

**Yolo County  
Board of Supervisors**

**Resolution No. 23-122**

**Declaring August as Breastfeeding Awareness Month**

**WHEREAS**, families are a priority in Yolo County, California, and part of helping families to thrive is ensuring that they receive community support to develop and sustain healthy lifestyles; and

**WHEREAS**, according to the American Academy of Pediatrics, American Academy of Family Physicians, American College of Nurse-Midwives and other leading health organizations, breastfeeding is the optimal food for infants; and

**WHEREAS**, breastfeeding is associated with lower rates of childhood illness, such as obesity, diabetes, and infectious diseases, as well as reduced risk of maternal breast and ovarian cancers and faster recovery from childbirth as compared to formula feeding; and

**WHEREAS**, breastfeeding promotes social-emotional development, benefits the entire family, and is associated with lifelong health and development; and a parent's decision to feed human milk to infants directly or by expressing should be supported by family members and the community; and

**WHEREAS**, Yolo County and its Health and Human Services Agency recognize the critical importance of cooperation and collaboration for continued support to breastfeeding families by promoting best practices in human milk feeding for healthcare providers and clinics, encouraging families to start and continue to provide human milk, it supports the Breastfeeding Coalition; and

**WHEREAS**, the Breastfeeding Coalition is proud to have attained broad support from Sutter Davis Birthing Center, Woodland Memorial Hospital, UC Davis Health, CommuniCare Health Centers, Sutter Pediatrics, First 5 Yolo, MCAH Yolo County Home Visiting and Adolescent Parenting Program, Help Me Grow and the Women, Infant, and Children Program by providing a supportive and welcoming environment, a breastfeeding-friendly community encourages families of all races, ethnicities, and family structures to initiate and continue optima infant feeding and nursing; and

**WHEREAS**, August is National Breastfeeding Month, this year's theme, "*This is Our Why*," was conceived to highlight the many reasons why this work is so essential and center the conversation on the babies and families who need our support.

**NOW, THEREFORE, BE IT RESOLVED** that the Board of Supervisors of Yolo County declares August as Breastfeeding Awareness Month.

**PASSED AND ADOPTED** this 29th day of August, 2023 by the following vote:

**AYES:** Frerichs, Provenza, Barajas, Villegas.

---

Oscar E. Villegas, Chair  
Yolo County Board of Supervisors