

#42

COMPLETE

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Q1

Contact Information Contact information is optional, but will help us in case we have questions or need additional information on your proposal.

Name	Stacie Frerichs
Organization	Davis Arts Center
Email Address	stacie.frerichs@davisartscenter.org
Phone Number	5303042880

Q2

Project Title or Category (i.e. Affordable Housing, Child Care, etc.)

Art and Mental Health – Countywide Needs Assessment – Planning Grant

Q3

Please provide a brief description of the funding proposal.

The needs for mental health services have only increased during the COVID19 pandemic. Many organizations working in mental health feel that they can better meet the needs of those they serve if there was an art component to this work. Additionally, the program would support the Yolo County Strategic Plan, Goal 1 of Thriving Residents, specifically Outcome 3: Children, Outcome: 4 Aging, and Outcome 5: Behavioral Health.

The goal of this grant would be to develop the foundation of a robust system of support that by working upstream with mental health providers, art programs would prevent the need of higher expense interventions or provide a pathway to treatment quicker.

Art can provide many benefits:

- Art, as a form of self-expression and telling your story, assists in social emotional well-being, providing tools for resilience.
- Art creates connections with others that is a foundational antidote to addiction.
- Art can be a motivator to continue treatment.
- Art can provide a positive experience for people living with mental illness.
- There is little to no stigma to attend an art class but there may be stigma in accessing mental health services.

Davis Arts Center is well positioned to lead this planning grant as we have an understanding of the landscape of providers and contacts to interview for a needs assessment due to the work we have already been doing throughout the county. We would be happy to share specifics of our work with each of these partners:

- Member of Resilient Yolo
- Member of Yolo County ACES connection
- Grantee of First 5 Yolo County
- Art partnerships with RISE, Inc , Davis Joint Unified School District, and NAMI Yolo County, and
- Thousands of people attending art classes at Davis Arts Center.

We would like to conduct a survey of the needs of mental health providers in the county and prepare a proposal to for a cohesive county-wide mental health and the arts plan. We have learned that the needs are not the same around the county and some organizations may need art teachers to lead classes, others would need support and training for their clinicians to incorporate art into their programming. The diversity of age, need, and experience with art has led us to propose a needs assessment that can be developed into a plan that is tailored to the current landscape instead of a one-sized fits all program.

Steps:

Interview providers

Synthesize needs

Prepare plan

Confirm with providers

Prepare proposal, submit proposal to Mental Health Board and Yolo County Health and Human Services Agency

Some sample examples of providers:

All Leaders Must Serve

CommuniCare Health Centers

Dignity Health

Empower Yolo

First 5

Yolo County Library

Mental Health Court

Mental Health Social Services (including social workers at Group homes)

NAMI Yolo County

Resilient Yolo

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RISE, Inc.
Suicide Prevention Yolo County
Sutter Hospital
Yolo County Children's Alliance
Yolo Community Care Continuum
Yolo County Office of Education
Yolo Crisis Nursery
Yolo CASA
(partial list)

Q4

What is the approximate cost of this funding proposal?

\$40,000

Q5

Is this cost one-time or ongoing?

Both (please explain):

This is one-time funds with the hope that a county wide proposal for mental health and art will be the product that can be submitted for Mental Health Services Act funds.

Q6

If ongoing, how will the program or activity be funded once the American Rescue Plan funds run out or expire?

Described above

Q7

Countywide - All jurisdictions

Which jurisdiction(s) would this proposal primarily serve?

Q8

Non-Profit/Community-Based Organization

Who would be responsible for implementing the funding proposal?

Q9

No

Does this proposal prevent or mitigate COVID-19?

Q10

No

Does this proposal address an economic harm caused or exacerbated by COVID-19?

Q11

Yes

Does this proposal improve health or economic outcomes for communities or populations that were disproportionately impacted by the COVID-19 pandemic?

Q12

If you answered "Yes" to Question 11, please describe which disproportionately impacted communities or populations this proposal would serve.

People living with situational mental health needs and severely diagnosed mental illness.

Q13

No

Does this proposal provide for water, sewer or broadband infrastructure?

#74

COMPLETE

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Q1

Contact Information Contact information is optional, but will help us in case we have questions or need additional information on your proposal.

Name	NJ Mvondo
Organization	Interactive Healing Arts Project
Email Address	info@davishealingartsproject.com
Phone Number	(530) 848-8080

Q2

Project Title or Category (i.e. Affordable Housing, Child Care, etc.)

Interactive Healing Arts Project

Q3

Please provide a brief description of the funding proposal.

The Interactive Healing Arts Project brings together students of all ages, community members, artists and local small business owners, via an initiative that centers healing as an integral theme to recovery on our collective journey.

The guiding questions / prompts are:

- What does healing look like to you?
- What is a change you would like to see in our community today?
- Share a word of encouragement for someone who needs it.

Educators have asked if they could integrate the project in their curriculum as a classroom activity. Some have acted on it. A program is being designed specifically to better serve school, student, and community member's needs.

Small business owners showed interested by sharing, on their store windows, artwork related to the initiative, and submitted by students, artists and community members.

Because of the above, a "healing artwork tour" organically came to existence, with an online platform to accommodate those who can't yet safely leave their house.

We are submitting this proposal to make this initiative more easily and widely accessible to rural communities and additional towns within Yolo County.

This project, in practical ways, helps provide tools for mental health improvement and wellness.

The participation of local small business owners brings light to their activities, with a potential to draw some foot traffic to their store.

This proposal helps prevent COVID-19 by continually encouraging the community to follow all the safety measures and protocols mandated by the government and the county.

Q4

What is the approximate cost of this funding proposal?

\$25,000

Q5

One-time

Is this cost one-time or ongoing?

Q6

If ongoing, how will the program or activity be funded once the American Rescue Plan funds run out or expire?

N/A

Q7

Countywide - All jurisdictions

Which jurisdiction(s) would this proposal primarily serve?

Q8 Other (please specify):
Who would be responsible for implementing the funding proposal? The Interactive Healing Arts Project

Q9 Yes
Does this proposal prevent or mitigate COVID-19?

Q10 Yes
Does this proposal address an economic harm caused or exacerbated by COVID-19?

Q11 Yes
Does this proposal improve health or economic outcomes for communities or populations that were disproportionately impacted by the COVID-19 pandemic?

Q12
If you answered "Yes" to Question 11, please describe which disproportionately impacted communities or populations this proposal would serve.

Our underserved communities affected by COVID-19 have been suffering a bigger loss than often acknowledged: beside health issues, the difficult access to test, vaccinations (transportation being a problem for many), difficult access to child care when adjustment was needed with the schools being closed, the kids being at home all day, and the parents having to go to work to be able to pay their bills and feed their family... add to this stress the potential threat of ICE deportation for some and consequent family separation, the mental toll of the social unrests and news headlines due to the waves of racially motivated hate crimes, including in Yolo County... The Interactive Healing Arts Project gives a voice, points to and shares resources to help alleviate the toll on our collective mental health, and thus potentially contributes to our health and economic recovery as a community.

Q13 No
Does this proposal provide for water, sewer or broadband infrastructure?
