Q11**

**Yes**

Does this proposal improve health or economic outcomes for communities or populations that were disproportionately impacted by the COVID-19 pandemic?

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**Q12**

If you answered "Yes" to Question 11, please describe which disproportionately impacted communities or populations this proposal would serve.

Youth and adults living with addiction are often at an economic and societal disadvantage and include BIPOC and other POC

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**Q13**

**No**

Does this proposal provide for water, sewer or broadband infrastructure?

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