



COUNTY OF YOLO

COMMUNITY CORRECTIONS PARTNERSHIP

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REQUEST FOR CCP FUNDING

Instructions: Please complete each field below. Attach any necessary supplementary documentation including further project details, timelines, budget, etc. If your request will span multiple fiscal cycles, please specify in your attached budget how costs will be split across each fiscal year. Any request that funds County positions must account for known staffing cost increases (COLAs, merit steps, etc).

Project Title:

CCP Funding:

Total Budget:

Fiscal Year:

Dept/Org:

Staff Contact:

Project Summary - Please briefly describe the project and explain how it will accomplish an Outcome or implement a Strategy of the current CCP Strategic Plan:

Funding is requested to:

- Provide six Youth Sport seasons for 2,000 children in Yolo County including; Winter Basketball, Spring Soccer, Summer Football, Summer Basketball, Fall Soccer, and Winter Dodgeball
- Serve the communities of Woodland, Esparto, Knights Landing, Davis, and Capay Valley.
- Provide scholarship assistance, subsidizing free registration for 100 low income or at-risk children.
- Provide training and resources in mental health and child development to 100 mentors/ coaches.

The value and benefit of youth sports to individuals and to communities is well established. Participation in youth sports enhances children's mental health, overall fitness and wellness. Time and again, studies have shown that regular physical activity benefits overall health, and reduces the development of chronic diseases like high blood pressure or diabetes. In addition, children who participate in youth sports do better in school. By participating in team sports, they learn valuable soft skills like teamwork, winning and losing graciously, perseverance, dedication, character, and integrity. Caring adult mentors, in the form of volunteer coaches, provide positive adult role models. This is particularly important in cases where that may not be readily available at home. The connections formed by being part of a team can offset the negative effects of childhood trauma or Adverse Childhood Experiences. Physically active children, in short, do better in life. Research shows that active children and teens are healthier, have higher test scores, are less likely to smoke, use drugs, less likely to become pregnant, or engage in risky behaviors. They are 15% more likely to go to college, have lower levels of depression, and higher levels of self-esteem.