

Yolo County Child Abuse Prevention Council (CAPC)



Celina Alveraz
(she/her)

Yolo CAPC Chair

Sara Gavin
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Yolo CAPC Vice-Chair



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Yolo County Child Abuse Prevention Council (CAPC)

- **Vision**

- Every child in Yolo County is safe and thrives.

- **Mission**

- Eliminate child abuse and neglect and the adversity it causes by strengthening families and communities.

- **Values**

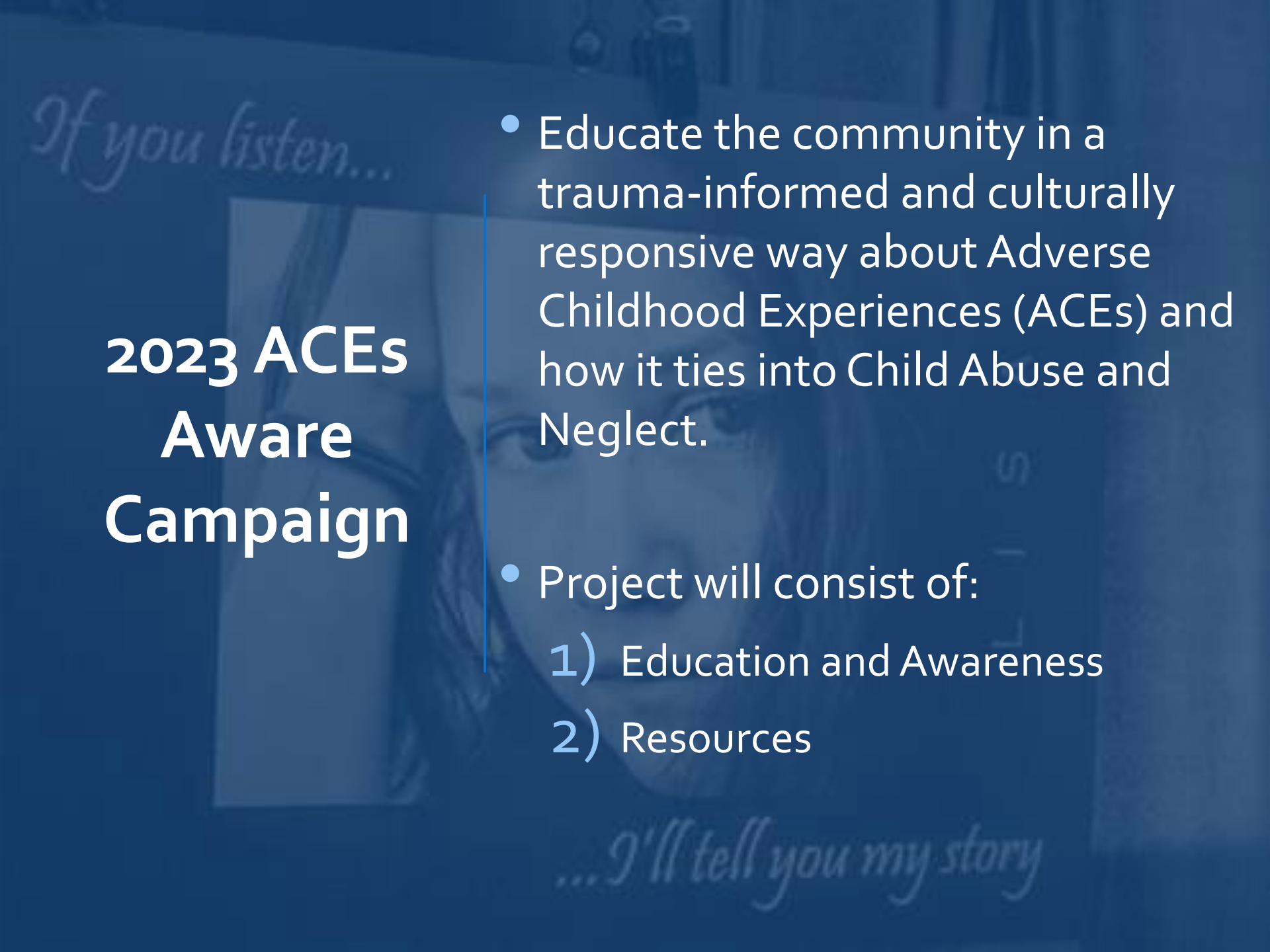
- Child-centered
- Prevention-focused
- Trauma-informed
- Evidence-informed
- Culturally responsive
- Collaborative
- Promoting resilience
- Prioritizing physical, emotional, and community safety

CAPC Membership

- Celina Alveraz, *Empower Yolo*
- Gina Daleiden, *First 5 Yolo*
- Tracy Fauver, *Yolo County Court Appointed Special Advocates (CASA)*
- Sara Gavin, *CommuniCare Health Centers*
- Rachelle Gayton, *Yolo County Probation*
- Cecilia Lopez, *Muli-Disciplinary Interview Center, Yolo County District Attorney's Office*
- Karleen Jakowski, *Yolo County HHSA*
- Marialsabel Mandujano, *Community Partner*
- Rob Strange, *West Sacramento Police Department*
- Brian Vaughn, *Yolo County HHSA*
- Tessa Smith, *Resilient Yolo/Yolo County HHSA*

Ongoing CAPC Activities

- Meet every other month
- A Technical Assistance Meeting and a Special Meeting to administer the Capacity Assessment Tool
- Created a Juvenile Court Blue-Ribbon Commission Planning Committee
- Distributed *Period of PURPLE Crying* materials to Yolo birthing hospitals and a local Home Visiting Program.
- Raise awareness during Child Abuse Prevention Month.
 - In 2022 we created youth and parent/caregiver resilience guides.



2023 ACEs Aware Campaign

- Educate the community in a trauma-informed and culturally responsive way about Adverse Childhood Experiences (ACEs) and how it ties into Child Abuse and Neglect.
- Project will consist of:
 - 1) Education and Awareness
 - 2) Resources

Comprehensive Plan to Prevent and Respond to Child Abuse and Neglect

- **Promote concrete supports for families**
 - Strengthen economic supports for families
 - Provide quality care and education early in life
- **Support safe, stable, nurturing relationships**
 - Enhance parenting skills
 - Support parent/caregiver mental health
 - Change social norms to support parents and positive parenting
- **Intervene to lessen harms and prevent future risk**
 - Prevent/respond to parent/caregiver substance use
 - Prevent/respond to intimate partner violence



Resiliency Enriches Parent/Caregiver Mental Health

Supporting parent/caregiver mental health is linked to preventing child abuse and neglect.

1

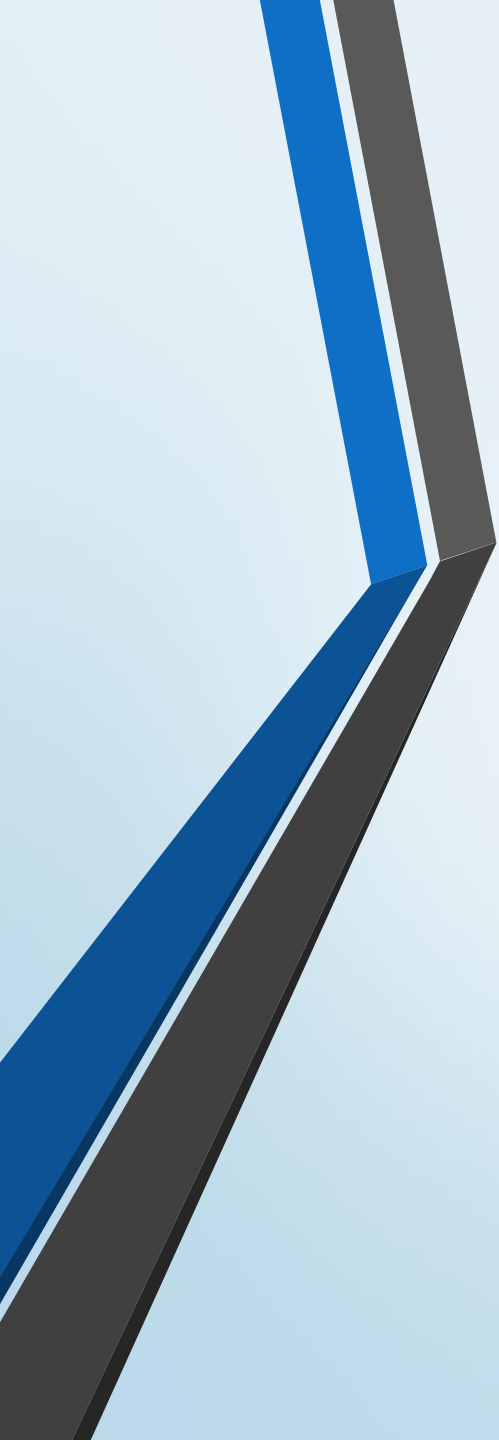
Provide parents/caregivers with access to basic needs ¹

2

Support from peer-led resources ²

3

Family Resource Centers²



“Mental health is an important part of overall health and well-being... Supporting parents, and caregivers who act in the role of parent, is a critical public health priority.”

-Centers for Disease Control and Prevention

<https://www.cdc.gov/childrensmentalhealth/features/mental-health-children-and-parents.html>

Yolo County Parents/Caregivers are living in poverty

- Single parents of children under 5 in Yolo County have the highest rate of poverty.¹
- Median rent =\$1,369/month and median owner costs =\$2,265/month.²
- Yolo County has the 3rd lowest rate of homeowner occupied homes in California.^{3,6}

High Need for Parent/Caregiver Mental Health Support

- ~ 3,159 children in Yolo County have a parent or caregiver with poor mental health.^{4,5}
- Yolo County has a ratio of 250 people per 1 mental health provider.⁶

Parent/ Caregiver Data

Parent/Caregiver Mental Health: CAPC Recommendations

1

Continue to support and expand utilization of low-barrier drop-in community centers for families to access.

2

Support increased access to and utilization of community-based behavioral health services and home visiting programs.

3

Provide outreach and education to the community about behavioral health to reduce stigma

4

Encourage peer-led or peer-connected mental health education and supports.
