

FY 2023-24

AMERICAN RESCUE PLAN (ARP)

QUARTER 2 & FINAL REPORTS



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**Art and Mental Health Planning PO4412
Davis Arts Center’s Report for the Period: October 1, 2023 – January 31, 2024**

The project’s purpose is to extend the upstream reach of Yolo County’s mental health sector through art. We aim to recommend countywide mental health and the arts programming that is informed by a qualitative and quantitative data collection on the needs and opportunities in Yolo County.

Phase	Timeline	Key Milestones
1	October - December 2022	Planning and preparation for data collection
2	January 2023 - September 2023	Data Collection <ul style="list-style-type: none"> ● Focus group ● Interviews and follow up with providers ● Gather information for terminology guide
3	October - November 2023	Data Collection and Analysis <ul style="list-style-type: none"> ● Develop and administer surveys to mental health providers, artists and administrators ● Analyze results
4	December 2023-January 2024	Report <ul style="list-style-type: none"> ● Draft report ● Submit to Yolo County

How much did we do?

Metric:

of surveys sent

The survey was sent via email to 88 individuals and organizations working in these fields in Yolo County. In addition, Resilient Yolo, Yolo Arts, Arts Alliance Davis and Davis Arts Center sent out the survey to their listservs. After the initial response period, Davis Arts Center evaluated gaps in the survey respondents and asked for the Yolo County Board of Supervisor members to send out the survey to make sure we had respondents from all areas of the County.



focus groups

We conducted one focus group in January 2023. The focus group was led by Strengths Coaching for Everyone Principal, Jennifer Collier. During the focus group, attendees responded to questions about arts engagement that supported mental health client(s) and providers, art experiences that create connections with others who struggle with isolation, barriers mental health providers experience in reaching audiences who need the services, and how to support mental health providers and artists

of providers that gave feedback

62 people responded to the survey and Communicare, Davis Arts Center, Davis Chorale, Davis Shakespeare Festival, Empower Yolo, Pence Gallery, RISE, Yolo Arts, and Yolo County Children’s Alliance participated in the focus group, so a total of 71 mental health and/or arts providers gave feedback for the research.

county regions that input was collected

In which parts of Yolo County do you provide services? Select all that apply./In which parts of Yolo County does your art reach? Select all that apply	Mental health practitioner	Artist	Arts organization administrator	Social service organization administrator
Clarksburg	3	2	1	1
Davis	9	22	8	2
Dunnigan/Knights Landing	2	1	2	2
Esparto	4	4	1	0
West Sacramento	7	6	5	3
Winters	2	6	6	3
Woodland	4	10	5	4
I do not work in Yolo County	2	2	0	0
Other unincorporated parts of Yolo County		2	2	1

Is anyone better off?

Metric: Report submitted that includes recommendations of county-wide mental health and the arts

Mental Health and the Arts Needs Assessment, Prepared for Yolo County By Davis Arts Center January 2024 is attached to this report.

ARP PERFORMANCE PROGRESS REPORT

Title Project:	Mobile Market Truck
Name of the organization:	Center for Land-Based Learning

Reporting Period: October 1, 2023 – December 31, 2023

Purpose/Goal:

- 1) Urban Farm Program that supports beginning farmers establish and develop economically viable urban farms and serve the communities that they are located in.
- 2) Mobile Market Truck goal is to connect urban and beginning farmers with low-income communities that are disproportionately impacted by COVID-19, to provide them with improved access to fresh and health fruits and vegetables.

Key Project Updates:

- ARP Performance Measures Table (Page 11 from contract):

Truck to serve Woodland & surrounding town purchase	We have paid the advance for the truck, and it is expected to be delivered in April 2024
Low-income and senior communities identified	We have connected with and identified four Woodland communities where the truck will sell produce – Donnelly Circle, Boys and Girls Club, Casa Del Sol, and Health and Human Services (parking lot). We have also finalized stops in Esparto (Tuli Mem Park) and Knights Landing (behind Las Maracas) to serve low-income communities in these two towns.
Urban farms established	Six urban farms established in 2023
Urban farms report increased market opportunities	Ten urban farms sold through the existing mobile market there by increasing their sales outlets. We used SNAP/EBT and Market Match to provide a fair price to the farmers for their produce. In 2023, we saw a substantial increase (85%) in purchases from our urban farmers when compared to 2022.
Increase in consumption of fruits & vegetables and change in diet patterns.	We sold \$48,000 worth of produce to primarily low-income and senior communities. Thus, providing these communities with access to fresh and healthy fruits and vegetables that they would not have access. In 2023 we also increased the sale of culturally specific crops like okra and Afghan chives. The use of SNAP/EBT benefits made the produce affordable and thereby increase consumption of fresh fruits and vegetables, which will contribute to better health outcomes.

ARP PERFORMANCE PROGRESS REPORT

- Challenges (if applicable):

As reported in the previous report we faced a lot of challenges in purchasing the truck but we are happy to report that the truck will be delivered in April of 2024.

Budget:

Budget Line Item (from the scope of work)	Current Period Expenditures	Previous Period Expenditures
<i>Farm-Related Costs:</i>		
Equipment, Cooler, Irrigation	\$0	\$0
<i>Truck Costs:</i>		
New Truck	\$0	\$75,400.00
Fuel & Maintenance	\$0	\$0
Produce Purchase	\$0	\$0
Promotion/Outreach	\$0	\$0
Total Direct Costs	\$0	\$75,400.00
Indirect costs (10%)	\$0	\$0
Total Costs	\$0	\$75,400.00

ARP PERFORMANCE PROGRESS REPORT

Title Project:	Yolo Carbon Farming Partnership
Name of the organization:	Center for Land-Based Learning

Reporting Period: October 1, 2023 - December 31, 2023

Purpose/Goal: The Yolo Carbon Farming Partnership seeks to increase the pace and scale of carbon farming and carbon farm planning in Yolo County through model carbon farm plans and trainings tailored to Yolo County growers.

Progress Report:

- Key Project Updates:

Yolo County Resource Conservation District (Yolo RCD), as part of the Yolo Carbon Farming Partnership, finalized the second Carbon Farm Plan for River Garden Farms. As a participant in the Yolo Carbon Farming Partnership, River Garden Farms has agreed to an ongoing partnership throughout the Carbon Farm Planning process and beyond, focusing on the potential to quantify on-farm carbon sequestration potential. This effort provides a site-specific framework for the county-wide goal of increasing the pace and scale of carbon sequestration in natural and working lands.

The Carbon Farm Plan includes the entire 7,000-acre Fair Ranch portion of River Garden Farms, which comprises 6,527 acres of agricultural fields and approximately 41 acres along the property edges.

From the outset of this plan, the overarching goals and objectives include the following:

- 1) Implement a variety of carbon-beneficial practices
- 2) Quantify the benefits of existing and recommended carbon-beneficial practices
- 3) Understand opportunities for emissions reduction and/or carbon storage that allow the farm to adapt to market changes as needed while simultaneously providing conservation/habitat and production benefit

Planning was completed for a Carbon Farm Planning Webinar scheduled for February 22, 2024. We prepared an online registration form and developed the agenda, and started the process of getting the word out about the webinar.

We also began initial planning for the full-day Field event scheduled for March 7, 2024, as a follow up to the February Webinar.

ARP PERFORMANCE PROGRESS REPORT

- ARP Performance Measures (from contract):

<p>Total number of farmers, number of new farmers, and number of BIPOC farmers engaged through outreach.</p>	<p>CLBL sent an update on the implementation of practices for the Maples CFP, which is received by 6500 subscribers.</p> <p>We are expanding our outreach as an outreach partner through the Yolo CAAP process.</p>
<p>Total number of farmers, number of new farmers, and number of BIPOC farmers attending training sessions/ field days.</p>	<p>Will not have this data until the trainings are held in Feb and March of 2024.</p>
<p>Total number of farmers, number of new farmers, and number of BIPOC farmers interested in pursuing carbon farm planning.</p>	<p>After the working lands survey response data is completed, we will have more data about the number of farmers interested in carbon farm planning.</p>

- Challenges (if applicable): The main challenge to date has been the delay in the completion of the Fair View Ranch Carbon Farm Plan. However, we have worked closely with the RCD to ensure the plan is completed by the end of this calendar year.

ARP PERFORMANCE PROGRESS REPORT

Budget:

Budget Line Item (from the scope of work)	Current Period Expenditures	Previous Period Expenditures
CLBL staff salaries	\$3,839.47	\$27,619.61
Sub contracts:		
Yolo RCD	\$2,580.00	\$9,067.50
Carbon Cycle Institute	\$0	\$5,925.00
Yolo Land Trust	\$0	\$0
Indirect costs (10%)	\$641.95	\$4,261.21
Total Expenditures	\$7,061.42	\$46,873.32

Yolo County Farm to School

Quarterly Progress Report

Q1 2023

January/February/March

Drafted all descriptive content for public outreach and branding
Created keywords and descriptors for brand development
Worked with Wyman Design to develop logo and color palette

Q2 2023

April/May/June

Developed all descriptive and visual content for website and public outreach
Worked with Abaton Consulting to develop website
Launched website www.yolocountyfarmtoschool.org
Identified qualified individuals for future contract work for needs assessment
Discussed needs assessment features and recipients
Fine-tuned work calendar and needs assessment rollout schedule

Q3 2023

July/August/September

Working through the needs assessment tool
Continuing to fine-tune the work calendar for needs assessment and fund raising
Reaching out to individuals to advocate for the value of the needs assessment and encourage participation by Yolo County schools
Fine tuning of recipient list for needs assessment

Q4 2023

October/November/December

Our progress has been delayed due to the illness and hospitalization of our Chair, Randii MacNear. We discussed the situation via email with John Rowe. John informed us that a 6-month extension would be possible. We appreciate at this and during December we made great progress in survey construction and plans for distribution. We are confident that we will receive the necessary input from the appropriate personnel at Yolo County schools and write up a meaningful summary that will inform all of us and help Yolo County Farm to School chart our path forward.

Welcome Baby (WB) Pathway in CHILD Project: Road to Resilience (R2R)

Reporting Period: October 1, 2023 – December 31, 2023

First 5 Yolo is grateful for the partnership with Yolo County and its dedication to serving the County's youngest children and families through the pandemic, at this most critical time. Since the last Q1 progress report, Welcome Baby has served more families and increased coordination among multiple health systems. Specifically, First 5 Yolo partnered with 9 different medical systems serving families in Yolo County which include CommuniCare+OLE Health Centers, Sutter Davis, Elica Health Centers, Winters HealthCare, Northern Valley Indian Health, Dignity Healthcare, Kaiser Permanente, UC Davis Medical Center, and Capital OBGYN. All partners are actively referring eligible patients into the Welcome Baby program, greatly increasing the reach of the program across the county. Welcome Baby nurses and the Medical Outreach Liaison are rounding at Sutter Labor & Delivery and Woodland Memorial Hospital. Rounding has been an effective strategy for engagement by facilitating warm handoffs into the Welcome Baby program. In addition, First 5 Yolo hired a part-time Welcome Baby Community Outreach Specialist this Quarter to support building community partnerships and attending community events.

During the reporting period, First 5 Yolo accomplished the following activities:

1. During Quarter 2 FY 23-24, 106 families were enrolled in Welcome Baby and received evidence-based Baby Basics health literacy materials. Of those families, 79 gave birth during the reporting period and received WB nurse home visits. Importantly, almost all WB enrollments occurred prenatally which is a critical factor in early engagement and retention through the early postpartum period. Hospital staff are supporting the connection to Welcome Baby at Labor and Delivery for these families as well as those not yet enrolled at time of delivery.
2. In collaboration with partners, all WB positions are filled including WB registered nurses (2.0 FTE), Medical Outreach Liaison (1.0 FTE), WB Data Analyst (.75 FTE), WB Community Health Worker (1.0 FTE), and an WB Behavioral Health Home Visitor (1.0 FTE). The WB Community Health Worker is trained as both a resource specialist and Healthy Families America home visitor so they are able to meet the needs of the community through both short- and long-term supports. In addition, this Quarter First 5 Yolo hired a part-time (15 hours/week) Welcome Baby Community Outreach Specialist (detailed below).
3. During Quarter 4 FY 22-23, First 5 Yolo added a new position to Welcome Baby: the Medical Outreach Liaison. Engaging providers and larger health centers during this time has been challenging as health centers are still facing numerous pandemic-related difficulties including staff burnout and turnover, continued health emergencies, and backlogs. The position has been filled by a qualified candidate well-versed in building partnerships in the medical system and who is Spanish speaking. The Medical Outreach Liaison is rounding at both Sutter and Dignity hospitals as well as providing outreach and support to WB medical partners.
4. In Quarter 1 FY23-24, First 5 Yolo hired a bilingual Welcome Baby Community Outreach Specialist to support with building community referrals and create greater community awareness of Welcome Baby. Critically, the Community Outreach Specialist is strengthening partnerships with Yolo County Office of Education and local school districts to send referrals into Welcome Baby. In

addition, the Community Outreach Specialist has engaged other community organizations including Yolo Food Bank, Yolo County Libraries, UC Davis student services, and Empower Yolo.

5. First 5 Yolo has worked with partners to ensure all WB staff are trained in trauma-informed care and their respective specialties. WB registered nurses have been trained in Primary Care in CCHC and have completed lactation courses to enhance their lactation training. Community Health Workers are trained using the Healthy Family America evidence-based curriculum.
6. First 5 Yolo is partnering with renowned health literacy and equity expert, Health Communications Partners (HCP), to deliver health literacy trainings to Welcome Baby staff. The health literacy training complements the Baby Basics health literacy materials provided to every WB family. Health Communications Partners developed a health literacy course based on WB program needs which all WB staff have completed. In addition, HCP leads live learning sessions to consolidate information, answered questions, and provided additional tools to facilitate stronger health communication.
7. Last Quarter, rounding began at Dignity Woodland Hospital Labor & Delivery to facilitate warm-handoffs and outreach for WB, similar to the process established at Sutter Davis Hospital. This process has significantly increased referrals for Dignity patients and expanded the reach of Welcome Baby.
8. Welcome Baby has accomplished ground-breaking coordination among multiple health systems serving birthing persons and infants. Specifically, Welcome Baby is now partnered with 9 different health systems serving Yolo County patients. Welcome Baby is coordinating care for families through developing care plans and sharing information between health providers thereby ensuring families receive timely medical care.
9. First 5 Yolo staff have convened regular meetings to coordinate Welcome Baby partners and engage in continuous quality improvement of Welcome Baby services. During these meetings, partners have refined workflows, discussed ongoing strengths and challenges of program implementation, and have monitored data collection for quality improvement.
10. First 5 Yolo has partnered with the evaluation team from University of California, Davis to develop and implement a WB evaluation plan. First 5 Yolo meets regularly with the evaluation team to monitor and evaluate programmatic data. First 5 Yolo and the UCD Evaluation team have analyzed data from the first year of WB to create an initial impact report. The one-year report has now been finalized and is being disseminated, highlighting inspiring results. A copy is attached to this reporting.
11. First 5 Yolo and the Welcome Baby Coordinator have assumed hosting responsibility of the Home Visiting Collaborative in Yolo County. This is a crucial meeting where home visiting programs and partners can collaborate on increasing efficiency in referral processes, discuss barriers, and highlight community needs. Currently, there are 11 home visiting programs represented with 20 staff attending the meetings. The Home Visiting Collaborative has finalized a mission statement to help guide the work of the collaborative and will continue to form both short- and long-term goals that align with the mission. In addition, the Collaborative is maintaining an online excel form to track capacity and changing eligibility of participating home visiting programs.

Quarterly Performance Measures	Count
Number of families enrolled in Welcome Baby	106
<i>Davis</i>	13

<i>West Sacramento</i>	25
<i>Woodland</i>	49
<i>Rural/Other</i>	19
Number of completed nurse home visits	79
<i>Davis</i>	11
<i>West Sacramento</i>	24
<i>Woodland</i>	27
<i>Rural/Other</i>	17
Number of staff trained on Baby Basics (or similar); trauma-informed care/other	8
Number of mothers screened for social and medical risk over time	79
Number of mothers receiving lactation support over time	67
Number of direct connections to Covid-19 vaccines resources	1

As seen in the table, Welcome Baby served families in all areas of Yolo County with the highest numbers in West Sacramento and Woodland. This is not unexpected given Woodland and West Sacramento have the highest birth rates in the County. All hired Welcome Baby staff (n = 8) have been trained in trauma-informed care and will continue training into the next quarter. All mothers seen during the reporting period received social and medical screenings. As for lactation support, 67 mothers were provided lactation support while the other 12 were exclusively formula feeding and offered infant feeding support. Breastfeeding has significant health benefits both for the birthing person and infant (e.g., reduced risk of SIDS, child death, infection) as well as supports parent-child bonding. Unfortunately, many families do not receive needed lactation support early in the postpartum period leading to low rates of exclusive breastfeeding at 3 months and racial/ethnic disparities in these rates.

Importantly, many providers and families have expressed their gratefulness for Welcome Baby (see quote from a Welcome Baby parent below). Providers have been able to rely on Welcome Baby nurses to check on high-need families including families with medically vulnerable mothers and/or infants, families that missed postpartum medical appointments, and low-resourced families unable to afford basic needs. Moreover, during visits, WB nurses have caught life threatening conditions, connected families to medical homes, and provided needed concrete supports.

“It was very useful to have [the nurse] measure my baby's jaundice and be in connection with the doctor. It helped me a lot and made me feel much more relaxed, especially since I did not have to go anywhere.”

-Welcome Baby Parent

For questions regarding this report, please contact Gina Daleiden, Executive Director at gdaleiden@first5yolo.org.

Title Project:	East Beamer Shelter Phase II
Name of the organization:	Friends Of The Mission

Reporting Period: July 1, 2023 - September 30, 2023

Purpose/Goal:

Issued bid notification to architectural firms and successfully negotiated a contract with the selected architectural firm.

Progress Report:

- We pinpointed an architectural firm and initiated negotiations.

Budget:

No funds expended during this timeframe.

Budget Line Item (from the scope of work)	Current Period Expenditures	Previous Period Expenditures
0.00	0.00	0.00
Total Expenditures	0	0

ARP PERFORMANCE PROGRESS REPORT

Title Project:	HPAC Transition Funding
Name of the organization:	Yolo County Homeless & Poverty Action Coalition

Reporting Period: 10/1/2023-12/31/2024

Purpose/Goal:

To ensure HPAC solidifies as a new non-profit to meet the critical federal, state, and local needs of a homeless continuum of care (CoC) through active engagement with County leadership, securing ongoing financial resources fundraising and grant administration, and partnerships with Community-based organizations and private partners.

Progress Report:

- Key Project Updates:
 - Received first disbursement of HHAP 4 funding. Worked with awarded providers to analyze and update system performance measure connected to HHAP 4 contracts.
 - HPAC and HHSA met weekly with Sac Steps forward to complete the annual LSA reporting and work on the HMIS lead transition to HPAC.
 - HPAC leadership attending in person Homelessness Commission meetings along with meetings within local jurisdictions.
 - Most of this quarter was focused on two big projects.
 - The first was the HPAC board retreat to develop a strategic plan for 2024.
 - The second was preparing for the 2024 unsheltered PIT count. This was the first year that HPAC was the lead entity for the PIT/HIC count. This included updating all the training and policies and procedures. Updating the process to include 2024 changes mandated by HUD.
 - HPAC continues to attend Technical Assistance projects to help strengthen the role HPAC has in Yolo County.
 - Cal Real: Race and Equity Action Lab
 - Coordinated Entry
 - HPAC working with HHSA to transition the Coordinated Entry and HMIS leads. The Commission to End Homelessness approved a 2 year transition plan that includes adding two more analysts for HPAC. HPAC and HHSA working to complete an MOU that will be presented to the Board of Supervisors in the first quarter of 2024.
 - HPAC and HHSA will be coordinating applying for the regional HHAP 5 funding that was released in September and due in March 2024.

ARP PERFORMANCE PROGRESS REPORT

- ARP Performance Measures (from contract):
 - Number of Grants applied for.
 - HPAC and HHSA have primarily working on the HHAP 5 application. This is a large project that is anticipated to take 6 months to complete. This grant application mandates a regional plan to end homelessness for Yolo County.
 - Number of Fundraising events held throughout the year.
 - HPAC discussed this in our strategic planning meeting and the HPAC board has paused this until third quarter of 2024. HPAC is still reviewing a plan around fundraising in our community.
 - Number of Community events held throughout the year.
 - HPAC attended and presented at the California CoC collaborative for the CalReal project. The Race and Equity Action Lab phase 2.
 - HPAC presented and attended at the National Alliance to End Homelessness.
 - HPAC attends regular meetings with the Davis Homeless Alliance.

- Challenges (if applicable):
 - Still needing to put together the survey that will go to HPAC board, staff and county officials regarding the relationship with HPAC. We recently completed a survey regarding HPAC performance in preparation for our Strategic Planning Meeting on November 29th, 2023.
 - Another Challenge is the local fundraising as the board has had me focus on the large funding opportunities like our HHAP and CoC grants.

Budget:

Budget Line Item (from the scope of work)	Current Period Expenditures	Previous Period Expenditures
Personnel/Salaries	\$32,472.07	\$27,472.07
Indirect	\$2,747.20	\$2,747.20
Total Expenditures	\$35,219.27	\$30,219.27

ARP PERFORMANCE PROGRESS REPORT

Title Project:	“Operation Accelerate: Driving Kitchen Capacity”
Name of the organization:	People Resources, Inc. dba Meals on Wheels Yolo County

Reporting Period: October 1, 2023 – December 31, 2023

Purpose/Goal:

This “Driving Kitchen Capacity” phase of the “Operation Accelerate” initiative addresses the urgent need for more kitchen space to reach the initiative’s current goal of 800 seniors nourished, as well as ensure continued growth up to a service census of approximately 1,250 over the next two years. The project also includes the additional personnel and infrastructure required to reach the project goals.

Progress Report:

- **Key Project Updates:** *during this reporting period, initial equipping and staffing for the Winters meal production facility were completed and celebrated with a Grand Opening/Ribbon Cutting event on Thurs. November 2, 2023. Then-Board of Supervisors Chair Oscar Villegas and then-Vice Chair Lucas Frerichs were in attendance and participated in the opening remarks. They were joined by officials from Sutter Health, who made a naming rights commitment to the project, and virtually by now-Assembly Majority Leader Cecilia Aguiar-Curry. The remainder of the reporting period was devoted to final preparations for site permitting by the Yolo County Environmental Health Department, the City of Winters Fire Department, and the Agency on Aging, Area 4.*

While work on the Winters project continued, meal production from the existing Woodland facility burgeoned by the end of December to 870 meals, five days/week. This exceeded the 600-meal capacity of that kitchen by 45% and represented a >125% service increase to isolated, food insecure Yolo County seniors since January 2022, when the initial phase of the “Operation Accelerate” initiative was launched. As noted at the close of the last reporting period, the organization’s highest priority now that elevated kitchen capacity is nearly a reality, is to seek sustainable funding sources – both public and private – ensuring the continuous impact of Yolo County ARP investments for the future.

ARP PERFORMANCE PROGRESS REPORT

- ARP Performance Measures (from contract):

Performance Measures Framework	Outcome Measure	Data Collection Method	Data Tracking Frequency	Outcome Link to ARP Narrative
How much did we do it?	<p>GOAL: 1,250 seniors receiving five meals/week, 52 weeks/year</p> <p>STATUS 12/31/23: 870 seniors receiving five meals/week (was 579 seniors served as of 1/1/23). During the coming quarter, it's expected that service census will reach at least 1,000.</p>	Meal delivery tracking	5x/week, Monday-Friday	Nexus to the pandemic: pre-existing gaps, direct impacts, and recovery
How well did we do it?	<p>GOAL: more nutritious, fresh ingredients; more meal choice; additional delivery routes in rural communities + West Sacramento.</p> <p>STATUS 12/31/23: West Sacramento meal delivery routes continue to expand, with 215 seniors in the City served from nearly 50 routes as of December 31. Capay Valley delivery route now anticipated to begin by spring 2024, representing the final rural communities to be incorporated into the MOW Yolo meal</p>	Kitchen procurement and menu development records, delivery route tracking	Monthly	Needs based/data informed

STATUS 12/31/23

(continued):

delivery network.

Medically-tailored meals (heart-healthy, diabetic, low-salt, renal, gluten-free, and non-dairy + vegetarian) development continued, with logistical planning initiated for related kitchen organization, meal recipient identification, and volunteer delivery routines. It's expected that these meal options will be further integrated into the existing and expanding MOW Yolo meal delivery network during spring/summer 2024.

Fresh foods/produce are now commonplace in MOW Yolo meals, but local produce still challenging due to quantity needed and Older Americans Act requirements for 30-day advance menu planning. Conversations have been initiated with Center For Land-Based Learning, Yolo Farm-to-Fork,

ARP PERFORMANCE PROGRESS REPORT

STATUS 12/31/23

(continued):

and Yolo Food Hub organizers to consider how this might be addressed over time.

- Challenges (if applicable): *Winters meal production facility not yet operational due to underground plumbing blockage discovered just before Christmas, which is the landlord's responsibility to repair. Required work, which began just after New Year's, has been extensive, resulting in excavation from the alley side of the building and the digging up of concrete within the building, disrupting a portion of our recently-installed flooring. Permitting by Yolo County Environmental Health, City of Winters Fire Department, and the Agency on Aging Area 4 still is needed once work is complete, followed by procurement of food/supplies, staff deployment, etc. It is estimated that kitchen will operate by late February.*

The pursuit of sustained funding in anticipation of the sunset of Yolo County ARP Round 2 and other similar funding sources in late 2024 is underway, with a heavy emphasis upon private philanthropy. During the reporting period, MOW Yolo worked with The Weiss Group/Steve Weiss to form a Development Plan, pairing with the Strategic Plan adopted earlier in the year. The Development Plan was adopted by the MOW Yolo Board and staff in December. Public funding remains critical, however, and conversations took place before years' end with community leaders poised to assist. Additionally, both reimbursement revenue opportunities (for meals and possible use of meal production facility space) and the potential to engage with CalAIM regarding medically-tailored meals provision in the county were identified for further exploration once the Winters facility is fully operational. As of the close of the reporting period, the existing reimbursement relationship with Yolo Adult Day Health Center (Dignity Health) continued to expand, and a second, similar contract was executed and initiated in October with Yolo Cares to serve seniors attending the Galileo Place Adult Day Program.

ARP PERFORMANCE PROGRESS REPORT

Budget:

Budget Line Item (from the scope of work)	Current Period Expenditures	Previous Period Expenditures
Personnel	\$16,649.28	\$8,741.74
Lease/Rent	\$35,800.00	\$99,800.00
Equipment/Food/Supplies	\$30,194.70	\$131,385.80
Total Expenditures	\$82,643.98	\$239,927.54



January 29, 2024

TO: Berenice Espitia,

FROM: Jim Durst

This narrative report is for the Yolo Food Hub (YFH).

We are excited for the possibilities and direction the YFH is presented with. After two years of planning meetings, we have finally been having conversations with possible tenants and we are anxious to begin rehabilitation of the facility for at least one new tenant; Capay Mills.

Capay Mills is a local grain milling operation that has been seeking a new home for a number of years without success. They grow and purchase local grains and mill these grains into flour for retail and institutional buyers. YFH partners feel this may be a good fit for our first phase of tenancy since they only require a space of about 4,000 sq. ft. Adequate space is a major block for growing this business and New Season and YFH partners believe this may be a good first step in the barn development. By beginning restoration with a smaller section, New Season will have a better understanding of the costs associated with a total project restore.

We have had extensive conversations with Marcellus Foods, a fresh cut processor. We felt with current budget/grant constraints, we could not develop a space in time to meet their business development aspirations. The door for a future relationship remains open. In addition, we are working with Capay Valley Farm Shop and Matriark foods to develop a future tenant relationship. Capay Valley Farm Shop is already an aggregator for the Capay Mills. Matriark is a value-added producer out of New York who are looking for a foothold in California agriculture, especially related to tomato products. See their websites at capayvalleyfarmshop.com and matriarkfoods.com for more information.

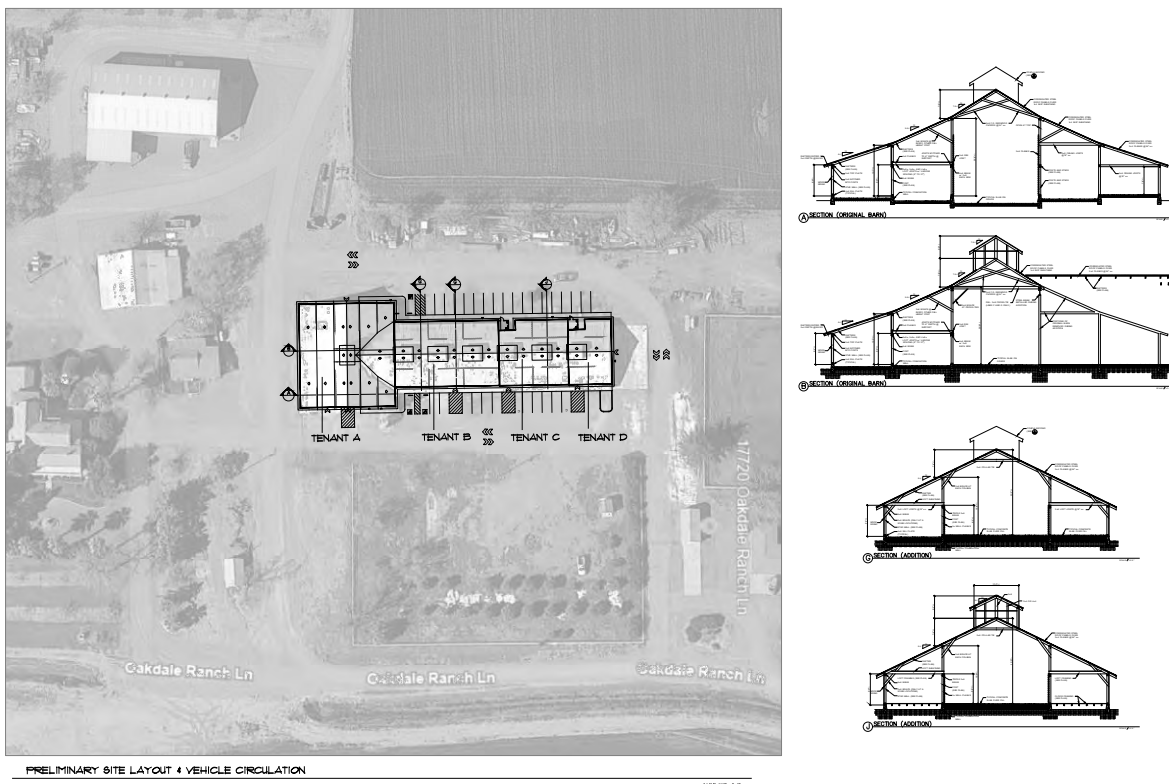
We continue to cultivate relationships within CDFA, State of California (Assemblywoman Curry), and our Yolo County partnership. We will be reaching out to the Yocha DeHe tribe in the future to develop a stronger relationship with the farming operation and potential funding.

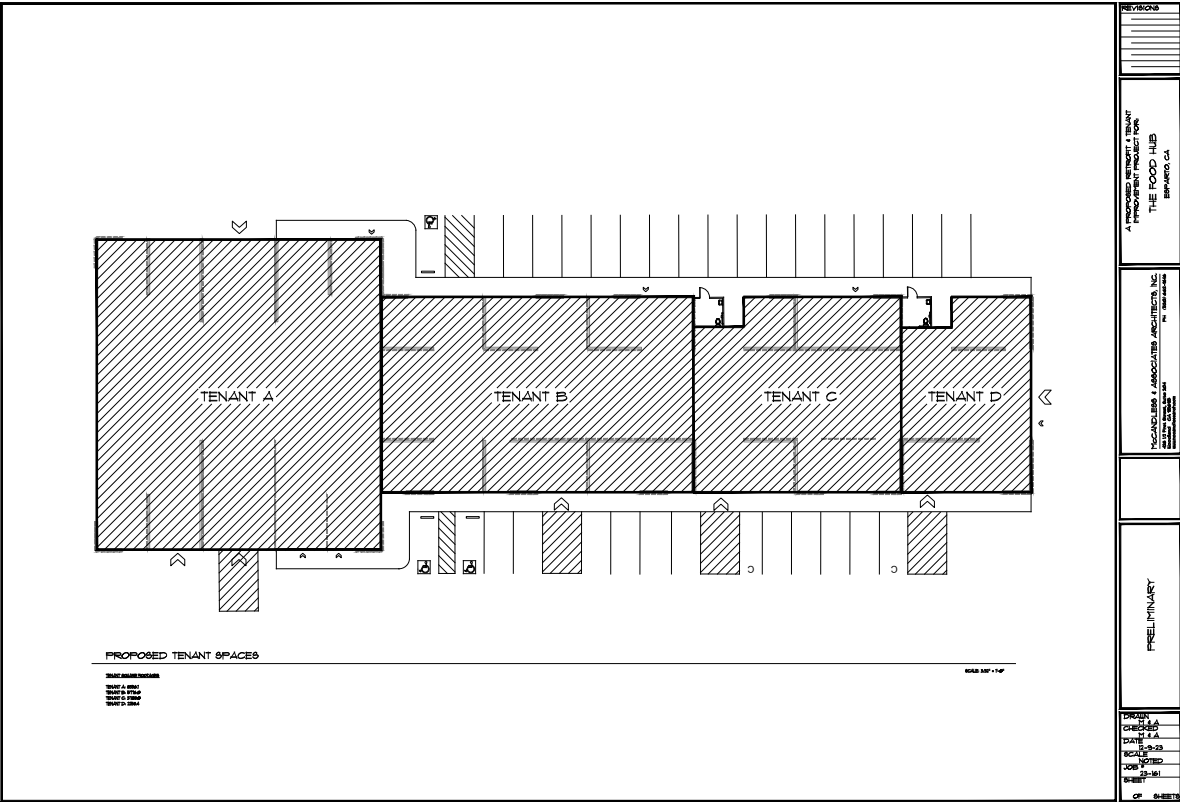
We focused a meeting on the Yolo Food Hub Barn with Project Manager, Eric Lakin of Carlson William and architect, Steve Jewkes of local architect firm, McCandless. Attached is picture of the work in dividing up the barn for future tenants.

The main challenge we face is the minimal amount of grants available for restoration/construction for Food Hub activities. We have been pursuing smaller grants and trying to piece the project together this way. We have applied for the following grants and potential funding:

- CDFA Urban Ag Grant , notification of award February 28
- Resilient Food System Infrastructure with Valley Vision, Capay Valley Farm Shop, Capay Mills on a larger grant for barn infrastructure due February 26.
- Yolo County ARP Food Security Round #3 due February 1
- Pursuing PACE funding updates
- Attending Federal Department of Agriculture webinars for other opportunities

Below are renderings of the barn subdivided into smaller, rentable spaces.







Yolo Food Hub Network

5th quarter report

November 1, 2023-January 31, 2024

Program lead and contact information

James Durst, (530)681-6578, jdurst@durstorganicgrowers.com

Program purpose and statement

New Season Community Development Corporation (NSCDC), in partnership with a consortium of private and public/non-profit groups, is creating a regional Food Hub Network that will strengthen local food supply chains, mitigate pandemic-related market disruptions for local consumers, promote resiliency and cooperation among Yolo County farmers by allowing them to more flexibly manage and extend market channels during recovery and meet the needs of institutional buyers, wholesale buyers, and retail seeking to purchase locally grown food.

Performance Measures Framework	Outcome measure	Data Collection Method	Data Tracking Frequency	Outcome Link to ARP Narrative
What did we do during quarter 5?	ongoing bi-monthly planning and reporting meetings held by YFH steering committee		ongoing	On going planning meetings with YFH partners, mainly Valley Vision, New Season, Capay Farm Shop, and Project manager and architect.
	fundraising committee continues to meet and pursue granting opportunities		ongoing	Facilities: New Season ED and grantwriter Rebecca Brams are pursuing grants with CDFA, USDA, and Yolo County. 3 grants will have been submitted by March 1.
	Project Manger and Architect meetings		one time	developed a floor plan for phasing in developmentof various spaces to meet the needs of future tenants within the barn. Each space would contain different square ft.
	recruiting tenants		one time	Had a series of meeting with Marcellus Foods a fresh cut operation to co-apply for grants. They would like to be a tenant in the building when space becomes available. We are working with Capay Mills as a first tenant, a local flour milling operation. Working on a MOU for tenancy and grants for this first step relationship
	Project manager		ongoing	Project Manager Eric Lakin has been completing various phasing options for the space to begin operations. He has been working with the engineers on design work to bring the barn into compliance with the UBC.
	On going meetings, visitations with other food hub operations across the country		ongoing	Continuing research for YFH operations.
How well did we do it?	jobs created			
	Project Manger was hired.		ongoing	This position was filled in May of 2023
	New Season			executive director was hired to help with fundraising, community and politcal support, and overall coordination of the Yol Food Hub moving forward.A partime office administrator was hired for New Season.
	1 job (grant writer)		ongoing	Rebecca Brams has been working with New Season and the Food Hub for one year now.

STEAC

Attachment 4A - ARP Performance Measures Template

Project Title: Feeding the Hungry Program – Food Delivery

Program Lead & Contact Information (phone, email address)				
Katy Zane, 530-758-8435, kzane@steac.org , Liane Moody lmoody@steac.org				
Program Purpose Statement:				
The Feeding the Hungry Program strives to reduce food insecurity by providing food to local food insecure clients through four main programs: (1) Food Pantry, (2) Food Packs for Kids, (3) Homeless Packs, and (4) Food Delivery. The grant funds will be used to support the Food Delivery subprogram.				
Expenditure Category – Quarter 4 Results				
Performance Measures Framework	Outcome Measure	Data Collection Method	Data Tracking Frequency	Outcome Link to ARP Narrative
How much did we do?	497 individuals & 317 families served, 7455 meals	Database input	Daily	Question #5,7
How well did we do it?	Dependable service, quality product	Survey	Annual	Question # 5,7
Is anyone better off?	Quality of life, food insecurity	Survey	Annual	Question# 4

Is anyone better off?

In Spring of 2023, STEAC conducted a survey of pantry clients. Although 76% of the respondents stated that they are using the food pantry more than they were two years ago, 98% reported that the food they received from the pantry improved the overall health of themselves and their families and 91% reported that using the pantry meant they have more money available to use towards other expenses.

How well did we do it?

In Spring of 2023, STEAC conducted a survey of pantry clients. 98% of clients reported that the food pantry accommodated their food needs related to allergies, culture, and ethnicity. Also 95% reported that STEAC provides a service that is safe, inclusive, nondiscriminatory, and welcoming.

ARP PERFORMANCE PROGRESS REPORT

Title Project:	Electrification Retrofit Rebate Outreach (ERRO) Program
Name of the organization:	Valley Clean Energy (VCE)

Reporting Period: Oct 1, 2023 - December 31, 2023

Purpose/Goal:

The Electrification Retrofit Rebate Outreach (ERRO) Program is a two-year comprehensive outreach program to encourage low-income households in unincorporated Yolo County to access \$1 billion in available State electrification rebates, as well as other related electrification retrofit rebates for existing residential homes. Helping these households reduce ongoing costs will have long-term economic benefits as well as reduce greenhouse gas emissions associated with higher electricity use. Project success will be measured by the number of households reached and the dollar amount of rebates accessed successfully.

Progress Report:

- Key Project Updates:
 - Outreach Strategy is undergoing edits
 - Rebates are being researched
 - Monthly progress meetings are being observed
 - Concierge Service being researched as key customer education and recruitment tool for the program
- ARP Performance Measures (from contract):

Performance Measures Framework	Outcome Measure	Data Tracking Frequency	Outcome Link to ARP Narrative
How much did we do?	Number of people reached	Quarterly	Measure E-2: Reduce Energy Consumption in Existing Residential and Non-Residential Buildings of the Yolo County Climate Action Plan
How well did we do it?	Number of existing homes converted to all electric	Quarterly	Measure E-2: Reduce Energy Consumption in Existing Residential and Non-Residential Buildings of the Yolo County Climate Action Plan
Is anyone better off?	Associated greenhouse gas	Quarterly	Measure E-2: Reduce Energy Consumption in Existing Residential and Non-Residential

ARP PERFORMANCE PROGRESS REPORT

	reduction quantification		Buildings of the Yolo County Climate Action Plan
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- Challenges (if applicable): Key VCE staff was out of office on medical leave so not all monthly meetings were observed.

Budget:

Budget Line Item (from the scope of work)	Current Period Expenditures	Previous Period Expenditures
Personnel/Salaries	\$1047.00	\$942.00
Total Expenditures	\$1047.00	\$942.00

ARP PERFORMANCE PROGRESS REPORT

Title Project:	Valley Vista Trails – Completion of Trail Network
Name of the organization:	Tuleyome

Reporting Period: October 1, 2023 - December 30, 2023

Purpose/Goal:

Completion of Trail Network in Valley Vista Regional Park

Progress Report:

- Key Project Updates: Tuleyome hosted 2 workdays at Valley Vista Regional Park (October 1, 2023 and October 21, 2023). A total of 9 people helped create an additional 880 feet of trail while also maintaining the recently created trail from spring 2023. A third workday was postponed for November but was postponed due to rain. Tuleyome was contacted by a Scout from Davis Troop 139 who will use this trail building project as his Eagle Scout project. Workdays for the project are scheduled for the first quarter of 2024.
- ARP Performance Measures (from contract): Tuleyome volunteers completed 880 feet of new trail in Valley Vista Regional Park during two workdays in the fourth quarter of 2023.
- Challenges (if applicable): A third workday had to be postponed due to inclement weather on the scheduled workday.

Budget:

Budget Line Item (from the scope of work)	Current Period Expenditures	Previous Period Expenditures
Tools and Equipment	\$965.00	
Volunteer Supplies	\$2.50	
Travel	\$25.90	
Wages	\$1443.00	
Total Expenditures	\$2436.40	

TO: Berenice Espitia
American Rescue Plan Project Manager, County of Yolo

FROM: Gayelynn Gerhart
Director of Special Projects, Yolo County Office of Education

RE: Sustaining Childcare and Early Learning in Yolo County at Greengate ARP
(American Rescue Plan) Quarterly Report
October 1, 2023 – December 31, 2023

The following is presented as an update on second quarter reporting of the Yolo County at Greengate ARP (American Rescue Plan) Quarterly Report

Project Update:

During this quarter, we finalized the architectural design, submitted the plans to DSA, received approval from DSA, requested all construction documents from the architect for the advertisement of the job, and contracted with a company to screen and approve vendor applications. Construction services are scheduled to start in March 2024.

To date the quarterly total invoiced expenses are \$36,273.49. The TOTAL expenses to date are \$196,696 which includes funding from multiple resources.

The portable location during architectural exploration and design was found to be more beneficial to place adjacent to the current building rather than in the existing buildings place, the primary reasoning was for the accessibility of pickup and drop-off of the children/students. The work associated with the slight deviation, etc. has not changed.

Project Background:

The 2020 Yolo County Local Childcare Planning Council Needs Assessment stated an immediate need for the following in Yolo County:

- Strengthening the childcare workforce

- Continued training and technical support to childcare providers
- Establishing a unified early learning infrastructure; and
- Increased awareness and increased funding for quality subsidized childcare.

The highest need is for infant and toddler care with a gap of 3,834 licensed childcare slots specifically to care for children 0-2 in Yolo County. This project, sustaining childcare and early learning in Yolo County at Greengate Project is for the installation of a vacant portable classroom donated to YCOE and will be used to provide an infant and toddler center in Woodland, resulting in 16 additional slots.

This site would allow teen parents attending Cesar Chavez Community School to have their infant and toddler receive childcare services at the school site, which will also be available for community participation.

This proposal will allow for growth and expansion of much needed childcare slots for infants and toddlers. Additionally, professional development for providers caring for vulnerable children can improve the quality of care.

TO: Berenice Espitia
American Rescue Plan Project Manager, County of Yolo

FROM: Gayelynn Gerhart
Director of Special Projects, Yolo County Office of Education

RE: Yolo County Childcare Connections Network ARP Quarterly Report
October 1, 2023 – December 31, 2023

The following is presented as an update on first quarter reporting of the Yolo County Childcare Connections Network (October 1, 2023 – December 31, 2023).

Project Background:

The Childcare Connections Network will be developed to 1) support existing licensed childcare centers, licensed Family Childcare (FCC) providers and family, friend, and neighbor (FNN) providers in Woodland and rural Yolo County; and 2) grow and expand the network of childcare providers to increase available childcare slots for infants and toddlers and school-age childcare.

There is a growing need to serve an increasingly diverse child and youth population. The race and ethnicity demographics for children in Yolo County are as follows: Hispanic or Latino (46%), White Not Hispanic (36%), Multiracial/Ethnic (10%), Asian (6%), African American (9%), Other (1%), Pacific Islander (<1%) and American Indian or Alaskan Native (<1%)

During the 2nd quarter reporting (October 1, 2023 – December 31, 2023) \$920.17 was spent on providing dinner, overtime for staff who provided support for those attending and on-demand translation services.

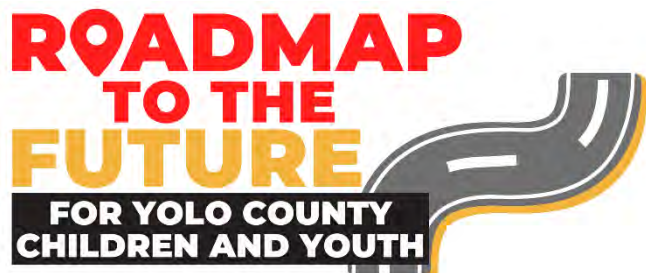
A Childcare Coordination Network Orientation was held on July 25, 2023, at the Yolo County Office of Education Conference Center. During the 2nd quarter, network meetings were held on October 24, 2023 and November 14, 2023. Additionally, meetings are calendared out through May 2024.

March 13, 2024

TO: Berenice Espitia, Associate Management Analyst
County of Yolo, County Administrator's Office

FROM: Maria Arvizu-Espinoza
Project Lead, Roadmap to the Future for Yolo County Children and Youth
Deputy Superintendent, Yolo County Office of Education

RE: **Roadmap to the Future Quarterly Report, December 31, 2024**
Covers the period of October 1, 2023 – December 31, 2023



This memo serves as a quarterly progress report for the Roadmap to the Future for Yolo County Children and Youth (herein referred to as the “Roadmap”) consistent with requirements outlined in the subaward agreement between the Yolo County Office of Education (YCOE) and the County of

Yolo dated March 31, 2022, and amended on January 12, 2024, which provides \$450,000 for key deliverables.

Previous work on the project included contracting with Concordia for development of community assets and services data organized by the ten aspects of community and Supervisorial District. YCOE also worked with Concordia, as well as Valley Vision, to host two rounds of community engagement sessions, attended by nearly 630 community members, to verify existing community assets and services and solicit information about community assets and services children, youth, and families in the county still need. Across the ten sessions, the project team collected 1,400 points of data.

Project Background

The mission of the Roadmap to the Future, led by the Yolo County Office of Education (YCOE), is to develop, implement, and consistently evaluate a long-term plan to help effectively coordinate and improve the community assets and services children, youth, and families in Yolo County need to thrive, as well as establish a shared framework to ensure their healthy development.

- **Phase 1** of the Roadmap to the Future focuses on collection of community assets and services data to provide information about the existing system of support for children, youth, and families. In addition to a rigorous data collection process, Phase 1 includes community engagement sessions to allow community members to review and improve the collected data.
- **Phase 2** of the Roadmap to the Future focuses on the development of a comprehensive needs assessment to identify community assets and services in which the community should invest to support children, youth, and families. The needs assessment will help identify strengths, gaps, and overlap in community assets and services within the community and will prioritize recommendations to improve community assets and services. YCOE will conduct the needs assessment with guidance from an advisory committee of experts and leaders focused on serving children, youth, and families. In addition to analyzing the data collected in Phase 1, the project team will collect additional publicly available data, conduct a second round of community engagement sessions to ask the community about their needs, and conduct interviews and focus groups with youth and leaders of youth-focused organizations, as outlined in a Needs Assessment Plan approved by the advisory committee.

An update on the deliverables of the subaward agreement and key project updates are below.

Key Project Updates (October 1, 2023 – December 31, 2023)

- In October 2023, YCOE distributed a Request for Expressions of Interest to conduct the Needs Assessment to qualified consultants in Northern California. YCOE received expressions of interest from two consulting entities within the deadline provided.
- In November 2023, YCOE distributed a Request for Proposals to conduct the Needs Assessment to one of the two firms who had expressed interest, plus an additional consulting entity that requested the opportunity to provide a proposal. YCOE received one proposal from WestEd, a nonprofit organization that works across the educational system to apply research into practice to improve child and youth outcomes.
- In October-December 2023, YCOE engaged with Yolo County Geographic Information Systems (GIS) to develop maps using the community assets and services data previously collected.
- In November-December 2023, YCOE met with 211 Yolo to discuss partnering with the initiative, as well as solicit their assistance in updating the community assets and services data previously collected.
- In November 2023, the project team developed a charter and roster for the Needs Assessment Advisory Committee.
- In December 2023, YCOE selected WestEd to complete the Needs Assessment and drafted a contract with the organization.

- In December 2023, YCOE developed the amendment to the subaward agreement between YCOE and the County of Yolo upon Board approval of additional funds and time for the project.

PHASE 1 (COMMUNITY ASSET/SERVICE DATA COLLECTION AND MAPPING): UPDATES

(as of December 31, 2023)

Milestone 1: Community Asset and Service Data Collection and Methodology Report	Status: Complete	Completion Date: September 30, 2023
Milestone 2: Round 1 Community Engagement Sessions and Summary	Status: Complete	Completion Date: March 30, 2023

PHASE 2 (NEEDS ASSESSMENT): UPDATES (as of December 31, 2023)

Milestone 3: Round 2 Community Engagement Sessions and Summary	Status: On track	Completion Date: anticipated June 30, 2024
Milestone 4: Community Member and Leader Interviews and Summary	Status: On track	Completion Date: anticipated June 30, 2024
Milestone 5: Child and Youth Development Framework Adoption	Status: On track	Completion Date: anticipated June 30, 2024
Milestone 6: Needs Assessment Plan	Status: On track	Completion Date: anticipated April 30, 2024
Milestone 7: Needs Assessment Final Report	Status: On track	Completion Date: anticipated June 30, 2024

Questions

Questions about the Roadmap project can be directed to Maria Arvizu-Espinoza at maria.arvizu-espinoza@ycoe.org or Anthony Volkar at anthony.volkar@ycoe.org.

YHHA Food Security for Yolo Seniors

ARP Performance Measures Template				
Purpose Statement: Program will provide expanded food access that includes a social aspect and connection to additional services to low income older adults throughout Yolo County with an emphasis on reaching persons in rural areas.				
Performance Measures Framework	Outcomes Measure	Data Collection Method	Data Tracking Frequency	Outcome Link to ARP narrative
How much did we do?	Increase the number of older adults receiving meals and connection to services.	Food truck event sign in sheets and case management reports	Monthly	More older adults will receive prepared meals in a social environment that includes access to connections to additional needed services.
West Sacramento Totals				
Woodland Totals				
Esparto Totals				
Davis Totals				
Winters Totals				
Knights Landing Totals				
How well did we do it?	Participants report connection to food and needed services.	Surveys at food truck every 3 months	Quarterly	Surveys will show satisfaction with meals and response to requests for services.
Survey	Not reported, no activities funded by this grant were conducted.			
Is anyone better off?	More rural older adults will have access to food and services.	Participant mapping.	Monthly	At least 66% of meals delivered will be in rural areas.

YHAA did not perform any activities utilizing this grant fund due to the limited amount remaining. YHAA is currently utilizing an Agency on Aging Area 4 grant to continue this program through the end of June 2024. YHAA will utilize the remaining amount of the county grant funding to support this program before the end of the contract.

Impact Notes

ARP PERFORMANCE PROGRESS REPORT



Title Project:	Yolo County RCD Scope of Work in Support of Yolo Climate Action and Adaptation
Name of the organization:	Yolo County Resource Conservation District

Reporting Period: October 1, 2022 - December 31, 2023

Purpose/Goal:

In order to achieve the County's goal of net-negative carbon emissions by 2030, carbon sequestration will need to play a central role in the CAAP development and implementation processes. In order to ensure that the Yolo County agricultural community's goals, needs, and expertise are centered in the CAAP development process, County Staff identified the Yolo County Resource Conservation District (RCD) as a trusted partner who could help lead and facilitate conversations with the agricultural community. This work includes, but is not limited to, engagement with farmers, farm workers, private landowners, the Yolo County Farm Bureau, and the agricultural industry and other agricultural groups; facilitation of the Climate Action Commission's Natural and Working Lands TAC; working with the CAAP consulting team to support the development of an inventory of natural and working lands emissions by type; contributing to the development of measures to support adaptation and resilience strategies that relate to natural and working lands including regenerative agriculture and open space, transportation and infrastructure; and drafting final CAAP products relating to natural and working lands.

Progress Report:

- Key Project Updates FY 23-24, Second Quarter
 - Natural and Working Lands Survey distributed as mailer, surveys collected, scanned and turned in as electronic files to county
 - Feedback on Strategy 8 strategies and climate adaptation actions
 - Research, outreach, and distribution of information obtained to County and consultant.
- ARP Performance Measures:
 - Number of TAC meetings: 1; NWL Team meetings: 6, Spatial data meeting: 1
 - Number of attendees: 9 at NWL TAC meetings; 21 at NWL Team meetings; 9 at spatial data meeting
 - Physical surveys distributed to 870 postal addresses with return envelopes and postage. Received 47 responses

ARP PERFORMANCE PROGRESS REPORT

- Challenges: Physical mailers had a better response rate than electronic surveys. Due to time limitations, we could not do follow-up requests, which would likely have increased participation.

Budget:

Budget Line Item (from the scope of work)	Current Period (10/1/23 – 12/31/23) Expenditures	Previous Periods (11/22/22 – 9/30/23) Expenditures
Task 1	\$ 0.00	\$ 7,350.00
Task 2	\$ 8,325.46	\$13,271.25
Task 3	\$ 1,131.25	\$ 831.25
Task 5	\$ 0.00	\$ 0.00
Total Expenditures	\$ 9,456.71	\$21,452.50

ARP PERFORMANCE PROGRESS REPORT

Title Project:	Yolo Crisis Nursery – New Facility Construction
Name of the organization:	Yolo Crisis Nursery, Inc., A California nonprofit public benefit corporation.

Reporting Period: October 1, 2023 – December 31, 2023

Purpose/Goal: The objective of the Yolo County Crisis Nursery Brighter Tomorrows Campaign is to build a new crisis nursery with increased capacity and enhanced service programs for children and families.

The Yolo Crisis Nursery serves children in need by offering a variety of child abuse protection services including its signature programs Crisis and Respite Care, Wraparound Services for Families, and Specialized Infant Daycare and Preschool for children of families transitioning out of crisis and special needs children.

Progress Report:

- **Key Project Updates:** We have worked through 2023 to complete the project design, the project specifications and submit the project to the City for permit. During the quarter of 10/1/23 through 12/31/23, we were responding to plan check comments in order to address comments or questions from the City or other related jurisdictions. As of late February 2024 (after this reporting period), we received permit approval. The project documents are currently out for bid with contractor bids being received on March 12, 2024.
- **ARP Performance Measures (from contract):**
 - How much did we do? The design is complete, the permit is approved, and we expect to receive contractor bids on March 12, 2024. This has been a huge effort, and we are pleased to be on a course to start construction in mid-April of 2024.
 - How well did we do it? The building is designed to function as a crisis nursery to allow for greater efficiencies. We are proud to be on schedule to open the facility by the summer of 2025.
 - Is anyone better off? This new facility will triple the capacity of the crisis nursery to provide transitional housing for children in acute crisis. In addition, the new facility will substantially expand the ability of the Crisis Nursery to provide upstream interventions that both immediately protect young children susceptible to abuse and prevent the costly downstream consequences of unaddressed childhood trauma for the County.
- **Challenges (if applicable):** No challenges this quarter beyond the normal coordination of the design team members and the necessary integration of required scope items for a fully functioning facility.

ARP PERFORMANCE PROGRESS REPORT

Budget:

Budget Line Item (from the scope of work)	Current Period Expenditures	Previous Period Expenditures
Design and Campaign Exp.	\$55,525	\$1,085,284
Construction Exp.	TBD	TBD
Total Expenditures	\$55,525	\$1,085,284

Yolo Food Bank ARP Davis Quarterly Reports

Quarter 2 2023

October 1- December 31, 2023

January 19, 2024

Start Date March, 2022	End. December 31, 2024
Program Lead: Genevieve Pyeatt; 530-668-0690 ext. 123	Grant Manager: Alex Simmons; Grants@yolofoodbank.org

Description of the Project's Purpose:

Yolo Food Bank (YFB) endeavors to support Davis residents with food insecurity through its direct food distributions and by supporting its partner agencies for who food security is an integral part of their mission. In order to deliver the necessary services to the Davis Community, we rely heavily on our dedicated staff to help us accomplish our mission. YFB's work requires a commitment to personnel, benefits, food procurement, and supplies.

Populations being served

- Households that experience housing and/or food insecurity
- Households that experience unemployment or underemployment
- Low-moderate income households and communities.

Desired outcomes overall from the project:

- Sustain and/or increase number of program recipients
- City of Davis and staff attendance at a YFB event or activity
- Serve 15,000 households over the span of the grant
- Distribute 500,000 pounds of food annually to the Davis community
- Support food insecure residents that are negatively impacted by Covid-19 in relation to food security
- Provide nourishing food to food-insecure residents suffering from reduction in SNAP benefits

How the outcomes are measured:

- Surveys
- Evaluations
- Specific food distribution metrics such as pounds distributed, and number of households served.

Program information

- **Public Community Food Distributions (formerly Eat Well Yolo)** - An Equitable, Sustainable Local Food System for the Health and Wellness of Davis Residents. Includes YFB food distributions and the 16 YFB partner agencies. This program was recently rebranded to the new name "Public Community Food Distributions".

- **Private Community Food Distributions (formerly Eat Home Yolo)** - Our Private Community Food Distributions deliver groceries to immunocompromised, elderly, or mobility restricted neighbors. This program was recently rebranded to the new name “Private Community Food Distributions”.
- **Student Farmers Market (formerly Kids Farmers Market)** - This program provides Davis elementary school children access to local produce and nutrition education. Students enjoy fruits and vegetables procured directly from local farmers in the area. This program was recently rebranded to the new name “Student Farmers Market” (SFM).

Project Quarterly Reporting for Davis ARPA Grant

Quarter	Activities	Tools for Measurement
October 1-December 31, 2023	<ul style="list-style-type: none"> ● During the second quarter of 2023, there were 28 Public Community Food Distributions in Davis. YFB distributed 142,457 lbs. of food and served 4,441 households (duplicative data). ● During the second quarter of 2023, Private Community Food Distributions distributed 24, 699 lbs. of food, serving 868 Davis households through a combination of community distributions and home deliveries. ● During the second quarter of 2023, we distributed a total of 4,049 lbs. of food through our Students Farmers Markets (SFM) serving 870 households. The SFM events in this report reflect distributions at three Davis schools: Birch Lane Elementary, Korematsu Elementary, and Marguerite Montgomery Elementary. These data include seasonal pumpkin distributions during October. 	<ul style="list-style-type: none"> ● Primarius software was used to track pounds of food coming in and going out in each of our programs. ● We use sign in sheets at our distributions to track households served.

Public Community Food Distributions/Eat Well Yolo- Davis

Location	Number of distributions	Households (duplicative data)	Pounds of food distributed
Empower Yolo-Davis D St	5	366	6,808
Sac City College, Davis ctr.	11	1,011	29,650
University Covenant	12	3,064	105,999
Public Distributions Sum	28	4,441	142,457

Private Community Food Distributions/Eat Home Yolo- Davis

Distribution Type	Number of distributions	Households (duplicative data)	Pounds of food distributed
Community Distributions	25	752	22,379
Home Deliveries	9	116	2,320
Private Distributions Sum	36	868	24,699

Student/Kids Farmers Market (SFM) - Davis

Location	Households (duplicative data)	Pounds of food distributed
Birch Lane Elementary School	250	1,322
Korematsu Elementary School	300	1,538
Marguerite Montgomery Elementary	320	1,189
SFM Sum	870	4,049

Yolo Food Bank ARP Quarterly Report

Subrecipient Legal Name:	Yolo Food Bank (YFB) Subaward 4513
Project Title:	Student Farmers Market (SFM) / Kids Farmers Market (KFM)*
Project Period:	Oct 25, 2022 – December 31, 2024

Quarter 2: October 1- December 31, 2023	Quarterly Report Due: January 19, 2024
Program Lead: Genevieve Pyeatt; 530-668-0690 ext. 123	Grant Report: Alex Simmons; 530-668-0690 ext. 504 / grants@yolofoodbank.org
Provided to: berenice.espitia@yolocounty.org	

* This program has been rebranded to the new name “Student Farmers Market” (SFM).

Description of the Project’s Purpose:

The purpose of this project is to support operations of the Kids Farmers Market program.

Desired Outcomes overall from the project:

- Sustain and/or increase number of program recipients
- To sustain and revise how to best serve our elementary school-aged children and their families throughout Yolo County, including expanding our operations to children and families in migrant centers and families of food system workers in general.

How the outcomes are measured:

- Surveys
- Evaluations
- Food distribution metrics such as pounds distributed, and number of people served.

Project Quarterly Reporting

Quarter	Activities	Tools for Measurement
October 1- December 31, 2023	<ul style="list-style-type: none"> ● During the second quarter of 2023, we served an average of 1,560 households monthly with our Students Farmers Market (SFM) events. ● We distributed 34,903 lbs. of edible food, including seasonal pumpkins, through our KFM events, serving a total of 4,680 households (duplicative data). 	<ul style="list-style-type: none"> ● Primarius software was used to track pounds of food coming in and going out in each of our programs. ● We use sign in sheets at our distributions to track households served.

Budget update:

YFB has partially spent down this grant with a remaining \$30,767.99 still remaining for billing.

Yolo Food Bank ARP Nurture Yolo Quarterly Report

February 16, 2024 (Nov, Dec, Jan report)

Subrecipient Legal Name:	Yolo Food Bank, a California nonprofit public benefit corporation
Project Title:	Nurture Yolo – An Equitable, Sustainable Local Food System for the Health and Wellness of All Yolo County Residents.
Project Period :	May 1, 2022- December 30, 2024

Program Lead: Genevieve Pyeatt, 530-668-0690 ext. 123	Grant Report: Alex Simmons, Grants@yolofoodbank.org
Provided to: Berenice Espitia	berenice.espitia@yolocounty.org

Description of the Project’s Purpose:

The purpose of this project is to assist Yolo Food Bank in addressing continued need for related support across Yolo County, particularly related to job loss, underemployment, and cost of food related to the COVID-19 crisis. Yolo Food Bank will reinforce the distribution system including the purchase of fixed assets or equipment to increase or sustain enhanced food distribution, food materials, salaries and overhead to support Countywide distribution. This project will sustain and increase current food security in Yolo County, by the continued development of an equitable, sustainable local food system to address these issues.

Desired Outcomes overall from the project:

- Sustain and/or increase number of program recipients
- Sustain and/or increase number of pounds provided

How the outcomes are measured:

- Surveys and evaluations
- Metrics such as pounds of food distributed and number of people served

Program information

- **Public Community Food Distributions (formerly Eat Well Yolo)** - An Equitable, Sustainable Local Food System for the Health and Wellness of Davis Residents. Includes YFB food distributions and the 16 YFB partner agencies. This program was recently rebranded to the new name “Public Community Food Distributions”.
- **Private Community Food Distributions (formerly Eat Home Yolo)** - Our Private Community Food Distributions deliver groceries to immunocompromised, elderly, or mobility restricted neighbors. This program was recently rebranded to the new name “Private Community Food Distributions”.
- **Student Farmers Market (formerly Kids Farmers Market)** - This program provides Davis elementary school children access to local produce and nutrition education. Students

enjoy fruits and vegetables procured directly from local farmers in the area. This program was recently rebranded to the new name “Student Farmers Market” (SFM).

Project Quarterly Reporting

Quarter	Activities	Tools for Measurement
Nov 1, 2023 - Jan 31, 2024	<ul style="list-style-type: none"> ● During this quarter we distributed 1,188,576 lbs. of edible food through our Public Community Food Distributions (formerly called the Eat Well Yolo program) and served 25,650 households (duplicative data). ● Through our Private Community Food Distributions (formerly the Eat Home Yolo program), we distributed 81,035 lbs. of edible food to 2,842 (duplicative data). ● During this quarter we held a total of 37 Student Farmers Market events, and at these events we distributed 23,627 lbs. of edible food. 	<ul style="list-style-type: none"> ● Primarius software was used to track pounds of food coming in and going out in each of our programs. We use sign in sheets at our distributions to track households served. ● We use sign in sheets at our distributions to track households served.

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Mental Health and the Arts Needs Assessment

Prepared for Yolo County
By Davis Arts Center
January 2024



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Executive Summary

Yolo County contracted with Davis Arts Center (DAC) to evaluate opportunities to integrate the arts into the provision of mental health services in Yolo County. The community has an increased need for mental health services due to the COVID 19 pandemic. According to a Breaking Barriers report titled, “California’s Children & Youth Behavioral Health Ecosystem” commissioned by the California Department of Health and Human Services:

- “Mental health is the #1 reason children ages 0-17 are hospitalized.
- Suicide is the #2 cause of death for youth ages 10-24.
- 1 in 5 children live with a mental health diagnosis.
- 58% of adolescents with family incomes below the poverty line reported moderate to serious psychological stress.”¹

The adult crisis is also acute. “In May 2022, among adults in California who reported experiencing symptoms of anxiety and/or depressive disorder, 28.5% reported needing counseling or therapy but not receiving it in the past four weeks.” according to KFF.²

Data from prior to the pandemic, cited in the “Mental Health in California Report” by the California Health Care Foundations states that “suicide rates for Californians age 15 and older generally increase with age. Multiple suicide risk factors may affect adults age 65 and older, including psychiatric and neurocognitive disorders, social exclusion, bereavement, cognitive impairment, and physical illnesses.”³

Mental health providers and services are stretched thin. Meanwhile, people continue to report that they are unable to access mental health services when they need them. Community defined methods of support (art, nature, culture and sport) tend to be underutilized and may help alleviate some of this burden on the mental health system while producing better outcomes for people. This report details how mental health providers and artists in Yolo County believe art may be used to alleviate burden on the mental health system.

¹ https://www.chhs.ca.gov/wp-content/uploads/2023/02/Ecosystem-Working-Paper-_-ADA.pdf

² <https://www.kff.org/statedata/mental-health-and-substance-use-state-fact-sheets/california/>

³ * Ismael Conejero et al., “Suicide in Older Adults: Current Perspectives,” *Clinical Interventions in Aging* 13 (Apr. 20, 2018): 691–99. And in a report by the California Health Care Foundation, *California Health Care Almanac*, “Mental Health in California: Waiting for Care” July 2022, <https://www.chcf.org/wp-content/uploads/2022/07/MentalHealthAlmanac2022.pdf>

Through a focus group and survey, Davis Arts Center has identified current strengths, opportunities, aspirations, results (SOAR)⁴ and recommendations for Yolo County, the mental health sector, and the arts sector to collaborate and engage artists and use art in mental health services. The SOAR framework can be thought of as analogous to a Strengths, Weaknesses, Opportunities and Threats (SWOT) framework. The SOAR framework is more suited to this policy context, as it replaces threats with aspirations and weaknesses with results that can be measured. The SOAR framework builds upon the strengths of an organization, a concept which is widely used throughout Yolo County. The focus group consisted of representatives of four mental health providers and representatives of five arts organizations. The survey data includes 62 respondents from all areas of the county in both the arts and mental health fields.

Davis Arts Center research and analysis has concluded that the two categories of barriers to more coordination between mental health professionals and artists are funding and capacity building. Artists and mental health professionals have programming ideas but the need is in both funding for the programming and funding for training so that artists and mental health providers are comfortable and qualified to work with each other in support of more positive mental health in Yolo County.

Here is a summary of the findings:

Strengths

(natural capacity for optimal functioning and performance⁴)

- S1. Individual artists are working with mental health providers.
- S2. Mental health practitioners and social service organization administrators are interested in incorporating art into their practice and artists into their community events.
- S3. If an artist and mental health provider work together, they almost always want to continue working to combine mental health and art.

Opportunities

(opportunities as situations or issues with a high likelihood of positive success⁴)

- O1. There is a greater likelihood of long-term sustainability of mental health and arts programs if the collaboration exists at the organization level instead of individual level.
- O2. Mental health organizations are not asking artists to work with them because of lack of funding and lack of integration between the two fields.
- O3. Despite mental health providers believing that incorporating art will increase their workload, the long-term benefits make them willing to try.

⁴ Cole ML, Stavros JM, Cox J, Stavros A. Measuring Strengths, Opportunities, Aspirations, and Results: Psychometric Properties of the 12-Item SOAR Scale. *Front Psychol.* 2022 Apr 8;13:854406. doi: 10.3389/fpsyg.2022.854406. PMID: 35465545; PMCID: PMC9028961.

- O4. Collaborative spaces to engaging artists is important.
- O5. Funding and training would reduce the two primary challenges stated by practitioners and artists.

Aspirations

(vision and support of a long-term strategy that drives operational strategy⁴)

- A1. Partnerships should be developed between Arts organizations and social services organizations to drive long term sustainability and funding in this space.
- A2. Community events consistently collaborate with artists and Mental health providers know how to contact an artist when they want to.
- A3. Incorporating artists into the mental health space, while 80% do not believe it will decrease the workload, they are interested in doing so due to the potential for long term positive outcomes.

Results

(goals and outcomes and to complete tasks⁴)

- R1. Institutional funding available for arts and mental health.
- R2. Creation or identification of collaborative spaces and events for mental health and arts professionals.
- R3. Increase of artists working with mental health professionals.
- R4. Creation and use of training to prepare artists and mental health professionals to work together.

Recommendations

The mental health and arts community already working in this space is very thoughtful on what is needed, so the simplest way for this to be accomplished would be through a two-pronged grant program. The focus group and survey results show that even if you have the training and desire to combine arts and mental health, the barrier will be funding for the programs.

The first funding opportunity would be to provide funding to develop a capacity building program. The program should cover needs described by focus group and survey participants which include training to feel more comfortable in situations where arts and mental health intersect (Compliance, Artistic Process and Mental Health Knowledge). Based on the conversations in the focus group and answers to open ended survey questions, a capacity building program where the funding would be granted to one organization or partner organizations to create and run a comprehensive program throughout Yolo County would be most successful.

The second would be ongoing funding for programming brought forward by artists, arts organizations and mental health providers. Because the ideas for training and

programming already exist, we are recommending a grant program to solicit ideas from the community which is already working in the field.

These grant programs do not need to be administered by Yolo County. Yolo Community Foundation, Yolo Arts, or a Health System would be examples of organizations that already run successful regranting programs. The grants can be funded with government funds or private entity funds.

Introduction

The Executive Summary shared an overview of the project, the findings and the recommendations. The following sections of the report provide additional detail and statistics from the research to back up the findings and recommendations. In addition, the appendix includes the research data, definition sheet and Yolo County grant metrics.

History

In July 2021, Davis Arts Center submitted an American Rescue Plan (ARP) funding idea, through the Yolo County submission portal for an assessment of the needs around supporting mental health practitioners using art in Yolo County. The ARP proposals went through an internal review process in Yolo County and this proposal was recommended to be funded. On October 1, 2022, Yolo County awarded Davis Arts Center a contract to complete a four-phase scope of work⁵.

Process

The scope of work was conducted in four phases.

Phase	Timeline	Key Milestones
1	October - December 2022	Planning and preparation for data collection
2	January 2023 - September 2023	Data Collection <ul style="list-style-type: none">● Focus group● Interviews and follow up with providers● Gather information for terminology guide
3	October - November 2023	Data Collection and Analysis <ul style="list-style-type: none">● Develop and administer surveys to mental health providers, artists and administrators● Analyze results
4	December 2023	Report <ul style="list-style-type: none">● Draft report● Submit to Yolo County

⁵ Scope of work is included as an appendix

Focus Group

We conducted one focus group in January 2023. The focus group was led by Strengths Coaching for Everyone Principal, Jennifer Collier. During the focus group, attendees responded to questions about arts engagement that supported mental health client(s) and providers, art experiences that create connections with others who struggle with isolation, barriers mental health providers experience in reaching audiences who need the services, and how to support mental health providers and artists.

The format of the focus group was to have the mental health providers share stories about their challenges and successes in providing mental health services and art by answering the following questions:

1. In your role as a mental health provider, what is the best example of arts engagement that supported your client(s) and you?
2. What art experiences create connections with others who struggle with isolation?
3. There is little to no stigma to attending an art class, but there may be a stigma in accessing mental health services. What are the barriers you experience in connecting services with your community? And support its sustainability?
4. What three elements need to be included in the Yolo County Arts and Mental Health plan?
5. As a mental health provider, what do you need to connect with local artists and arts organizations?

The artists took notes and listened. After the listening session, the group selected 6 themes that they heard and grouped the key takeaways in each of the 6 themes. Representatives from the following organizations participated in the focus group: Communicare, Davis Arts Center, Davis Chorale, Davis Shakespeare Festival, Empower Yolo, Pence Gallery, RISE, Yolo Arts, and Yolo County Children's Alliance.

Focus Group Results

The focus group results are grouped into six themes and the key takeaways from each theme.

Theme 1: Art integration with existing systems

Key Takeaways:

- Bringing artists to a space or planned event.
- Help institutions find artists.

- Artists presenting and teaching to agencies and providers (Train the Trainer model).

Theme 2: Create a shared language for artists and mental health providers

Key Takeaways:

- Understand that artists are not therapists unless they have an art therapy license.
- Shared language creates more accessibility and representation and removes barriers artist might feel in working in a mental health space.

Theme 3: Bring artists into community projects

Key Takeaways:

- Promote a sense of belonging, being investing in community and being valued, especially for youth.
- The community coming together helps with relationships and community resource knowledge.

Theme 4: Connection

Key Takeaways:

- Group experiences build connection and establish trust.
- Process based that doesn't rely on outcome.
- Art that encourages people to just show up - easy going activities.
- Providing validation of people experiences.
- Opportunity for sharing.... Or not.

Theme 5: Process vs product

Key Takeaways:

Normalize process is art, no grade or judgment and that art is many different forms
Cultural considering of projects.

Art process is healthy - emphasis on body/sensation/experience in process.

Few in any evidenced based studies of art process and mental health - leads to lack of funding.

Theme 6: Art gives a customized experience to the artist, similar to what is needed in mental health services.

Key Takeaways:

- Customized experience acknowledges culture of individuals and groups.
- Connection to nature.
- Knowing who we are serving, specific audience.
- Building trust and creating a safe space.

Survey

Davis Arts Center drafted a survey informed by the focus group results, the Yolo County Roadmap for Children and Youth, the County's MHSA funding cycle, and the State of CA's proposals to update Mental Health Service Act funding. The survey was conducted through the Survey Monkey platform in November and December 2023. The survey separated respondents into 4 categories, artists, arts administrators, mental health providers, and mental health administrators. The survey was sent via email to 88 individuals and organizations working in these fields in Yolo County. In addition, Arts Alliance Davis, Davis Arts Center, Resilient Yolo, and Yolo Arts sent out the survey to their listservs.

After the initial response period, Davis Arts Center evaluated gaps in the survey respondents and asked the Members of the Yolo County Board of Supervisors to send out the survey to make sure we had respondents from all areas of the County. It is worth noting that the survey respondents may have already had an affinity to working in the intersection of mental health and the arts, so results may be more positive than a dataset that was statistically sampled from the general population. Although the trends may be accurate, this should just be noted when reviewing the data.

During the outreach, we had a number of survey respondents with nonsensical answers or respondents which only responded to the multiple-choice answers and used invalid email addresses. We labeled these as spam responses. In order to stop this, we changed the survey to require at least one response to open ended questions, which eliminated the spam answers to the survey. During the survey analysis phase, we used the following process to remove spam data and preserve Yolo County data. First, we filtered out data that did not answer any open-ended questions. Secondly, we filtered out data from identical IP addresses. Third, we reviewed the filtered data to make sure that there were no responses from email addresses from organizations located in Yolo County and added them back in.⁶

Definitions

As we were conducting this work, we realized that art and mental health fields use words that are not known or defined to each other and the general public. Definitions used in this report and commonly in the field needed to be defined. We have taken these terms and defined them using publicly available information from trusted internet

⁶ Survey questions are included in an appendix

sources. The definitions are included as an appendix⁷ and are meant to guide shared understanding of mental health and arts terms.

Findings

Strengths

(natural capacity for optimal functioning and performance⁴)

- S1. **Individual artists are working with mental health providers.** 50% of artist respondents are currently working with social service providers and/or therapists across settings.
- S2. **Mental health practitioners and social service organization administrators are interested in incorporating art into their practice and artists into their community events.** Those in mental health see many benefits of incorporating art into their practice, with 100% of mental health practitioners and social service organization administrator respondents somewhat to strongly agreeing that it will reduce stigma around accessing mental health services, result in better treatment outcomes for clients, help reach more people, and support the mental health of providers. Of note:
- 95% agree/strongly agree it will help to reach more clients
 - Over 40% agree/strongly agree it will have better treatment outcome for clients
- S3. **If an artist and mental health provider work together, they almost always want to continue working to combine mental health and art.** Of artists who agree/strongly agree they have experience working in settings to support mental health services (n=15), 93% agree/strongly agree they are comfortable doing so (with just 1 reporting somewhat agree). In other words, no artist with experience in a mental health setting disagrees they would be comfortable with doing so again.

Opportunities

(opportunities as situations or issues with a high likelihood of positive success⁴)

- O1. **There is a greater likelihood of long-term sustainability of mental health and arts programs if the collaboration exists at the organization level instead of individual level.** Most of the current programs rely on individuals who care about mental health and the arts, there are very few examples of organizational collaboration in long-term programming.
- O2. **Mental health organizations are not asking artists to work with them because of lack of funding and lack of integration between the two fields.** We did not find any long-term institutional funding or collaborative spaces that

⁷ Definitions are included as an appendix

were cited in our research as available to arts organizations and mental health professionals. As a result, all the collaboration was on an individual level and ad hoc. The only collaborative space cited was Resilient Yolo.

- O3. **Despite mental health providers believing that incorporating art will increase their workload, the long-term benefits make them willing to try.** While just 20% of mental health practitioners agree/strongly agree that incorporating art into their practice will reduce their workload, 93% agree/strongly agree they are interested in doing so.
- O4. **Collaborative spaces to engaging artists is important.** While 93% of mental health practitioners strongly agree that they are interested in incorporating art, just 64% are comfortable doing so – as compared to 83% of artists who strongly agree they are comfortable working with social service providers and/or therapists.
- O5. **Funding and training would reduce the two primary challenges stated by practitioners and artists.** The primary challenge to incorporating art in mental health services is funding. The secondary concern is training of both mental health practitioners and artists.
- a. Training should address building a common language and insurance/compliance, as those are also concerns for some practitioners and administrators.
 - b. When engaging in community events, just 42% of practitioners confirming paying involved artists and just 65% of artists confirm being paid.

Aspirations

(vision and support of a long-term strategy that drives operational strategy⁴)

- A1. **Partnerships should be developed between Arts organizations and social services organizations to drive long term sustainability and funding in this space.**
- A2. **Community events consistently collaborate with artists and Mental health providers know how to contact an artist when they want to.**
- A3. **Incorporating artists into the mental health space, while 80% do not believe it will decrease the workload, they are interested in doing so due to the potential for long term positive outcomes.**

Results

(goals and outcomes and to complete tasks⁴)

- R1. **Institutional funding available for arts and mental health.**
- R2. **Creation or identification of collaborative spaces and events for mental health and arts professionals.**
- R3. **Increase of artists working with mental health professionals.**

R4. Creation and use of training to prepare artists and mental health professionals to work together.

Recommendations

The mental health and arts community already working in this space is very thoughtful on what is needed, so the simplest way for this to be accomplished would be through a two-pronged grant program. The focus group and survey results show that even if you have the training and desire to combine arts and mental health, the barrier will be funding for the programs.

The first funding opportunity would be to provide funding to develop a capacity building program. The program should cover needs described by focus group and survey participants which include training to feel more comfortable in situations where arts and mental health intersect (Compliance, Artistic Process and Mental Health Knowledge). Based on the conversations in the focus group and answers to open ended survey questions, a capacity building program where the funding would be granted to one organization or partner organizations to create and run a comprehensive program throughout Yolo County would be most successful.

The second would be ongoing funding for programming brought forward by artists, arts organizations and mental health providers. Because the ideas for training and programming already exist, we are recommending a grant program to solicit ideas from the community which is already working in the field.

These grant programs do not need to be administered by Yolo County. Yolo Community Foundation, Yolo Arts, or a Health System would be examples of organizations that already run successful regranteeing programs. The grants can be funded with government funds or private entity funds.

Acknowledgements

Davis Arts Center would like to thank the many people and organizations that made this possible. First the American Rescue Plan Mental Health Working Group that recommended this research for funding and the County of Yolo staff and Board of Supervisors who funded and stewarded the contract through.

The Focus Group Facilitator and participants including Strengths Coaching for Everyone Principal, Jennifer Collier and representatives from Communicare, Davis Arts Center, Davis Chorale, Davis Shakespeare Festival, Empower Yolo, Pence Gallery, RISE, Yolo Arts, and Yolo County Children’s Alliance. The survey participants and organizations that helped reach people to complete the survey including Arts Alliance Davis, Resilient

Yolo, and Yolo Arts who sent the survey to their listservs and the over 80 individuals, mental health organizations, arts organizations who received the survey, posted on social media and reached out to their contacts.

Additional acknowledgements go to Davis Arts Center staff who supported the focus group, survey, analysis of the data and writing of the report: Stacey Vetter, Roshelle Carlson, Nicole Hebert, Alissa Ginsberg, and Stacie Frerichs.

Appendix 1: Definition Sheet

Terms	Definition	Source
	<p>the expression or application of human creative skill and imagination, typically in a visual form such as painting or sculpture, producing works to be appreciated primarily for their beauty or emotional power.</p> <p>works produced by human creative skill and imagination.</p> <p>creative activity resulting in the production of paintings, drawings, or sculpture.</p> <p>the various branches of creative activity, such as painting, music, literature, and dance.</p> <p>subjects of study primarily concerned with the processes and products of human creativity and social life, such as languages, literature, and history (as contrasted with scientific or technical subjects).</p>	<p>Oxford Languages</p> <p>https://www.google.com/search?scas_eav=592013681&q=art+meaning&si=ALGX5tb8j3fDIUf6bCJ6hazsgdHS50koBO9OWxLEFnkclje40GWykySM0qXVTvMkwJz0V u4rDlo5Gk9oGFZhEWs6Tugv92DM-B22V7HcnC5111d-DKk%3D&expnd=1&sa=X&sq=2&ved=2ahUKEwjwhBnDoZqDAxUhLEQIHc5EAicQyNoBKAB6B6AgREAA&biw=1320&bih=673&dpr=2&ictx=1</p>
art	a skill at doing a specified thing, typically one acquired through practice	
artist	a person who creates art (such as painting, sculpture, music, or writing) using conscious skill and creative imagination	https://www.merriam-webster.com/dictionary/artist
art collective	Loosely defined, an art collective is a group of artists working together to achieve a common objective	https://www.late.org.uk/art/art-terms/c/collective
mental health services	Mental health services means beneficial activities, which aim to overcome issues involving emotional disturbance of maladaptive behavior adversely affecting socialization, learning, or development. These include and are limited to individual, group, family therapy, evaluation services and medication management.	https://www.lawinsider.com/dictionary/mental-health-services?cursor=CmMSXWoVc35eYXdpbNpZGVVY29udHJhY3Rzcj8LEhpEZWZpbml0aW9uU25pcHBlEdyb3VwX3Y0MSIibWVudGFsLWhhYX0aC1zZXJ2aWNlcyMwMDAwMDAwYQyAQJlbhgAIAA%3D
mental health practitioner/provider	Mental health providers identify and treat mental health conditions. Most have at least a master's degree. Some may have a higher level of education, training and credentials. Make sure that the provider you choose is licensed to offer mental health services. Licensing and services depend on the provider's training, specialty area and state law.	https://www.mayoclinic.org/diseases-conditions/mental-illness/in-depth/mental-health-providers/art-20045530#:~:text=Mental%20health%20providers%20define%20and,to%20offer%20mental%20health%20services.
social service provider	Social service providers include any governmental or nongovernmental public service programs that offer benefits and services around a host of basic human needs. These include, for example, providers that help families with food subsidies, health care, child care subsidies, job training, subsidized housing and homelessness, adoption, community management, early childhood screening, youth development services, runaway and homeless youth, and child welfare services.	https://www.urban.org/sites/default/files/actor-stabilizing-childrens-lives-social-service-providers.pdf
therapist	According to the Collins English Dictionary, the word "therapist" can be defined as "a person who is skilled in a particular type of therapy." Therapists can work across many different kinds of therapy, ranging from massage therapy to help people relax, to physical and psychological therapy. Even within the field of mental health counseling, there can be different types of therapists that specialize in different areas of mental wellness.	https://www.betterhelp.com/advice/therapy/what-is-a-therapist-meaning-mindset-and-expertise/
art therapy	Art therapists are clinicians with master's-level or higher degrees trained in art and therapy that serve diverse communities in different settings—from medical institutions and wellness centers, to schools and independent practices. Guided by ethical standards and scope of practice, their education and supervised training prepares them for culturally proficient work with diverse populations in a variety of settings. They are credentialed mental health care professionals who care deeply about the communities they support, helping to advance people's mental, emotional, and physical well-being.	https://arttherapy.org/about-art-therapy/
community outreach	Social workers and community outreach programs provide the only support for struggling individuals and families in many cases. It's also a growing area of social work. The separation between those with adequate financial means and those without has grown in the 21st century. Community outreach helps bridge this gap by connecting individuals to the help they need while also developing programs to benefit entire communities.	https://www.luw.edu/school-news/importance-of-community-outreach/

Appendix

Term	Definition	Source link
individual therapy	Individual therapy involves one client and a mental health provider, such as a therapist, psychologist, social worker, or counselor. Individual therapy treatment helps clients create goals surrounding specific challenges, such as mental illness, stress, loss, dependency, or unwanted thoughts and behaviors.	https://www.betterhelp.com/advice/therapy/what-is-individual-therapy-and-how-does-it-work/
group therapy	Group therapy is a form of psychotherapy that involves one or more therapists working with several people at the same time. This type of therapy is widely available at a variety of locations including private therapeutic practices, hospitals, mental health clinics, and community centers.	https://www.verywellmind.com/what-is-group-therapy-2795760
non-therapy support groups	<p>A support group is a gathering of people facing common issues to share what's troubling them. Through the sharing of experiences, they're able to offer support, encouragement, and comfort to the other group members, and receive the same in return.</p> <p>Support groups may be offered by a nonprofit advocacy organization, clinic, hospital or community organization. They also may be independent of any organization and run entirely by group members.</p>	<p>https://www.helpguide.org/articles/therapy-medication/support-groups.htm</p> <p>https://www.mayoclinic.org/healthy-lifestyle/stress-management/in-depth/support-groups/art-20044655</p>
social service setting	Social service settings can vary widely—examples can include child welfare agencies, local community based youth programs, or shelters for abused women or homeless families.	https://www.socialworkers.org/LinkClick.aspx?fileticket=cPGKXbFAxw%3D&portalid=0#:~:text=Social%20service%20settings%20can%20vary,abused%20women%20or%20homeless%20families.
non profit organization	<p>The term is meant to describe a nonprofit organization not operating primarily to make a profit. Instead it an organization whose mission focuses on furthering a social cause or a shared goal or mission.</p> <p>A nonprofit organization is one that qualifies for tax-exempt status by the IRS because its mission and purpose are to further a social cause and provide a public benefit. Nonprofit organizations include hospitals, universities, national charities, and foundations.</p>	<p>https://www.foundationlist.org/news/what-is-a-nonprofit-the-types-of-nonprofits-definitions/#:~:text=The%20Definition%20of%20E2%80%9CNonprofit%E2%80%9D,a%20shared%20goal%20or%20mission.</p> <p>https://www.uschamber.com/co/start/strategy/nonprofit-vs-not-for-profit-vs-for-profit</p>
for profit organization	A for-profit organization is one that operates with the goal of making money. Most businesses are for-profits that serve their customers by selling a product or service. The business owner earns an income from the profit and may also pay shareholders and investors from the profits.	https://www.uschamber.com/co/start/strategy/nonprofit-vs-not-for-profit-vs-for-profit
tribal entity	<p>A federally recognized tribe is an American Indian or Alaska Native tribal entity that is recognized as having a government-to-government relationship with the United States, with the responsibilities, powers, limitations, and obligations attached to that designation, and is eligible for funding and services from the Bureau of Indian Affairs.</p> <p>Furthermore, federally recognized tribes are recognized as possessing certain inherent rights of self-government (i.e., tribal sovereignty) and are entitled to receive certain federal benefits, services, and protections because of their special relationship with the United States. At present, there are 574 federally recognized American Indian and Alaska Native tribes and villages.</p>	https://www.bia.gov/frequently-asked-questions#:~:text=A%20federally%20recognized%20tribe%20is, funding%20and%20services%20from%20the
welfare check	<p>A welfare check, also known as a "wellness check," is a public service you can request of police officers if you believe someone you know may be in danger. The officer will visit the person to ensure they are not in trouble.</p> <p>When the police perform these checks, it falls outside the boundaries of "law enforcement." The officers involved are generally not investigating crimes but acting as a community resource.</p> <p>A welfare check, also known as a wellness check, is when police stop by a person's home to make sure they are okay. Requests for welfare checks are made by friends, family, and neighbors, typically after someone unexpectedly stops answer their phone or getting in touch with others.</p>	<p>https://policebrutalitycenter.org/what-is-a-welfare-check/</p> <p>https://thelawdictionary.org/article/what-is-a-police-welfare-check/</p>

Appendix

Term	Definition	Source link
treatment	a therapeutic agent, therapy, or procedure used to treat a medical condition the action or way of treating a patient or a condition medically or surgically : management and care to prevent, cure, ameliorate, or slow progression of a medical condition	https://www.merriam-webster.com/dictionary/treatment#:~:text=%3A%20the%20act%20or%20manner%20or,conduct%20or%20behavior%20towards%20another
process (art)	Process Art is about the creative process of making the art, and not about the end product. With no forced directions, process-art encourages children to use different materials to create their very own work of art. The entire process is an experience where children can plan what they will create, explore various materials, discover new tools, and create a truly original piece of art that is like no other	https://reachformontessori.com/process-art-vs-product-art-why-process-art-is-important/#:~:text=Process%20Art%20is%20about%20the,a%20specific%20end%20%E2%80%9Clock%E2%80%9D. https://rutherfordsschoolhouse.com/blog//product-art-vs-process-art
product (art)	Product Art is doing a project to make a particular end product, with a specific end “look”. Product-Art has specific instructions for the children to follow. The teacher watches over them to make sure that the children follow each step to create a project that will look exactly the same as all of the others. Oftentimes the teacher will create a sample beforehand or will cut out and prepare the materials for the children. Children will learn how to follow directions with product-art, and they will develop fine motor skills, but product-art does not stimulate playful creativity or allow children to plan, problem solve, create, or discover things on their own.	https://reachformontessori.com/process-art-vs-product-art-why-process-art-is-important/#:~:text=Process%20Art%20is%20about%20the,a%20specific%20end%20%E2%80%9Clock%E2%80%9D. https://rutherfordsschoolhouse.com/blog//product-art-vs-process-art
American Rescue Act Plan	Fiscal appropriations enacted by the US Federal Government to support individuals, businesses and government entities through the COVID 19 pandemic.	https://www.whitehouse.gov/wp-content/uploads/2021/03/American-Rescue-Plan-Fact-Sheet.pdf
train-the-trainer	The train-the-trainer model is a training framework that turns employees into subject matter experts who can then teach other members of your business or organization.	https://arrowuptraining.com/train-the-trainer-model-what-is-it-benefits-and-where-to-start/
Suicidal ideation	Suicidal ideations (SI), often called suicidal thoughts or ideas, is a broad term used to describe a range of contemplations, wishes, and preoccupations with death and suicide.	https://pubmed.ncbi.nlm.nih.gov/33351435/
K-12	In the United States, students begin formal education around age five or six. Generally, elementary and secondary school grades kindergarten through grade 12 (K-12) are required, after which a student may choose to attend college or university. There are two types of kindergarten through grade 12 (K-12) schools in the United States: public and private.	https://studyinthestates.dhs.gov/students/get-started/kindergarten-to-grade-12-students
Behavioral health	Behavioral health generally refers to mental health and substance use disorders, life stressors and crises, and stress-related physical symptoms. Behavioral health care refers to the prevention, diagnosis and treatment of those conditions.	https://www.ama-assn.org/delivering-care/public-health/what-behavioral-health
Substance abuse	Substance abuse is a pattern of compulsive substance use marked by recurrent significant social, occupational, legal, or interpersonal adverse consequences, such as repeated absences from work or school, arrests, and marital difficulties.	https://www.apa.org/topics/substance-use-abuse-addiction
MHSA process	The Mental Health Services Act (MHSA) was approved by California voters in November 2004 to provide funding to create fundamental changes to the access and delivery of mental health services throughout the state. Once enacted into law in January 2005, it became known as the Mental Health Services Act (MHSA). The MHSA called upon local counties to transform their public mental health systems to achieve the goals of raising awareness, promoting the early identification of mental health problems, making access to treatment easier, improving the effectiveness of services, reducing the use of out-of-home and institutional care, and eliminating stigma toward those with severe mental illness or serious emotional disturbance.	https://www.sfdph.org/dph/comupq/6services/mental/hih/MHSA/default.asp

Appendix 2: Yolo County Metrics

of surveys sent

The survey was sent via email to 88 individuals and organizations working in these fields in Yolo County. In addition, Resilient Yolo, Yolo Arts, Arts Alliance Davis and Davis Arts Center sent out the survey to their listservs. After the initial response period, Davis Arts Center evaluated gaps in the survey respondents and asked for the Yolo County Board of Supervisor members to send out the survey to make sure we had respondents from all areas of the County.

focus groups

We conducted one focus group in January 2023. The focus group was led by Strengths Coaching for Everyone Principal, Jennifer Collier. During the focus group, attendees responded to questions about arts engagement that supported mental health client(s) and providers, art experiences that create connections with others who struggle with isolation, barriers mental health providers experience in reaching audiences who need the services, and how to support mental health providers and artists

of providers that gave feedback

62 people responded to the survey and Communicare, Davis Arts Center, Davis Chorale, Davis Shakespeare Festival, Empower Yolo, Pence Gallery, RISE, Yolo Arts, and Yolo County Children’s Alliance participated in the focus group, so a total of 71 mental health and/or arts providers gave feedback for the research.

county regions that input was collected

In which parts of Yolo County do you provide services? Select all that apply./In which parts of Yolo County does your art reach? Select all that apply	Mental health practitioner	Artist	Arts organization administrator	Social service organization administrator
Clarksburg	3	2	1	1
Davis	9	22	8	2
Dunnigan/Knights Landing	2	1	2	2
Esparto	4	4	1	0
West Sacramento	7	6	5	3
Winters	2	6	6	3
Woodland	4	10	5	4
I do not work in Yolo County	2	2	0	0
Other unincorporated parts of Yolo County		2	2	1

Appendix 3: Statement of Work

(Attachment 5 from Subaward approved by the Board of Supervisors on 9/27/2022)

ATTACHMENT 5 STATEMENT OF WORK

Description of the project's purpose and COVID impact

The needs for mental health services have only increased during the COVID19 pandemic and mental health providers and services are stretched thin. Meanwhile, people continue to report that they are unable to access mental health services when they need them. Anecdotally, Davis Arts Center is regularly asked by other nonprofits and mental health providers to support our county's mental health services through art to extend the reach of our mental health system as a direct result of the COVID pandemic.

- Art can provide many benefits:
- Art, as a form of self-expression and telling your story, assists in social emotional wellbeing, providing tools for resilience.
- Art creates connections with other that is a foundational antidote to addiction.
- Art can be a motivator to continue treatment.
- Art can provide a positive experience for people living with mental illness.
- There is little to no stigma to attend an art class but there may be stigma in accessing mental health services.

Many organizations working in mental health field feel that they can better meet the needs of those they serve if there was an art component to this work. Additionally, the program would support the Yolo County Strategic Plan, Goal 1 of Thriving Residents, specifically Outcome 3: Children, Outcome: 4 Aging, and Outcome 5: Behavioral Health.

The goal of this grant would be to develop recommendations for art programming that would work upstream with mental health providers to prevent the need of higher expense interventions or provide a pathway to treatment quicker.

The project's purpose is to evaluate needs and recommend a countywide mental health and the arts programming that extends the upstream reach of Yolo County's mental health sector through art. The plan will focus on providing tools to mental health professionals and those working in the social services to give them tools to reach more Yolo County residents needing mental health support.

Current studies and research indicate that the impact of COVID on our mental health will be long lasting. Even before the pandemic, the research was growing that art is linked to both mental and physical health. In 2019, an overview of research about health and the arts was published, reviewing over 950 scientific articles on this matter.

<https://www.ncbi.nlm.nih.gov/books/NBK553773/> Fancourt D, Finn S. What is the evidence on the role of the arts in improving health and well-being? A scoping review. Copenhagen: WHO Regional Office for Europe; 2019 (Health Evidence Network (HEN) synthesis report 67).

The population being served

Because we are focusing on providers, and then in turn all residents of the county, we believe we will be able to provide recommendations that both cover all the regions of the county and a wide variety of ages, gender, races, and ethnicities.

The desired outcome from the project

The desired outcome is for a document, identifying the strengths, weaknesses, obstacles, and opportunities of using art as an additional tool to reduce stigma, provide wellness checks and early intervention opportunities for Yolo County's Mental health provider community. In addition, our goal is to create recommendations for art and mental health that can be used in the Mental Health Services Act (MHSA) 3-year funding cycle planning.

DAC will define terms, conduct surveys, focus groups, and one on one conversations about the needs of mental health providers in the county and prepare a summary report and recommendations for art and mental health in Yolo County.

How this outcome is being measured

of surveys sent

focus groups

of providers that gave feedback

county regions that input was collected

Report submitted that includes recommendation for county-wide mental health and the arts.

Appendix 4: Survey Questions

Q1. What is your primary role?

Answer Choices

Artist

Mental health practitioner

Social service organization administrator

Arts organization administrator

Questions for Mental Health Practitioners

Q2. In what settings do you provide services? Select all that apply.

Answer Choices

Individual therapy

Group therapy

Non-therapy support groups

Social service settings: call/text hotlines, walk in, home visits, etc

Q3. For what type of organization do you work?

Answer Choices

Nonprofit organization

For profit organization

Self employed

Government or tribal entity

Other (please specify)

Q4. With what age groups do you currently work with? Select all that apply.

Answer Choices

Youth

Teen

Adult

Elderly

Q5. In which parts of Yolo County do you provide services? Select all that apply.

Answer Choices

Clarksburg

Davis

Dunnigan/Knights Landing

Esparto

West Sacramento

Winters

Woodland

Other unincorporated parts of Yolo County

I do not work in Yolo County

Appendix

Q6. What, if any, training have you received in art therapy?

Answer Choices

None

I have an active ATR (Registered Art Therapist) credential

Other (please specify)

Q7. To what extent do you agree with the following statements?

I currently use art in my practice.

I am interested in incorporating art into my practice.

I am comfortable incorporating art into my practice.

Q8. To what extent do you agree with the following statements? Incorporating art into my practice would:

reduce the need for more intensive treatment

reduce stigma around accessing mental health services

be a low-risk way to conduct welfare checks

have better treatment outcomes for my clients

help me reach more people

reduce my workload

support my mental health

Q9. Are there other benefits of incorporating artists into your practice?

Q10. What challenges would you anticipate (or have you experienced) in engaging artists in mental health services?

Q11. Have you experienced any of the following challenges to incorporating art into your practice? Select all that apply.

Answer Choices

Funding

Training of mental health practitioners

Training of artists

Connecting with artists

Adequate space

Using a common language to communicate

Insurance/compliance issues

Other (please specify)

Q12. If you have worked with artists, did you pay them?

Answer Choices

No

Yes

Not sure

N/A - I haven't worked with artists

Appendix

Q13. Are you aware of any funding available to you for engaging artists in your work? Please describe.

Q14. What type of training would you expect an artist to receive prior to working in a mental health services setting?

Q15. What additional information, training, or support would most help you to incorporate art into your practice?

Q16. Does your organization conduct community outreach events to let people know about your services?

Answer Choices

No

Not sure

Yes - Please describe the type of event

Q17. Does your organization use artists to attract people to or build community at your outreach events?

Answer Choices

No

Yes

Not sure

Q18. If no, was there a reason that you didn't engage artists?

Q19. If yes, what type of art did you use? Select all that apply.

Answer Choices

Visual

Theater

Dance

Music

Other (please specify)

Q20. If yes, did you pay the artists?

Answer Choices

Yes

No

Not sure

Q21. Do you have any other thoughts around art and mental health that you would like to share with us?

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Q22. If you were to make a recommendation regarding bringing artists into support mental health practitioners, what would it be?

Q23. What type(s) of art do you create? Select all that apply.

Answer Choices

Visual

Theater

Dance

Music

Other (please specify)

Questions for Artists

Q24. Which of these apply to you? Select all that apply

Answer Choices

I teach art

I am an individual artist

I am part of an art collective

I perform or show work

Other (please specify)

Q25. What type of entity do you work for:

Answer Choices

Nonprofit organization

For profit organization

Self employed

Government or tribal entity

Other (please specify)

Q26. In which parts of Yolo County does your art reach? Select all that apply

Answer Choices

Clarksburg

Davis

Dunnigan/Knights Landing

Esparto

West Sacramento

Winters

Woodland

Other unincorporated parts of Yolo County

I do not work in Yolo County

Q27. Do you currently work with social service providers and/or therapists to incorporate art into their practice?

Answer Choices

No

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Yes

Not sure

Q28. If yes, how and in what settings do you work with mental health practitioners? Select all that apply.

Answer Choices

Individual therapy

Group therapy

Non-therapy support groups

Social service settings: call/text hotlines, walk in, home visits, etc

Q29. To what extent do you agree with the following statements?

I am interested in working with social service providers and/or therapists to incorporate art into their practice.

I am/would be comfortable working with social service providers and/or therapists to incorporate art into their practice.

I have experience working in settings to support mental health services.

I receive requests to support mental health services.

Q30. With what age groups would you be comfortable working in a mental health setting? Select all that apply.

Answer Choices

Youth

Teen

Adult

Elderly

Q31. Have you received training or support on how to work with social service providers and/or therapists?

Answer Choices

Not

Yes

Not sure

Q32. If yes, please describe the training

Q33. If yes, what training and support would you recommend for other artists working in these settings?

Q34. If no, what training or support would make you feel comfortable working with social service providers and/or therapists?

Q35. In which of the following settings would you be interested in working? Select all that apply.

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Answer Choices

Individual therapy

Group therapy

Non-therapy support groups

Social service settings: call/text hotlines, walk in, home visits, etc

Q36. Have you participated in a community outreach event for a mental health provider or cause?

Answer Choices

No

Yes

Not sure

Q37. If yes, what type of event was it?

Q38. If yes, what type of art did you provide? Select all that apply

Answer Choices

Visual

Theater

Dance

Music

Other (please specify)

Q39. If yes, were you paid?

Answer Choices

Yes

No

Not sure

Q40. If no, would you be interested in participating in community outreach events?

Q41. Do you have any other thoughts around art and mental health that you would like to share with us?

Q42. If you were to make a recommendation regarding bringing artists into support mental health practitioners, what would it be?

Questions for Administrators of Social Service Organizations

Q43. In what settings does your organization provide services? Select all that apply.

Answer Choices

Individual therapy

Group therapy

Non-therapy support groups

Social service settings: call/text hotlines, walk in, home visits, etc

Appendix

Other (please specify)

Q44. What type of provider is your organization:

Answer Choices

Nonprofit organization

For profit organization

Self employed

Government or Tribal entity

Other (please specify)

Q45. With what age groups does your organization currently work with? Select all that apply.

Answer Choices

Youth

Teen

Adult

Elderly

Q46. In which parts of Yolo County do you provide services? Select all that apply.

Answer Choices

Clarksburg

Davis

Dunnigan/Knights Landing

Esparto

West Sacramento

Winters

Woodland

Other unincorporated parts of Yolo County

I do not work in Yolo County

Q47. In which of the following settings has your organization engaged artists? Select all that apply.

Answer Choices

Individual therapy

Group therapy

Non-therapy support groups

Social service settings: call/text hotlines, walk in, home visits, etc

Other (please specify)

Q48. Does your organization employ art therapists?

Answer Choices

No

Yes - with an ATR (Registered Art Therapist) credential

Yes - non-credentialed art therapists (please describe)

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Q49. To what extent do you agree with the following statements? (Strongly disagree, disagree, somewhat disagree, somewhat agree, agree, strongly agree)

We currently work with artists in our organization

We are interested in incorporating artists into our organization

We are comfortable incorporating artists into our organization

Q50. To what extent do you agree with the following statements? Incorporating art into our organization would:

reduce the need for more intensive treatment

reduce stigma around accessing mental health services

be a low-risk way to conduct welfare checks

have better treatment outcomes for our clients

help us reach more people

reduce our employee's workload

support our employee's mental health

Q51. Do you see a benefit to engaging artists into your organization's work? If yes, please describe the benefit(s).

Q52. What challenges would you anticipate (or have you experienced) in engaging artists in mental health services? Select all that apply.

Answer Choices

Funding

Training of mental health practitioners

Training of artists

Connecting with artists

Adequate space

Using a common language to communicate

Insurance/Compliance issues

Other (please specify)

Q53. We are interested in learning more about the administrative requirements for engaging artists in mental health services. What would be your key considerations in planning for the lead time, budget, and other operational aspects (e.g., for a community event, support group activity, or home visit)?

Q54. Have you utilized art to support the well-being and/or mental health of your employees? If yes, please describe.

Q55. Do you have any other thoughts around art and mental health that you would like to share with us?

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Q56. If you were to make a recommendation regarding bringing artists into support mental health practitioners, what would it be?

Questions for Administrators of Arts Organizations

Q57. What type(s) of art does your organization create and/or support? Select all that apply.

Answer Choices

Visual

Theater

Dance

Music

Other (please specify)

Q58. In what ways does your organization engage with art? Select all that apply

Answer Choices

Classes

Space for individual artists

We create art in the community spaces

Perform or show work

Other (please specify)

Q59. What type of provider is your organization:

Answer Choices

Nonprofit organization

For profit organization

Self-employed/Artist collective with no official nonprofit or for-profit organization

Government or tribal entity

Other (please specify)

Q60. With what age groups do your organization currently work with? Select all that apply.

Answer Choices

Youth

Teen

Adult

Elderly

Q61. In which parts of Yolo County does your organization reach? Select all that apply.

Answer Choices

Clarksburg

Davis

Dunnigan/Knights Landing

Esparto

West Sacramento

Winters

Woodland

Appendix

Other unincorporated parts of Yolo County

We do not work in Yolo County

Q62. Does your organization currently work with social service providers and/or therapists to incorporate art into their practice?

Answer Choices

No

Yes

Not sure

Q63. If yes, please describe how and in what settings your organization works with mental health practitioners. Select all that apply.

Answer Choices

Individual therapy

Group therapy

Non-therapy support groups

Social service settings: call/text hotlines, walk in, home visits, etc

Other (please specify)

Q64. To what extent do you agree with the following statements? (Strongly Disagree, Disagree, Neither Agree nor Disagree, Agree, Strongly Agree)

Our organization is interested in working with social service providers and/or therapists to incorporate art into their practice.

Our organization is comfortable working with social service providers and/or therapists to incorporate art into their practice.

Q65. With what age groups would your organization be interested in working in a mental health setting? Select all that apply.

Answer Choices

Youth

Teen

Adult

Elderly

Q66. Has your organization received training or support on how to work with social service providers and/or therapists?

Answer Choices

No

Yes

Not sure

Q67. If yes, please describe.

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Q68. If yes, what training and support would you recommend for other artists working in these settings?

Q69. If no, what training or support would make artists in your organization feel comfortable working with social service providers and/or therapists?

Q70. In which of the following settings would you be interested in working? Select all that apply.

Answer Choices

Individual therapy

Group therapy

Non-therapy support groups

Social service settings: call/text hotlines, walk in, home visits, etc

Q71. Has your organization participated in a community outreach event for a mental health provider or cause?

Answer Choices

Yes

No

Not sure

Q72. If yes, what type of event was it?

Q73. If yes, what type of art did you provide?

Answer Choices

Visual

Theater

Dance

Music

Other (please specify)

Q74. If yes, were you paid?

Answer Choices

Yes

No

Not sure

Q75. If your organization has not participated in a community outreach event for a mental health provider or cause, would you be interested in participating?

Answer Choices

Yes

No

Not sure

Appendix

Q76. What challenges would you anticipate (or have you experienced) in engaging with mental health services? Select all that apply.

Answer Choices

Funding

Training of mental health practitioners

Training of artists

Connecting with artists

Adequate space

Using a common language to communicate

Insurance/Compliance issues

Other (please specify)

Q77. We are interested in learning more about the administrative requirements for engaging artists in mental health services. What would be your key considerations in planning for the lead time, budget, and other operational aspects (e.g., for a community event, support group activity, or home visit)?

Q78. Have you utilized mental health services to support the well-being and/or mental health of your artists? If yes, please describe.

Q79. Do you have any other thoughts around art and mental health that you would like to share with us?

Q80. If you were to make a recommendation regarding bringing artists into support mental health practitioners, what would it be?

Q81. Where in Yolo County do you live?

Answer Choices

Clarksburg

Davis

Dunnigan/Knights Landing

Esparto

West Sacramento

Winters

Woodland

Other unincorporated parts of Yolo County

I do not live in Yolo County

Q82. Which race/ethnicity best describes you? (Please choose only one.)

Answer Choices

American Indian or Alaskan Native

Asian / Pacific Islander

Black or African American

Hispanic

Appendix

White / Caucasian

Multiple ethnicity/ Other (please specify)

Q83. Which of the following options most closely aligns with your gender?

Answer Choices

Female

Male

Non-binary

A gender not listed here

Prefer not to answer

Q84. Would you be willing to participate in a follow-up conversation on your responses? If you are open to being contacted, please share your email below.

Answer Choices

No

Yes, I am open to being contacted (enter your email)

Appendix 5: Survey Responses

What is your primary role?				
Artist	30			
Arts organization administrator	10			
Mental health practitioner	16			
Social service organization administrator	6			
Total	62			

For what type of organization do you work? /What type of provider is your organization:	Mental health practitioner	Artist	Arts organization administrator	Social service organization administrator
For profit organization	3	3	1	1
Government or tribal entity	3	5	1	0
Nonprofit organization	6	8	6	3
Other	1	3	1	0
Self employed	2	11	1	2

In which parts of Yolo County do you provide services? Select all that apply. /In which parts of Yolo County does your art reach? Select all that apply	Mental health practitioner	Artist	Arts organization administrator	Social service organization administrator
Clarksburg	3	2	1	1
Davis	9	22	8	2
Dunnigan/Knights Landing	2	1	2	2
Esparto	4	4	1	0
West Sacramento	7	6	5	3
Winters	2	6	6	3
Woodland	4	10	5	4
I do not work in Yolo County	2	2	0	0
Other unincorporated parts of Yolo County		2	2	1

Demographics

Gender	Artist	Arts organization administrator	Mental health practitioner	Social service organization administrator
A gender not listed here	1			
Female	18	8	10	6
Male	10	2	6	
(blank)	1			

Race/Ethnicity	Artist	Arts organization administrator	Mental health practitioner	Social service organization administrator
American Indian or Alaskan Native				1
Black or African American			1	1
Hispanic	1		4	1
Multiple ethnicity/ Other (please specify)	4			
White / Caucasian	24	9	10	3
(blank)	1	1	1	

Appendix

Mental health practitioner		Social service organization administrator	
n		n	
16		6	
Settings			
In what settings do you provide services? Select all that apply.		In what settings does your organization provide services? Select all that apply.	
Individual therapy	10	Individual therapy	1
Group therapy	11	Group therapy	4
Non-therapy support groups	6	Non-therapy support groups	1
Social service settings: call/text hotlines, walk in, home visits, etc	5	Social service settings: call/text hotlines, walk in, home visits, etc	2
		In which of the following settings has your organization engaged artists? Select all that apply.	
		Individual therapy	2
		Group therapy	1
		Non-therapy support groups	2
		Social service settings: call/text hotlines, walk in, home visits, etc	2
		Other	1
Age Groups			
With what age groups do you currently work with? Select all that apply.		With what age groups do you currently work with? Select all that apply.	
Youth	11	Youth	0
Teen	12	Teen	3
Adult	9	Adult	3
Elderly	3	Elderly	4
Current Integration			
		Does your organization employ art therapists?	
		No	3
		Yes - with a ATR (Registered Art Therapist) credential	3
		Yes - non-credentialed art therapists (please describe)	0
I currently use art in my practice.		We currently work with artists in our organization	
Agree	4	Agree	3
Somewhat Agree	4	Strongly Agree	1
Somewhat Disagree	1	Strongly Disagree	1
Strongly Agree	6		
(blank)	1		
Training			
What, if any, training have you received in art therapy?			
I have an active ATR (Registered Art Therapist) credential	6		
None	4		
Other (please specify)	6		

Appendix

Mental health practitioner		Social service organization administrator	
Beliefs			
I am interested in incorporating art into my practice.	Practitioner	We are interested in incorporating artists into our organization	
Strongly Disagree	0	Strongly Disagree	0
Disagree	0	Disagree	0
Somewhat Disagree	0	Somewhat Disagree	0
Somewhat Agree	1	Somewhat Agree	0
Agree	3	Agree	4
Strongly Agree	10	Strongly Agree	2
(blank)	2		
I am comfortable incorporating art into my practice.	Practitioner	We are comfortable incorporating artists into our organization	
Strongly Disagree	0	Strongly Disagree	0
Disagree	0	Disagree	0
Somewhat Disagree	0	Somewhat Disagree	0
Somewhat Agree	5	Somewhat Agree	0
Agree	4	Agree	4
Strongly Agree	5	Strongly Agree	2
(blank)	2		
Incorporating art into my practice would: reduce the need for more intensive treatment	Practitioner	Incorporating art into my practice would: reduce the need for more intensive treatment	
Strongly Disagree	0	Strongly Disagree	1
Disagree	1	Disagree	0
Somewhat Disagree	1	Somewhat Disagree	0
Somewhat Agree	6	Somewhat Agree	1
Agree	4	Agree	2
Strongly Agree	3	Strongly Agree	2
(blank)	1		
Incorporating art into my practice would: reduce stigma around accessing mental health services	Practitioner	Incorporating art into my practice would: reduce stigma around accessing mental health services	
Strongly Disagree	0	Strongly Disagree	0
Disagree	0	Disagree	0
Somewhat Disagree	0	Somewhat Disagree	0
Somewhat Agree	2	Somewhat Agree	0
Agree	10	Agree	3
Strongly Agree	3	Strongly Agree	3
(blank)	1		

Appendix

Mental health practitioner		Social service organization administrator	
Beliefs (continued)			
Incorporating art into my practice would: be a low risk way to conduct welfare checks	Practitioner	Incorporating art into my practice would: be a low risk way to conduct welfare checks	
Strongly Disagree	0	Strongly Disagree	1
Disagree	1	Disagree	0
Somewhat Disagree	4	Somewhat Disagree	0
Somewhat Agree	2	Somewhat Agree	0
Agree	5	Agree	3
Strongly Agree	3	Strongly Agree	2
(blank)	1		
Incorporating art into my practice would: have better treatment outcomes for my clients		Incorporating art into my practice would: have better treatment outcomes for our clients	
Strongly Disagree	0	Strongly Disagree	0
Disagree	0	Disagree	0
Somewhat Disagree	0	Somewhat Disagree	0
Somewhat Agree	3	Somewhat Agree	0
Agree	7	Agree	3
Strongly Agree	6	Strongly Agree	3
Incorporating art into my practice would: help me reach more people		Incorporating art into my practice would: help us reach more people	
Strongly Disagree		Strongly Disagree	0
Disagree		Disagree	0
Somewhat Disagree		Somewhat Disagree	0
Somewhat Agree	0	Somewhat Agree	1
Agree	9	Agree	3
Strongly Agree	6	Strongly Agree	2
(blank)	1		
Incorporating art into my practice would: reduce my workload		Incorporating art into my practice would: reduce our employees workload	
Strongly Disagree	1	Strongly Disagree	0
Disagree	0	Disagree	1
Somewhat Disagree	5	Somewhat Disagree	0
Somewhat Agree	6	Somewhat Agree	2
Agree	2	Agree	2
Strongly Agree	1	Strongly Agree	1
(blank)	1		
Incorporating art into my practice would: support my mental health		Incorporating art into my practice would: support our employees mental health	
Strongly Disagree	0	Strongly Disagree	0
Disagree	0	Disagree	0
Somewhat Disagree	0	Somewhat Disagree	0
Somewhat Agree	2	Somewhat Agree	1
Agree	8	Agree	3
Strongly Agree	6	Strongly Agree	2

Appendix

Mental health practitioner		Social service organization administrator	
Challenges			
Have you experienced any of the following challenges to incorporating art into your practice? Select all that apply.		What challenges would you anticipate (or have you experienced) in engaging artists in mental health services? Select all that apply.	
Funding	9	Funding	3
Training of mental health practitioners	9	Training of mental health practitioners	2
Connecting with artists	8	Connecting with artists	3
Training of artists	8	Training of artists	2
Adequate space	8	Adequate space	2
Using a common language to communicate	3	Using a common language to communicate	3
Insurance/compliance issues	4	Insurance/compliance issues	1
Other (please specify)	1	Other (please specify)	0
Events			
Does your organization conduct community outreach events to let people know about your services?			
No	6		
Not sure	5		
Yes - Please describe the type of event	5		
Does your organization use artists to attract people to or build community at your outreach events?			
Yes	7		
No	6		
Not sure	3		
<i>if no, it was primarily because of funding</i>			
If yes, what type of art did you use? Select all that apply.			
Visual	7		
Theater	3		
Dance	5		
Music	3		
Other	1		
If yes, did you pay the artists?			
Yes	5		
No	4		
Not sure	3		

Appendix

Artist		Arts organization administrator	
n	30	n	10
Settings			
In which of the following settings would you be interested in working? Select all that apply.		In which of the following settings would you be interested in working? Select all that apply.	
Individual therapy	20	Individual therapy	1
Group therapy	18	Group therapy	6
Non-therapy support groups	16	Non-therapy support groups	9
Social service settings: call/text hotlines, walk in, home visits, etc	11	Social service settings: call/text hotlines, walk in, home visits, etc	9
Type of Art			
What type(s) of art do you create? Select all that apply.		What type(s) of art does your organization create and/or support? Select all that apply.	
Visual	15	Visual	6
Theater	6	Theater	3
Dance	7	Dance	3
Music	9	Music	4
Other	3	Other	4
Which of these apply to you? Select all that apply		In what ways does your organization engage with art? Select all that apply	
I teach art	15	Classes	6
I am an individual artist	19	Space for individual artists	2
I am part of an art collective	7	We create art in the community spaces	6
I perform or show work	11	Perform or show work	7
Other	4	Other (please specify)	3
Age Groups			
		With what age groups do your organization currently work with? Select all that apply.	
		Youth	9
		Teen	10
		Adult	9
		Elderly	7
With what age groups would you be comfortable working in a mental health setting? Select all that apply.		With what age groups would your organization be interested in working in a mental health setting? Select all that apply.	
Youth	18	Youth	7
Teen	16	Teen	7
Adult	27	Adult	7
Elderly	14	Elderly	7

Appendix

Artist		Arts organization administrator	
Current Integration			
Do you currently work with social service providers and/or therapists to incorporate art into their practice?		Does your organization currently work with social service providers and/or therapists to incorporate art into their practice?	
No	15	No	8
Not sure	1	Yes	2
Yes	14		
If yes, how and in what settings do you work with mental health practitioners? Select all that apply.		If yes, please describe how and in what settings your organization works with mental health practitioners. Select all that apply.	
Individual therapy	8	Individual therapy	0
Group therapy	5	Group therapy	0
Non-therapy support groups	3	Non-therapy support groups	2
Social service settings: call/text hotlines, walk in, home visits, etc	1	Social service settings: call/text hotlines, walk in, home visits, etc	1
Training			
Have you received training or support on how to work with social service providers and/or therapists?		Has your organization received training or support on how to work with social service providers and/or therapists?	
Yes	15	Yes	2
No	10	No	6
Not sure	5	Not sure	2

Appendix

Artist		Arts organization administrator	
Beliefs			
I am interested in working with social service providers and/or therapists to incorporate art into their practice.	Artist	Our organization is interested in working with social service providers and/or therapists to incorporate art into their practice.	
Strongly Disagree	0	Strongly Disagree	0
Disagree	1	Disagree	0
Somewhat Disagree	0	Somewhat Disagree	0
Somewhat Agree	4	Somewhat Agree	7
Agree	13	Agree	2
Strongly Agree	12	Strongly Agree	1
I am/would be comfortable working with social service providers and/or therapists to incorporate art into their practice.	Artist	Our organization is comfortable working with social service providers and/or therapists to incorporate art into their practice.	
Strongly Disagree	0	Strongly Disagree	0
Disagree	1	Disagree	0
Somewhat Disagree	0	Somewhat Disagree	1
Somewhat Agree	4	Somewhat Agree	5
Agree	11	Agree	3
Strongly Agree	14	Strongly Agree	1
I have experience working in settings to support mental health services.	Artist		
Strongly Disagree	1		
Disagree	2		
Somewhat Disagree	4		
Somewhat Agree	6		
Agree	7		
Strongly Agree	10		
I receive requests to support mental health services.	Artist		
Strongly Disagree	2		
Disagree	7		
Somewhat Disagree	3		
Somewhat Agree	5		
Agree	7		
Strongly Agree	6		

Appendix

Artist		Arts organization administrator	
Challenges			
		What challenges would you anticipate (or have you experienced) in engaging with mental health services? Select all that apply.	
		Funding	8
		Training of mental health practitioners	6
		Connecting with artists	3
		Training of artists	6
		Adequate space	5
		Using a common language to communicate	6
		Insurance/compliance issues	5
		Other (please specify)	0
Events			
Have you participated in a community outreach event for a mental health provider or cause?		Has your organization participated in a community outreach event for a mental health provider or cause?	
No	11	No	5
Not sure	1	Not sure	2
Yes	18	Yes	3
If no, would you be interested in participating in community outreach events? (coded from open-ended)		If your organization has not participated in a community outreach event for a mental health provider or cause, would you be interested in participating?	
Yes	10	Yes	3
No	1	No	0
Not sure	5	Not sure	2
If yes, what type of art did you provide? Select all that apply		If yes, what type of art did you provide?	
Visual	6	Visual	1
Theater	6	Theater	
Dance	6	Dance	1
Music	7	Music	1
Other	4	Other	
If yes, were you paid?		If yes, were you paid?	
Yes	13	Yes	1
No	5	No	2
Not sure	2	Not sure	

Appendix

Primary Role	Do you have any other thoughts around art and mental health that you would like to share with us?
Artist	I believe that student participation in the arts has a positive impact on mental health. We should absolutely prioritize students taking arts and humanities classes or having the opportunity to be involved in the arts after school. Unfortunately some of the students who would most benefit are those that have trouble attending school on a regular basis.
Artist	The arts is a very powerful non-threatening tool as a vehicle in assisting those who are addressing mental health issues, is an excellent tool for children, impossible teens, who do not have to know how to verbalize their emotions and feelings, or even identify their issues that can be done through the arts
Artist	I have created a school which teaches mental balance through music, body movement, dance, poetry, drawing, writing and natural science, including plants, animals, foods. These methods can be understood by all ages. Some mentally ill people do not wish to be helped. My school, the invisible school of the arts, can help only students who are willing to participate.
Artist	Art and life are both contemporary creations. No matter how to change the way of artistic creation, only the presence of life can not be avoided
Artist	Art is a vital form of expression and serves individuals by providing them with tools for communicating strong, delicate, or complex feelings that they may, as yet, have no words for.
Artist	I feel strongly that art involved mental health, if done appropriately, could help many patients.
Artist	没有 [Google Translate: "no"]
Artist	The healing power of art has long been recognized by artists around the world, and it is now a form of therapy based on empirical research that can be used for many different mental health issues
Artist	I believe the process of creating art is definitely therapeutic.
Artist	I have a wealth of knowledge and experience working in mental health using the arts. The arts are vital when working with individuals, group. Is a fun, non-threatening way to explore issues. The process of doing art, experiencing any creative arts form is therapeutic in itself
Artist	Art is an amazing way to process mental health and trauma, and there should be more (free) resources
Artist	Just thank you for this survey. This alone is making me realize how important and even fun this collaboration might be. We might bolster each other's practice and bring a new way of healing.
Artist	all forms of art should be an option to everyone youngsters on
Artist	I believe the arts are the best way to help people understand the challenges of being human.
Artist	I know for myself access to an art practice has been so very helpful for my mental health and self-confidence. Since I've been teaching meditative drawing, I've been so encouraged by the feedback of my students about how it has helped them both in their artistic practice and their mental health. Being given a creative outlet that slows us down, gives us a moment to be in the present and results in an end product to be proud of has all kinds of lovely impacts on the brain.
Mental health practitioner	"Making art" can be a softer doorway into seeking support than seeking a traditional therapist. It is a powerful existential tool both personally and collectively but access to it is challenging for most demographics.
Mental health practitioner	I think art is important because it taps into creativity and allows someone different expressions rather than verbal
Mental health practitioner	As a person who lives with and manages my own mental health issues I can attest to the benefits in my life from the production of art in many forms.
Mental health practitioner	Art can be an important tool for mental health, helping people express their emotions, explore their inner world and process their emotions.
Mental health practitioner	Keep a positive mood
Mental health practitioner	Take art as a way to intervene in psychological clinical intervention
Mental health practitioner	Keep your mood healthy
Mental health practitioner	We put on a summer series of art therapy for young kids. It was once a month for kids at a shelter. The kids enjoyed the activities and projects that the clinician provided
Mental health practitioner	Could clients be granted free access to art exhibits?
Mental health practitioner	I find that it can be a powerful tool for all people especially clients that are visual learners
Mental health practitioner	Art is healing but there is a difference between art as healing and art therapy. You must be certified as an art therapist to do art therapy.
Arts organization administrator	The act of being creative can be both engaging and frustrating. In terms of mental health, I would think the art would be something that all people can be successful in completing. By this I mean something abstract rather than life-like. However, I really don't know about art therapy.
Arts organization administrator	This is a new idea so I am not finding any questions but they may arise t-with more information
Arts organization administrator	Yolo Cares has a few great practitioners in the loss and grief program who are actively using the arts in their work. The Arts Alliance Davis recognized this as a specific long-term goal in order to better support the community. The artists community, as a whole, could probably also benefit from these services, as they frequently so not have the ability to afford this type of health and wellness care.
Arts organization administrator	I would like to see more recognition from the mental and physical health community about the inherent mental health benefits of arts and culture – that mental health providers and doctors are recommending arts participation as a way to address mental health issues – take a dance class, a pottery class, go to a concert, share in an arts experience to improve and address general mental health.
Arts organization administrator	Bigger projects with bigger installations would be preferred
Arts organization administrator	I see the two as interconnected. I do worry about offering programs for under 18-year-olds due to liability.
Social service organization administrator	Art and mental health. Linked to each other. Art can be better used to treat food health.
Social service organization administrator	无 [Google Translate: "none"]
Social service organization administrator	We believe that those who suffer from dementia thrive in artistic endeavors
Social service organization administrator	Are you considering music as a form of art, or separate? Both are valuable for mental health. I think the linkages between art and mental health are not necessarily well-known to the general public, so developing a community project where people living with mental illness create and then display art could be a good tool for stigma reduction.

Appendix

Primary Role	If you were to make a recommendation regarding bringing artists into support mental health practitioners what would it be?
Artist	Artists can offer psychological support to other practitioners.
Artist	Art is a skill. In my experience, many people are intimidated by "art" because they don't feel like they can make art. There is a definitive line between "art" and "therapeutic art". It is necessary for artists to understand that they need to provide a safe and nurturing space within an environment that is already a challenging area. Artists must have the understanding of the environment in which they are working, as well as how to integrate art in a way that is not intimidating, or makes someone else feel unsafe, uncomfortable, anxious or bored. There has to be a clear understanding of the purpose of integrating Art into therapy by both the therapist as well as the artist. I would also caution any artist to have expectations that they will be teaching a skill, i.e., drawing, but rather the clarity that art is being used as a tool for expression, therapeutic practices and healing. Many artists are already doing that, but don't understand that they use that skill themselves as their own practice.
Artist	Much in servicing, comprehensive communication with social service staff, therapist, in order to better understand how the arts will be used in a variety of settings to address, mental health issues and support therapy being done within individuals groups, etc.
Artist	Mental health practitioners are there to solve people's problems
Artist	For me, live music is a great healer. Music eases pain and suffering, with ambient listening, sing-alongs, dance.
Artist	Mental health practitioners are there to solve people's problems.
Artist	Supply materials
Artist	Clarify expectations.
Artist	Both parties should be informed ahead of time what type and level of support they are expecting/looking for. e.g. lead a group singalong, help people write a song, lead an art project around the theme of " ____ " https://www.npr.org/2023/04/16/1170315860/the-lullaby-project-helps-incarcerated-mothers-connect-with-their-kids-through-m
Artist	hands on work for the patient
Artist	Network w/mental health practitioners to find out how it is used and find out results, observe, observe, observe sessions where active art involved mental health is being done, get training for art professionals who voice an interest in this type of involvement and do really good background checks on the artists you might be considering. Develop a really good questionnaire/interview strategy (to use when trying to choose artists to work w/mental health professionals) to try to obtain an idea about how this artist would 'fit in' with mental health patients. Make sure they are equipped with the type of personality that would make this a positive experience for the mental health patient
Artist	Pay people for their emotional labor
Artist	支持 [Google Translate: "support"]
Artist	Art as a means of interventional psychological clinical intervention, and based on traditional psychology
Artist	Training and some amount of compensation should be offered.
Artist	Must be a trained professional in the arts, having experience in mental health or with individuals or with a variety of populations to fully understand how to support mental health practitioners using the arts
Artist	Talk to folks who have done similar things in the community- I See You program, Healing Arts at the Pence, etc. Gain insight on what worked well and what didn't.
Artist	Mental health practitioners are there to solve people's problems
Artist	Give basic training for working with people with trauma and safety training
Artist	I would love to help make a campaign. You may have seen my "Davis is for Everyone" and or "Yolo County is for Everyone" campaign around town. I would talk about the interconnectedness of both the quantifiable metrics of someone being healthy and versus the qualitative metrics. I would also talk about how everyone is different and using art may reach some people differently. This collaboration would acknowledge that physical health is interconnected directly with mental health and vice versa.
Artist	open minded willingness to change at a moments notice, flexibility
Artist	Drum circles?
Artist	To bring art that is interesting and pleasing
Artist	I'd love to see opportunities for art teachers to share supportive, mindful art practices with those seeking mental health support. This could be offered through referrals to classes offered by art centers or through mental health support organization sponsored teaching events. With the right teaching style, group classes are immensely successful because participants can see that their art and creativity are successful and they receive positive feedback in a group setting that validates the experience and the art.
Mental health practitioner	Consistency and trust
Mental health practitioner	That the practitioner and artist develop a solid rapport before, and provide each other training on their craft as well as their philosophy of healing to establish a cohesive dynamic
Mental health practitioner	I love this idea and think it would be a benefit to learning for participants.
Mental health practitioner	Artists and mental health practitioners can explore opportunities for cross-disciplinary collaboration to develop projects or events together.
Mental health practitioner	psychological support
Mental health practitioner	help others
Mental health practitioner	Keep your mind
Mental health practitioner	That these artist have a basic knowledge of mental health challenges that most folks face and the struggle to communicate about these challenges to due multiple reasons.
Mental health practitioner	Artists should also attend HIPAA training because confidentiality is of utmost importance.
Mental health practitioner	I would love teaching more art around mental health
Mental health practitioner	Reach out to agencies or clinics and offer partnership
Mental health practitioner	Their expertise in the arts can assist in guided art projects and assist the art therapist with art practices
Arts organization administrator	See above. Something 2D or 3D that is abstract.
Arts organization administrator	Pay them
Arts organization administrator	multiple options: exposing mental healthcare workers to a variety of media to develop basic competency to use therapeutically, AND allow mental health care workers to participate in art-making for their own personal benefit.
Arts organization administrator	I hope that the relationships built are reciprocal – that the artists and arts organizations are recognized and supported with the same resources as the health practitioners.
Arts organization administrator	Please don't recommend placement of statuary, especially anthropomorphic and running-like statues, onto busy street corners.
Arts organization administrator	From the perspective of an arts administrator my biggest recommendation is to develop and fund the program jointly.
Arts organization administrator	Bring in artists who are interested in process, and how art connects w/psychology.
Arts organization administrator	I think it would be helpful to have a moderator at the session who could handle any sensitive situations.
Social service organization administrator	Training
Social service organization administrator	Artists and mental health practitioners can collaborate to create projects, such as co-hosting art exhibitions, workshops or performances, aimed at reducing stress and improving mental health.
Social service organization administrator	I will be a supporter.
Social service organization administrator	放松 [Google Translate: "relax"]
Social service organization administrator	The sooner the better

Appendix

Primary Role	If no, what training or support would make you feel comfortable working with social service providers and/or therapists?
Artist	Cultural sensitivity training
Artist	art therapy classes focused on helping mental health patients
Artist	自由 [Google Translate: "free"]
Artist	Some basic training about how to interact with different individuals with different mental health needs, language to use, evidence-based practices for art therapy
Artist	Information about the specific groups I'd be working with so I'd know how best to serve them
Artist	How to respond in a safe and supportive way to an emotional or violent reaction How to speak in the most compassionate and considerate manner How to respond if you feel unsafe or uncomfortable
Artist	Not sure. I'm open for training that directly relates to the integration program that is being introduced.
Artist	I have training in teaching meditative drawing, but I'd love more training in how to incorporate meditative drawing into mental health therapy and practice.
Arts organization administrator	I don't know. I don't know what kind of training or support exists.
Arts organization administrator	I do not know
Arts organization administrator	more experience in a trauma-informed approach to individual and group settings, with additional in-person support during programming. Also, more direct experience meeting and connecting with individuals in supported groups (homeless individuals, developmentally disabled clients, etc.)
Arts organization administrator	I don't know if we actually have the bandwidth to add additional programming. That being said, any training would probably be helpful. I'm not sure what to suggest.
Arts organization administrator	I'd like to know what kind of training social service providers or therapists would suggest as I'm out of my area of expertise here.
primary role	If yes, please describe the training
Artist	I hold a AA's in Art (Photography and Renaissance Art), Communications, Early Childhood Education, BA in Liberal Studies and Humanities, MA in Transformative Art, I am a Certified SEL Specialist, and hold certifications in many areas of Psychology, Art, Neurology, a teaching credential, and I practice art every day for my own wellbeing.
Artist	I have a masters and creative arts therapy with an emphasis and art therapy. I also have worked with Foster kinship educational services for Yolo County.
Artist	Train some therapists in their professional skills to help patients
Artist	Clear Teaching Certificate in Severely Handicapped Education which includes severely physically disabled, mentally retarded, emotionally disturbed categories. Years experience playing live music at Davis Community Meals, retirement homes, preschools, public and private schools.
Artist	Train some therapists in their professional skills to help patients
Artist	Persons who provide services to recipients, psychological counseling and counseling, including the provision of material assistance and labor services
Artist	I spent the last six weeks of my registered nurse education working with psychiatrists, psychiatric nurses, technicians, and patients and after graduating worked with the developmentally delayed at Sonoma Developmental Center for three years and four months.
Artist	培训安全 [Google Translate: "training safety"]
Artist	It regulates the interaction and relationship between professionals and other professionals, the parties they serve, and other members of the public
Artist	I am trained as a speech therapy assistant and have worked in interdisciplinary teams with a number of different therapists.
Artist	Am certified art therapist for 35 years, Masters in Creative Arts Therapy, BA in Art
Artist	Train some therapists in their professional skills to help patients
Artist	I worked at Camp Křem for People with Disabilities as the Art Director
Arts organization administrator	Our program in a social service setting was developed in partnership with the social service agency. Also, social workers are present during our programming. There hasn't been formal training, but working alongside social service professionals have provide valuable informal training and support.
Arts organization administrator	We follow a curriculum written by therapists.
	If yes, what training and support would you recommend for other artists working in these settings?
Artist	Artists can be trained in art therapy techniques for mental health.
Artist	Transformative Art is pivotal in learning how using art as a therapeutic practice is an essential skill for expression and healing. A "project based" program is essential to understanding how to fully immerse oneself in different mediums of art for different types of learners and needs. It is also essential in understanding the science and research that supports art as a tool for healing, different methodologies and developing strong curriculum to teach. While academia is necessary, providing a space that is nurturing, engaging, supportive and allows others to deeply connect with the instructor and themselves is the most critical component. In my experience, without connection and safety in any space, learning and trusting the healing process doesn't happen. Age, commitment to healing and commitment to the practice is what will lead the path for each individual.
Artist	communicator.
Artist	As musicians, to have a large repertoire, a creative imagination, and a positive outlook.
Artist	You can take some business-related training to improve your business awareness and skills.
Artist	Fundraising and sponsorship support
Artist	Artists can consider interdisciplinary training
Artist	Professional knowledge training
Artist	Nonviolent disengagement and reflection.
Artist	Set reasonable expectations on how to help and where not to help and request further assistance. Concrete skills, scripts and plans to work from.
Artist	安全培训, 和教育实践 [Google Translate: "Safety training, and educational practices"]
Artist	Professional training
Artist	In-service training and experientials to better understand the value of the art process, the non-threatening therapeutic value
Arts organization administrator	Developing the program with a social service provider and having their staff present is vital to the success of the program. Training could definitely be beneficial. However, I would seek the expertise and guidance of our social service partner on what training would be best. Also, it's important that any training the artist receives only enhancing what they bring to the table as an artist, but never replace the need for social service participation in the program.
Arts organization administrator	I prefer to work w/people w/both art & therapy backgrounds.

Appendix

What type of training would you expect an artist to receive prior to working in a mental health services setting?	
Mental health practitioner	Depression
Mental health practitioner	Safety planning and risk assessment. Basic person centered / humanistic counseling techniques
Mental health practitioner	They would need training in certain modalities
Mental health practitioner	If someone were to offer a clinical therapy session I would expect clinical training. I feel strongly that art classes groups and events throughout the mental health community would be very beneficial and these facilitators could have creativity and mental health awareness.
Mental health practitioner	Artists can increase their understanding of mental health issues and illnesses by attending mental health training courses or workshops. This includes understanding common mental health disorders, their causes, symptoms and treatments, as well as tips and strategies for dealing with psychological crises.
Mental health practitioner	Art therapy technique
Mental health practitioner	research project
Mental health practitioner	Better promote the smooth development of mental health construction work, combined with the actual needs of psychological work
Mental health practitioner	1 Mental health knowledge training 2 art therapy training 3 Communication skills training 4 Professional ethics training 5 teamwork training
Mental health practitioner	Having an understanding of mental health challenges that are the most prevalent in the different age groups.
Mental health practitioner	Trauma-informed care. Basics about recognizing mental health symptoms (perhaps through NAMI). How to intervene in crisis mental health situations, should this arise (reporting abuse, suicidal ideation, homicidal ideation, etc).
Mental health practitioner	some psychoeducation
Mental health practitioner	Training in art therapy
Mental health practitioner	I would expect the artist to work as a team with the mental health professional
Mental health practitioner	They can not conduct art therapy practices without licenses and clinical training
What additional information, training, or support would most help you to incorporate art into your practice?	
Mental health practitioner	Help to build confidence
Mental health practitioner	If artists in the community could offer workshops specifically for mental health practitioners so we could learn new modalities for expression that we could incorporate into our work. Paid of course!!
Mental health practitioner	Hands on training and tools provided
Mental health practitioner	Supplies and information regarding art facts or direction. I feel field trips to art exhibits and museums would provide a benefit to this population specifically.
Mental health practitioner	Artists can stay informed about the art market and cultural fields through continuous learning and understanding of industry knowledge and trends.
Mental health practitioner	Art therapy training
Mental health practitioner	Modern art training
Mental health practitioner	It is hoped that the company can provide professional knowledge training for professional positions to improve the professional skills and work level of employees
Mental health practitioner	Health psychology guidance
Mental health practitioner	Training on different modalities
Mental health practitioner	Support around materials, funding to be able to pay artist and overall generating interest
Mental health practitioner	A training that emphasizes how to help clients focus on the art process rather than the outcome. Sometimes art is intimidating because we fixate on creating something "beautiful" that we don't find the process restorative.
Mental health practitioner	I find that we need more funding and classes
Mental health practitioner	Workshops for therapists on incorporating more art in their work
Mental health practitioner	Funding

Appendix

Primary Role	Are there other benefits of incorporating artists into your practice?
Mental health practitioner	Helping people develop coping skills that are authentic to them. Avenue for decreasing isolation and promoting community, particularly amongst people who shared lived experiences. Accessibility to neurodiverse or trauma-affected individuals who struggle with direct verbal processing.
Mental health practitioner	I would be able to appeal to more people.
Mental health practitioner	Stress relief for participants. Help with anxiety and grief by expressing themselves through art.
Mental health practitioner	Artists often have unique creative and innovative abilities. Their artistic perspective and approach can bring new ways of thinking and creative solutions, bringing new ideas and innovation to a project or organization.
Mental health practitioner	Enhancement of creativity.
Mental health practitioner	support my mental health.
Mental health practitioner	Artists are actually the role of artistic leaders in a society. To discuss the social role of artists is actually to discuss the role of art on people.
Mental health practitioner	1 Networking Opportunities 2 Art Resources 3 Art exhibitions and events 4 Art Markets 5 Art Criticism and feedback 6 Art education.
Mental health practitioner	Art provides the client to express their self and be as creative as they want.
Mental health practitioner	Understanding the power art as a healing element.
Mental health practitioner	Practicing art could help with client's comfort level in a therapy session. Traditional talk therapy is often too formal for folks.
Mental health practitioner	For clients who are non-verbal or have trouble expressing themselves verbally.
Mental health practitioner	Art works with clients who struggle to put their thoughts and feelings into words.
Mental health practitioner	Art or artists? Art is crucial for art as healing and artists can contribute their knowledge and experience through the art making process.
Primary Role	Do you see a benefit to engaging artists into your organization's work? If yes, please describe the benefit(s).
Social service organization administrator	Artists are often creative and imaginative, and they are able to bring fresh perspectives and ideas to bring innovative ways of thinking and problem solving to the organization.
Social service organization administrator	Art can be better understood. The patient's heart. Better heal the psychological trauma of patients.
Social service organization administrator	是的 [Google Translate: "yes"]
Social service organization administrator	Stacie and I have discussed hiring artists to work with our clients at Galileo Place Adult Day to support/provide stimulation and socialization for our clients.
Social service organization administrator	Yes. We offer support groups and educational programs for those impacted by mental illness. Engaging artists to lead group art projects could be a good way to encourage coping skills and self-care. Helping people living with mental illness to express themselves using art could have benefits for the individual, as well as be a tool for eliminating stigma.

Appendix

	We are interested in learning more about the administrative requirements for engaging artists in mental health services. What would be your key considerations in planning for the lead time, budget, and other operational aspects (e.g., for a community event, support group activity, or home visit)?
Arts organization administrator	Funding is always an issue. Time constraints since the board and administration is all voluntary. facilities since we have none
Arts organization administrator	adequate preparation for the artist, with a pre-event opportunity to connect with other participants in order to establish a relationship, a more experienced social worker or therapist participating for additional support.
Arts organization administrator	Availability of our space (The Melon Ball); appropriateness of the event.
Arts organization administrator	Budget and resources – ensuring that all expenses are paid in the project.
Arts organization administrator	Honestly, if we were to participate in mental health programming in more than a one-off capacity, it would require that we have another paid staff member running it. That would be an additional \$50,000 annual expense (at least).
Arts organization administrator	Thorough outreach in communication and advertising for over 3-6 months, decent awareness and plausibility of funding margins and ranges, good communication documentation and platform support (maybe like Slack?), good time management and support/interaction/office hours well-budgeted and well-identified.
Arts organization administrator	Much would depend on the scale of the engagement. A community event would have similar administrative requirements for any community event. It would be any sustained programming that would require 4-8 weeks of lead time. These might be the sequence of events: meeting to identify goals, scope and funds; identification of artists, training and/or familiarization with program participants; development of schedule and contracts; acquire needed supplies and equipment; outreach; delivery.
Arts organization administrator	Lead time is important- we plan out about a year for most major things. Budget- it has to be covered by a grant or fee for service.
Arts organization administrator	Advance planning, as we do our annual calendar of events in mid-August, although we do add in extra events as our calendar allows. We would be most interested in a community event or possibly a support group activity, depending on more details.
Social service organization administrator	Have the budget to get more community involvement and space to have a larger outcome.
Social service organization administrator	First, you need to ensure that the artists you hire have the relevant professional background and experience to be able to provide mental health services effectively. This could include things like their education, training and certifications.
Social service organization administrator	It is the support of industry and government.
Social service organization administrator	无 [Google Translate: "none"]
Social service organization administrator	Once a collaboration is in place we are excellent at moving forward with a specific project
Social service organization administrator	We would need to develop a strong plan with desired outcomes/impacts, target audience, etc. We would need 6 months' lead time to effectively plan and implement an event/activity. Staff capacity and funding are perpetual challenges so we would need to determine how to implement something without significant staff or funding needs. We don't have enough staff to repurpose someone to take on a new project.

Appendix

Primary Role	What challenges would you anticipate (or have you experienced) in engaging artists in mental health services?
Mental health practitioner	Lack of consistency and finance
Mental health practitioner	These questions are worded strangely.. incorporating artists as practitioners or clients? If as practitioners, I haven't personally run into many problems. But can imagine artists critiquing or commenting on folks art in a way that is triggering without the proper training to meet them where they are in terms of their boundaries and process. Or if they don't have proper training for risk assessment / safety planning if someone shows signs of being risk to self or others
Mental health practitioner	Lack of supplies.
Mental health practitioner	Determining an accurate diagnosis and developing an effective treatment plan can be challenging
Mental health practitioner	Lack clinical experience
Mental health practitioner	self doubt
Mental health practitioner	Creative bottleneck
Mental health practitioner	1 Cultural differences 2 occupational pressure 3 confidentiality issues
Mental health practitioner	Not having enough funding to provide art materials.
Mental health practitioner	For our agency it has been lack of funding in brining a license art therapist to teach my group of clinicians.
Mental health practitioner	I don't know if my agency would approve of that cost. How would I go about paying the artist's bill? Would insurance cover that?
Mental health practitioner	focusing too much on the way the art looks rather than how it reflects their inner thoughts
Mental health practitioner	Would need to be positive and nonjudgmental
Mental health practitioner	I am an artist so I do all the art interactions alone. The challenges I've faced is not being able to use a code for billing health insurance
Mental health practitioner	Cost is always a factor for everyone
Primary Role	Does your organization conduct community outreach events to let people know about your services? If no, was there a reason that you didn't engage artists?
Mental health practitioner	The therapists at my place of work are also artistically trained. The art gallery does utilize its network of artist to get word out about our healing arts programs
Mental health practitioner	The Wellness Centers create monthly calendars. I believe they may be available in the Yolo County Website.
Mental health practitioner	limitation of funds
Mental health practitioner	have no money
Mental health practitioner	Have no money
Mental health practitioner	I provide services in a school setting.
Mental health practitioner	I have but not many people are comfortable exploring art in my agency due to a lack of funding and classes
Mental health practitioner	No funding
Mental health practitioner	I am the artist.

**Yolo County Childcare Recovery Package
Grant-End and Quarterly Technical Process Report (FINAL Reporting)**

Reporting Period: October 1-December 2023/End of Project Report

First 5 Yolo is grateful for the partnership with Yolo County, its dedication to serving the County's youngest children by supporting childcare providers who have been significantly impacted by the COVID-19 pandemic, and its recognition of the deleterious effects of the pandemic on the sector as a whole. Through the pandemic, the childcare sector suffered negative impacts which resulted in reduced childcare capacity across the county, increased barriers to entering the sector for those interested in opening new childcare sites and increased operating costs in the face of high inflation for operating sites. Childcare providers are essential workers who operated throughout the pandemic and have a continuing need for support.

Through the implementation of the Childcare Recovery Package, childcare providers eagerly applied for needed Recovery and Infrastructure grants, received ongoing support, and made new connections that will last beyond the term of the one-time ARP project. Notably, many new childcare providers (both currently licensed and seeking licensure for the first time) are now connected with Children's Home Society, Yolo County's local resource and referral, for ongoing professional development, inclusion on CHS's childcare provider list, educational materials, additional funding opportunities, and ability to become a provider of subsidized childcare. Specifically, providers have been connected at CHS to the Child Care Initiative Project (CCIP) which provides training and ongoing support to individuals seeking to obtain a childcare license, newly licensed childcare providers, and experienced licensed family childcare providers seeking to expand their license. Through the Child Care Recovery Project, 17 providers have become active participants with CCIP, more than doubling the participant list in this program locally. Providers, including license-exempt Family, Friend, and Neighbor (FFN) providers, have also been linked to the CHS Health and Safety Training Reimbursement Program allowing recipients to pay for all, or part, of their CPR and health and safety trainings.

The Childcare Recovery Package Project concluded on December 31, 2023, aligned to the contract end date with Yolo County. Between October 1, 2023, and December 31, 2023, First 5 Yolo accomplished the following activities including compilation of final project data described further below:

1. First 5 Yolo continued to distribute and collect 6-Month Follow-Up surveys from Infrastructure grantees. The surveys were sent electronically to collect data and feedback on how funds have been utilized and impacted childcare providers across the County. Through this process, First 5 Yolo has learned that many childcare providers continue to require 1:1 technical assistance and support to access and complete electronic surveys, sign documents, and access email. This is likely a significant barrier to their ability to access other resources and supports on an ongoing basis. Similar to the prior reporting period, several providers continued to experience unforeseen delays such as contractor availability, enrollment in required classes as per CCL regulations, and Fire Marshall and Licensing inspection scheduling, which protracted project timelines. In these cases, First 5 Yolo and CHS worked with individual providers to allow additional time to submit their surveys, so that projects could be tracked. At grant end, a total of 65/112 (58%) of Infrastructure grantees reported that their project had been completed. 24 (21%) of the remaining providers surveyed at 6-months, reported they were still actively taking steps toward completing their projects, though they experienced a variety of delays, barriers, and challenges. 21 providers (19%) did not submit the 6-month follow-up survey at the time of this reporting, however, at their 3-month follow up, all 21 reported they continued to take steps toward project completion. First 5 Yolo contacted providers via email and phone with reminders to complete their final survey as well as offered technical assistance if needed. A fuller outcome summary for the whole project is provided below.

2. City of Winters successfully completed its project to make improvements to the Winter’s Parent Nursery School (WPNS), a childcare center in the City of Winters and located in a “childcare desert.” As a result of the project, WPNS now has hot water access to meet CCL health and safety standards, the exterior fence surrounding the perimeter has been replaced in compliance with CA State Licensing regulations, and the interior and exterior of the school have been painted to repair chipping paint. These repairs and improvements allowed WPNS to remain open to serve the 31 children in care at WPNS while remaining in compliance with both CCL and CA State Licensing Regulations.

3. First 5 Yolo issued a subaward to Winters Joint Unified School District (WJUSD) for improvements at the district state preschool site in preparation for its planned Child Development Center. WJUSD successfully completed its project, and the site now has new developmentally appropriate play structure and improved and modernized furniture which supports better access to the curriculum for younger preschool students and safer outdoor play structure younger preschool students. First 5 Yolo and WJUSD view this partnership as inspirational to future partnerships among various agencies in support of early childhood development efforts in Winters.

Performance Measures

Number of Childcare Providers Awarded, Year to Date				159
By City		By Provider Type		By Grant Type
West Sacramento	78	Center-based (Center)	23	Infrastructure 115
Woodland	40	Large Family Childcare Home (LFCC)	62	Recovery 44
Davis	26	Small Family Childcare Home (SFCC)	46	
Winters	4	Family, Friend, Neighbor (FFN)	27	
Esparto/Capay	3	Not Currently Providing Care	1	
Knights Landing	4			
Others	4			

Total # of additional children providers are licensed to serve	90
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As of December 31, 2023, Yolo County providers have increased childcare capacity to serve an additional 90 children. 46 Infrastructure Expansion grants were awarded to providers to pursue their first license or expand their existing license to serve more children and 43 were funded (2 FFNs chose to pursue their license at a later undisclosed date and a SFCCH moved outside of Yolo County, therefore abandoning their proposed project). As of December 31, 7 providers reported completing their Infrastructure Expansion project and successfully obtained a new or expanded license including 3 license-exempt Family, Friend, Neighbor providers receiving a Small Family Childcare Home license and 4 Small Family Childcare Home providers expanding to a Large Family Childcare Home. Excitingly, 3 Infrastructure beneficiaries who received funding for facility enhancements to sustain enrollment safely were able to increase their capacity to serve additional children as a result of the funding. Across all grantees who reported their projects as complete at 6-month follow up, providers are now able to serve an additional 90 children. As described in successive measures, at least 20 additional providers continue to actively pursue their new or expanded license (16 additional providers did not submit follow-up surveys by the time of this reporting however, at 3-month follow up all 16 reported they continued to take steps towards a new or expanded license.

In the months ahead, it is expected that additional childcare capacity will be created within the County as many providers report being at or near the final steps of licensure though are experiencing delays related to Fire Marshall and Licensing inspection schedules, CPR and other Community Care Licensing (CCL) required class availability, construction delays and language access barriers. While the Childcare Recovery Package Project

closed on December 31, 2023, First 5 Yolo continues to offer support and resources to the providers who have not completed their Infrastructure Expansion projects through its QCC/IMPACT work. All providers have been connected to ongoing supports available through First 5 Yolo QCC/IMPACT Legacy and Children’s Home Society of California to support their ongoing efforts to complete their projects which will continue to increase childcare capacity across Yolo County.

of children that providers can more safely maintain (under an existing license) 1,056

69 Infrastructure Sustainability grants were awarded to providers to enhance their childcare site to either sustain enrollment or return to full enrollment safely. Of the 69 providers, 61 completed the 6-month follow up survey. Across all provided awarded Sustainability 1,056 can now be more safely cared for at these sites. Additionally, as mentioned above, 2 providers were able to expand their center-based license capacity after undergoing enhancements which attributed to the reported additional slots above.

and % of grants awarded, year to date (target 175* grants with at least 60% @ 6 months, 100% at 12 months) 159; 91%

Through the application and award process, First 5 Yolo awarded 159 grants (91% of its target of 175). As previously reported, providers overwhelmingly applied for infrastructure support grants to make critical repairs and/or enhancements to their sites and/or to expand their childcare capacity pointing to the toll the COVID-19 pandemic took on the sector, as a whole. With ARP funding, providers were able to make needed repairs and enhancements to return to full capacity, more safely care for the children in their care, and remain open despite significantly increased operating costs and new and changing regulations and requirements. Additionally, funding helped support providers to develop the infrastructure to seek licensure or expand an existing license, creating additional childcare capacity in the County.

and % of providers who receive a new license, expand an existing license or reactivate a license based on a target of 40 providers 7; 16%

46 providers were awarded Infrastructure Expansion funding and 43 were funded. As of December 31, 2023, 20 providers reported they are actively in process and completing the required steps to obtain their new or expanded license though many have experience delays related to scheduling with the state and Fire Marshall, finding classes available in languages other than English, completing paperwork virtually. Despite these challenges, 7 providers successfully obtained a new license within 6-months of receiving funding including 3 FFNs who obtained their first license as a SFFCH and 4 SFFCHs that expanded to a LFCCH.

Of the 20 providers actively continuing to take necessary steps towards licensure or expansion at the 6-month follow up, many are in the final steps and are expected to receive their license in the months ahead. Unsurprising, many experienced unexpected delays related to Fire Marshall and Licensing inspection schedules, CPR and other Community Care Licensing (CCL) required class availability and scheduling, diminished contractor availability and construction delays, as well as language and technology barriers. As shared earlier in this report, First 5 Yolo will continue to offer support and resources to the providers who have not completed their Infrastructure Expansion projects. QCC/IMPACT Legacy programming offers a Community of Practices to FFN providers who continue to actively pursue their license and an FCCH Community of Practice which offers support tailored to providers needs including assistance with obtaining a expanded license.

A total of 16 Expansion grantees did not submit a 6-month follow-up survey at the time of this reporting. As of these providers 3-month follow up survey, all 16 reported that they were actively pursuing a new or expanded license at this time.

and % of additional children providers are licensed to serve ages 0-2 30; 33%

Of the 90 additional children providers are now licensed to serve, 33% are children aged 0-2. Excitingly, 18 of the additional 0-2 slots were reported from enhancement providers who were able to increase capacity after completing their projects. One provider was able to double their capacity in their toddler classroom after equipping the bathroom with appropriately sized toilets and adding developmentally appropriate playground equipment at their childcare site and another provider was able to increase their capacity after adding a full time infant teacher to their program. Many providers are still pursuing their new and or expanded license and the number of increased 0-2 slots is expected to grow in the months ahead as additional providers obtain their new licenses or expand their existing licenses. First 5 Yolo will continue to support these providers as they work toward obtaining their new or expanded 0-2 licenses.

and % of infrastructure enhancement awardees who report they now have the ability to safely care for children up to their license capacity 44;88%

Of Infrastructure Enhancement Awardees who reported completing their projects (n=50), 44/50 (88%) report they can now safely care for children up to their capacity. 12% (6 providers) reported they were not able to safely care for children up to their capacity, however, upon review of provided explanations in their narrative responses, 2 providers indicated funding did allow them to safely care for children up to their capacity, 1 provider indicated that they were able to safely care for children and increase capacity, 1 indicated the funding was insufficient to respond to all needed repairs, and 2 providers may have misunderstood the survey question.

and % of providers receiving recovery grants who report the grant supported their ability to remain open safely 33; 89%

44 providers were awarded Recovery funding, 37 providers submitted a 3-month follow-up survey. Of the 37 providers who have submitted their follow up survey, 33 (89%) reported the grant supported their ability to remain open safely. 4 (12%) Reported No on this measure. While these providers reported “No” on the survey, they did include narrative responses that sharing that the funding helped them safely operate while remaining open. This was likely a misunderstanding of the survey question.

Through implementation of the Childcare Recovery Package, the challenges faced by the sector navigating siloed systems, language access gaps, thin operating margins, high cost of entry into the sector, and a lack of supportive resources were elevated. Recovery and Infrastructure funding as well as the technical assistance and language supports made available through this ARP project, provided the lifeline many providers needed to keep their doors open, make critical safety enhancements, and improve the quality of care offered. Additionally, many providers are now on the path to obtaining their first license, expanding an existing license and realizing sustainability for their site. Through the outreach and identification made possible by the Childcare Recovery Package, new, previously unknown providers are now engaged in First 5 Yolo’s QCC/IMPACT Legacy programming and/or with Children Home Society where they will continue to receive support, technical assistance, opportunities for ongoing professional development, and opportunities to engage with other childcare providers.

“...this funding has helped us is in hiring and training an additional teacher and aide so that we could then open our school up to 2 year olds who are not potty trained. It has also helped up buy the supplies we need for this age group. Being able to add an additional age group to our Center is greatly helping the present and future financial stability of our Center, and is providing a much needed service to families in Yolo County. We are excited to be able to keep expanding this service, and are in the process of hiring additional teachers to meet this need.” – Woodland Center-Based Provider

“I have applied and received my large license. I also hired a staff 3/4 time. I have enrolled 10 kids under the age of 4, with room for their siblings during the summer. Which was the goal to enroll and care for the kids in the

community. We had the entire flooring replaced and electrical taken care of to pass the fire inspection. The funds were spent to achieve all this.” – Newly Licensed Large Family Childcare Home Provider in Esparto/Capay

“This funding has been such a huge help in being able to pay for the fence I needed for my childcare. Without the money I wouldn’t have had the means to provide a safe outside environment for the children to play in. Thank you!—Newly licensed Small Family Childcare Home Provider in Knights Landing

For questions regarding this report, please contact Gina Daleiden, Executive Director at gdaleiden@first5yolo.org.

2023

WELCOME BABY: YEAR ONE REPORT

Results from the first year of the *Welcome Baby* program, March 2022–March 2023.



Welcome Baby One-Year Report | Yolo County

FIRST 5 YOLO MISSION STATEMENT

First 5 Yolo will assist our community to raise children who are healthy, safe, and ready to learn. We will assure that our resources are effectively used, and all community voices heard.

OVERVIEW OF THE FIRST 5 YOLO WELCOME BABY PROGRAM

First 5 Yolo *Welcome Baby* is a proactive prevention strategy designed to mitigate exposure to toxic stress related to the COVID-19 pandemic and to build family resiliency in Yolo County. The *Welcome Baby* program was launched in March 2022 with funding from the American Rescue Plan (ARP).

Welcome Baby is available to all postpartum women in Yolo County who are eligible for pregnancy and postpartum care services under Medi-Cal. Patients are recruited in prenatal clinics by providers as well as in labor and delivery by primary care nurses.

After delivery, trained nurses conduct home visits with families to assess needs and provide resources and connections to health and social welfare programs. Nurse home visitors also screen for mental health issues and provide breastfeeding support if desired.



ABOUT THIS REPORT

To evaluate the *Welcome Baby* program in its first year, we examined key outcomes for women and their infants who received services between March 2022 through March 2023. We have provided context for our program data by including data on postpartum visit rates and well-child visit rates from Partnership HealthPlan of California, a non-profit community-based healthcare organization that contracts with the state to administer Medi-Cal through local care providers. When possible, we also have included historical county-level data to show how key maternal-infant health indicators have changed over time in Yolo County.

This report was authored through a collaboration between First 5 Yolo and the UC Davis Health Equity Across the Lifespan (HEAL) Lab in the Betty Irene Moore School of Nursing. This report was supported in part by the California Collaborative for Pandemic Recovery and Readiness Research (CPR³) Program, which was funded by the California Department of Public Health (CDPH). CDPH was not involved in design, data collection, data analysis and interpretation, or the development of this report.

EXPERIENCES FROM WELCOME BABY NURSES

We asked nurses to share some of their experiences that stood out during their first year of participation with *Welcome Baby*. Their experiences echo the same story that the data are showing – *Welcome Baby* is positively impacting outcomes for families at a critical time.

Welcome Baby Connects Rural Family to a Medical Home

A *Welcome Baby* nurse visited a family in rural Yolo County where *neither the mother nor the newborn had seen any medical providers for postpartum or newborn care*. During the visit, the nurse learned that the toddler in the household also had never been seen by a medical provider. The nurse connected the mother to Northern Valley Indian Health and scheduled appointments for both children. Additionally, the nurse provided lactation support, educated the mother about Sudden Infant Death Syndrome, connected the family to WIC, and completed the full clinical assessment for the mother and newborn. The mother stated, “I didn’t know it was that easy to get my daughters seen.”

Welcome Baby Nurse Illustrates the Importance of Postpartum Visits

While in the home performing the clinical assessment, the *Welcome Baby* nurse identified that the mother had high blood pressure. The nurse was able to *coordinate care* and create a plan for the family with the primary care provider, and counseled the mother immediately on rechecking blood pressure, causes of high blood pressure (including stress) and *when to go to the Emergency Room*. Later, the mother developed a headache, followed the plan created by the nurse, and went to the nearest hospital. She was admitted, diagnosed, and treated for HELLP Syndrome, a potentially very dangerous condition that occurs in pregnant and postpartum individuals. Early diagnosis of HELLP Syndrome is critical because serious illness and even death can occur in 25% of cases.

Welcome Baby Nurse Provides Early Intervention for Newborn Jaundice

A medical provider called *Welcome Baby* to request a weight check and test bilirubin levels for jaundice for a premature newborn because the mom had missed appointments due to lack of transportation. During the visit, the nurse assisted the mother with breastfeeding support, including obtaining a breast pump, coordinated insurance coverage for the newborn, talked about Sudden Infant Death Syndrome in careful detail after ascertaining some immediate risks, provided a pack-and-play for safe sleep, and assessed the newborn for jaundice (bilirubin check). The newborn’s bilirubin level was dangerously high. The nurse coordinated care and the newborn was admitted to the hospital and treated. The Sutter pediatrician attending to the newborn commented, “*Thank you for going to this patient’s home. You possibly saved this baby’s life.*”

OVERVIEW OF MATERNAL AND INFANT HEALTH IN YOLO COUNTY

Yolo County continues to face challenges to achieving maternal and child health equity among its high-risk groups. California Department of Public Health (CDPH) data from 2018-2020 showed that 12.5% of mothers in Yolo County experienced postpartum depressive symptoms.

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For Yolo County women insured by Medi-Cal, this number was much higher at 23.2%. Data from the California Department of Public Health show 41% of all pregnancy-related deaths had a good to strong chance of being prevented.¹ Additionally, in almost two-thirds of pregnancy-related deaths, women had one or more social risk factors documented in their medical record, including lack of prenatal care, no insurance coverage, no domestic partner, less than 12 years of education, drug and alcohol use during pregnancy, mental health concerns (including depression), unstable living conditions, and exposure to violence, among many other factors.¹ Additionally, those insured by Medi-Cal continued to experience higher rates of pregnancy-related death versus those with private insurance, and this trend has been increasing over time.² Yolo County experienced higher maternal morbidity in comparison to the state of California.

¹The California Pregnancy-Associated Mortality Review. Report from 2002-2007 Maternal Death Reviews. Sacramento: California Department of Public Health, Maternal, Child and Adolescent Health Division. 2017

²CA-PMSS: *Pregnancy-Related Mortality in California, 2012-2020*. California Department of Public Health; Maternal, Child and Adolescent Health Division. 2023. www.cdph.ca.gov/ca-pmss

Table I: Overview of maternal and infant health among residents of Yolo County, recipients of Medi-Cal in Yolo County, and in the state of California

	Yolo County		
	Yolo County	Medi-Cal	State of CA
Maternal health indicators			
Pregnancy-related mortality ratio per 100,000*	-	-	18.6
Severe maternal morbidity per 10,000**	125	125.1	108
Postpartum depressive symptoms***	12.5%	23.2%	12.7%
Pre-pregnancy daily folic acid use****	40.0%	32.6%	37%
Infant health indicators			
Low birthweight*****	6.1%	6.3%	7.1 %
Preterm birth*****	8.3%	8.2%	8.95%
Neonatal abstinence syndrome per 1,000**	2.8	6.4	2.6
Exclusive breastfeeding at 3 months*****	42.5%	49.1%	32%

Source: California Department of Public Health Maternal, Child, and Adolescent Health Division Data Dashboards 2020*, 2020-2022**, 2018-2020***, 2017-2019****, 2019-2021*****.

RESULTS FROM WELCOME BABY: MARCH 2022-MARCH 2023

WELCOME BABY REACHED A HIGH-RISK POPULATION

In the first year of the *Welcome Baby* program, enrollment expanded to include 9 medical systems. 519 families were recruited and enrolled in year 1. During the reporting period, 252 women delivered infants and received home visits. A phased-in approach was used to enroll mother-infant pairs. 193 (76.6%) of these women responded to follow-up survey questions after their home visit. Most of these women (97.4%) followed up with a nurse by phone; 5 women completed follow-up surveys via a web survey tool.

The Administrative Data Screening (ADS) is a tool developed by the First 5 Yolo to collect information on social and demographic categories to understand a participant’s risk for adverse health outcomes. Of the mothers and babies screened, about one-third were categorized as moderate or high risk for poor postpartum outcomes. Risk factors included substance use history, behavioral health issues, partner involvement, and CPS involvement among others.

WELCOME BABY SERVED A DIVERSE GROUP OF PARTICIPANTS

More than half of women (59.5%) identified as Hispanic/Latina and 51.3% had a language preference other than English. Drug and alcohol information was obtained from the participant’s medical record. Self-reported drug and alcohol use of participants was low.

Table 2: Participant-reported race/ethnicity, language, insurance, and parental status for Welcome Baby participants (collected through survey) and comparisons from Yolo County census data

	Count	Percent	Yolo County
Race/Ethnicity			
Hispanic/Latina	150	59.5%	32.3%
Asian / Pacific Islander	39	15.5%	16.6%
White	26	10.3%	44.0%
Black	7	2.8%	3.3%
American Indian/Native American	1	0.4	1.8%
Multi-racial	9	3.6%	6.2%
Unknown	20	7.9%	-
Language preference			
English	113	48.7%	63.9%
A language other than English	119	51.3%	36.1%

Family insurance status			
Medi-Cal*	188	74.6%	29.1%
Uninsured**	64	25.4%	6.9%
Parental status			
First time parent	115	33%	-
1-2 children	174	49%	-
3 or more children	64	18%	-
Drug and alcohol use			
History of drug/alcohol abuse	12	3%	-
Current drug/alcohol use or use within 1st trimester	26	7%	-

Sources: Department of Healthcare Services Medi-Cal Continuous Coverage Unwinding Dashboard 2023*, United States Census Bureau 2022*, *HD Pulse: An Ecosystem of Minority Health and Health Disparities* Resources. National Institute on Minority Health and Health Disparities. Available from <https://hdpulse.nimhd.nih.gov>. Includes ages 18-64, all income levels, 2020.**

POSTPARTUM MENTAL HEALTH STATUS WAS POOR AMONG PARTICIPANTS

Screening and providing access to mental health services early in the postpartum period is critical for both mother and child wellbeing. *Welcome Baby* participants are being screened and provided referrals as needed as early as 1-2 weeks after hospital discharge. During the home visit, participants are screened using the PHQ-9, which measures symptoms of depression, and the GAD-7, which measures symptoms of anxiety. Among participants who were screened, 14.8% screened positive for depression and 22.2% screened positive for anxiety. Many women who received a positive screening were already connected to behavioral health services, including enrollment in First 5 Yolo’s Road to Resilience home visiting program. Nurse home visitors provided a referral to behavioral health services for those who screened positive and were not already connected.

Table 4: Percentage of participants experiencing symptoms of depression or anxiety during the postpartum home visit

	Count	Percent
PHQ-9 score		
No depressive symptoms	207	85.2%
Mild depressive symptoms	26	10.7%
Moderate to Severe depressive symptoms	10	4.1%
GAD-7 score		
No anxiety (0-4)	196	77.8%

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Mild anxiety (5-9)	26	10.3%
Moderate to Severe anxiety (10-15+)	30	11.9%

MOST FAMILIES WERE REFERRED FOR HEALTH AND WELFARE SERVICES

Nearly all participants (228 women, 90.5%) received at least one referral to a community health center or community-based organization and most participants (73.0%) received more than one referral. Half to two-thirds of women received referrals to medical/dental care, child development/education services, and social support. Approximately one-third of women received a referral for food or other basic needs. One-fifth of women were referred to crisis or emergency services.

Table 5: Percentage of participants who received different types of referrals through the Welcome Baby program

	Count	Percent
Medical or dental	154	61.1%
Child development	163	64.7%
Social support	129	51.2%
Food/basic needs	85	33.7%
Crisis/emergency/safety	51	20.2%
Mental health	21	8.3%
Legal assistance	10	4.0%
Other	16	6.4%



NEARLY ALL FAMILIES RECEIVED NEEDED INFANT SUPPLIES

All *Welcome Baby* participants are either uninsured or enrolled in Medi-Cal. Providing support in the form of newborn necessities and hygiene products is critical. Most women received supplies during their home visits, including diapers, wipes, a book on baby basics, toys, clothes, toothbrushes, pack-n-plays, carriers, and/or gift cards. In addition, all participants were offered breastfeeding support and education on newborn brain development, feeding, well-baby care, safe sleep, newborn cues, and baby wearing.

Table 6: Percentage of participants who received different types of supplies through the *Welcome Baby* program

	Count	Percent
Diapers	201	79.8%
Wipes	200	79.4%
Baby toy or teether	127	50.4%
Baby clothes/onesie/sack	88	34.9%
Baby toothbrush	68	27.0%
Gift card	52	20.6%
Pack n play crib	9	3.6%
Baby carrier/wrap	9	3.6%

BREASTFEEDING RATES EXCEEDED BENCHMARKS

Two-thirds of participants (67.1%) reported exclusive breastfeeding at the time of the home visit. Among those who followed up by phone or online survey, 45.2% were exclusively breastfeeding at three months, compared to only 36.9% among Yolo County WIC participants and only 25.5% among California WIC participants. An additional 31.9% were still giving some breastmilk. Importantly, most participants reported that they felt much more confident (56.6%) or a little more confident (25.3%) about breastfeeding after the *Welcome Baby* home visit.

Table 7: Percentage of women breastfeeding at the time of the postpartum home visit and at three months and confidence in breastfeeding

	Welcome Baby N (%)	Yolo County WIC 2023	California WIC 2023
Breastfeeding status at time of home visit			
Breastmilk only	155 (67.1%)	-	-
Some breastmilk	57 (24.7%)	-	-
No breastmilk	19 (8.2%)	-	-

Breastfeeding at 3 months			
Breastmilk only	85 (45.2%)	36.9%*	25.5%*
Some breastmilk	60 (31.9%)	-	-
No breastmilk	43 (22.9%)	-	-
Breastfeeding confidence after Welcome Baby			
Much more confident	103 (56.6%)	-	-
A little more confident	46 (25.3%)	-	-
Confidence stayed the same	33 (18.1%)	-	-

*Source: WIC CDPH Local Agency Report, infants in foster care excluded

PARTICIPANTS HAD HIGH RATES OF POSTPARTUM VISIT COMPLETION

Postpartum visits are critical for identifying problems early and providing essential services including medical care, mental health services, and supplies. Nearly all *Welcome Baby* participants (97.8%) completed at least one postpartum visit, with nearly two-thirds of participants completing two post-partum visits. In comparison, Partnership HealthPlan of California reported a postpartum visit rate of 42.7% for those who had a visit between 7 – 84 days after delivery.*

Table 6: Postpartum visit completion among Welcome Baby participants and a comparison group from Partnership HealthPlan of CA

	Welcome Baby (N=252)	Comparison (N=783)*
Overall rates	N (%)	N (%)
Completed 1-2 week postpartum visit	197 (88.3%)	251 (37.4%)
Completed 6-week postpartum visit	179 (80.3%)	244 (31.2%)
Number of visits completed		
Completed at least 1 postpartum visit	218 (97.8%)	334 (42.7%)
Completed 2 postpartum visits	158 (70.9%)	161 (20.6%)
Completed 1 postpartum visits	60 (26.9%)	173 (22.1%)
Did not complete a postpartum visit	5 (2.2%)	449 (57.3%)

*Source: Partnership HealthPlan of California, Reflects all births between March 2022-March 2023. Denominator includes all deliveries and does not exclude patients without an established medical home.



MORE INFANTS SEEN FOR WELL CHILD VISITS

Well-child visits are important for ensuring that developmental and health concerns are identified early and that infants receive immunizations. *Welcome Baby* supports families in completing well-child visits. In the *Welcome Baby* program, 86.7% of participants completed their one-month visit and 99.4% of participants completed their two-month visit. These numbers are significantly higher than the 9.2% and 30.0% reported for all births in Yolo County among those covered by Partnership HealthPlan of California.

Table 9: Completed well-child visits for Welcome Baby Participants and a comparison group from Partnership HealthPlan of CA

	Welcome Baby (N=252)	Comparison* (N=783)
	N (%)	N (%)
Completed one-month well-child check	150 (86.7%)	72 (9.2%)
Completed two-month well-child check	170 (99.4%)	235 (30.0%)
Completed two or more well-child visits by 6 months	140 (98.6%)	465 (59.4%)

**Source: Partnership HealthPlan of California, Reflects all births between March 2022-March 2023. Denominator includes all deliveries and does not exclude patients without an established medical home.

FAMILIES ARE PRAISING WELCOME BABY

100% of families would recommend Welcome Baby to a friend.

Feedback provided from Welcome Baby Participants:

“The program is necessary for any mom, whether it's their first or second baby because every baby is so different...and a lot can happen in those first few days. It is so important to have someone in your home to support you.”

“It gave me confidence in breastfeeding. I had never breastfed for more than 3 months and now I want to with this baby.”

“You were very supportive. That was a very difficult time for us especially being first time parents, but you helped us so much. You felt like you were a family member. Thank you so much for everything.”

“You were very clear and helpful. Transportation was a big issue. I missed a lot appointments, but I had a lot of questions and doubts. This helped make everything clear.”

“This program helped me to feel supported and confident that I am trying my best and there are resources to help me.”

“This program is just so amazing. I already told my friends that you came out, and they asked me, ‘Is this really America?’ Back where I am from we just have the baby, but here you checked on me and weighed the baby, and even if it is not the first.”

SUMMARY OF WELCOME BABY ACHIEVEMENTS IN YEAR ONE

In the first year of *Welcome Baby*, the program enrolled 519 low-income families and completed 252 home visits, provided breastfeeding support, mental health screenings, infant supplies, and referrals to needed health and social welfare resources. *Welcome Baby* participants reported that the home visit resulted in improvements in confidence around breastfeeding. More than 90% of participants received a referral to a community-based organization providing support services and nearly 80% received baby supplies. We will continue to work towards improving health equity in Yolo County by providing *Welcome Baby* services. We also continue to evaluate our progress through quantitative and qualitative analyses and identify resources necessary for sustainability.

**MERCY COALITION
AMERICAN RESCUE PLAN (SUBAWARD # 4474)**

**Final Technical/Progress Report
12/1/22 - 11/30/23**

SUMMARY

In its first year of operation, Recovery Cafe West Sacramento exceeded all expectations - not only in surpassing its performance measures, but in leveraging its \$80,210 ARP2 allocation in ways that we couldn't have imagined at the outset.

Over the course of the 12-month grant period, the Recovery Cafe evolved from an innovative pilot program into a centerpiece around which numerous other interlocking service components could be connected. This blossoming ecosystem of health, healing and hope on Drever Street in West Sacramento has become known as the Mosaic Village, and it could not have been possible without Yolo County's ARP2 investment in the fledgling Recovery Cafe.

As we write this summary in January 2024, Mercy Coalition has moved its entire resource station into a 3,000sf commercial space across the street from the Recovery Cafe. Here our staff, volunteers and cafe members help us process emergency food, clothing and hygiene items for distribution to the city's unsheltered population. A new partnership with Center for Land-Based Learning has placed a startup urban farm on land adjacent to the Recovery Cafe site, where fresh produce can flow straight to the cafe and members can participate in healing gardening / growing classes as part of the onsite School for Recovery. With this interconnected campus of services in place, paid internships are being offered to as many as five individuals from our priority population, all as part of our exploding JAM Academy workforce development program. These interns work throughout the cafe and Mosaic Village in roles such as transportation, administrative / clerical, janitorial / maintenance, warehousing, and assisting with the urban farm.

Because of Yolo County's partnership in growing up the Recovery Cafe in its first year, a pretty remarkable landscape of restorative community is spreading in West Sacramento for individuals impacted by substance-use disorders, homelessness, mental-health disorders, domestic violence and trauma. (Really, y'all should come see it. :)

WHAT WENT WELL

Utilizing an innovative and trauma-informed model from the nationwide Recovery Cafe Network, the staff and members at Recovery Cafe West Sac quickly found their

own unique identity in this healing universe. With member photos on the wall, raucous weekly bingo games, four weekly Recovery Circle support groups, fantastic hot food each day, and a growing bevy of School for Recovery classes, a crowd of 25-30 regulars helped shape the safe and joyful environment of the cafe. Visitors unfailingly commented on the “vibe” of fun, love and support that was in the air each day.

The cafe became a frequent meeting place for case workers and clients from partner agencies, such as Downtown Streets Team, Yolo County Children’s Alliance and Communicare. The peer support at the cafe was embodied every day by the cafe staff, all of whom have lived homelessness experience and most of whom have personal or family experience with substance-use disorders. Members built trusting friendships through their Recovery Circle support groups, monthly “Celebration Fridays,” lavish banquets for holidays like Thanksgiving or Mother’s Day, and an inclusive acknowledgement of heritage celebration months, Pride Day, Juneteenth, Veteran’s Day, etc.

In short, people wanted to be there, and people felt loved and hopeful as a result of being there. This was the intangible goal of the Recovery Cafe from Day One.

CHALLENGES

Cafe attendance did ebb and swell at times, particularly in seasons of extreme heat or stormy weather. (A new transportation van, driven by a transportation intern from the JAM Academy, should help overcome this barrier in 2024.) Inflation caused food costs to skyrocket, at precisely the same time that local food banks had fewer low-priced items available on their shelves. Somewhat surprisingly, we had virtually no behavioral issues among the cafe attendees, despite great amounts of trauma being carried by many.

PERFORMANCE MEASURES

MEASURE	Target	FINAL
1.1 Number of hot meals served	3,000-5,000 meals	3637
1.2 Number of unique individuals served	100-130 unique individuals	403
2.1 Number of individuals who access Café membership and weekly support groups	50 unique individuals	120
2.2 Number of interactions (attendance) in Recovery Café circles, School for Recovery, JAM Academy	1,400 interactions	1581
3.1 Number of individuals who report improvement in physical, mental, emotional, relational health as a result of regular café membership.	80% of respondents reporting café inspired improvement	Over 90%

FINAL BUDGET

RECOVERY CAFE WEST SAC 12/1/22 - 11/30/23		ARP2 Budgeted	ARP2 Funding Final	% Used	Other Sources Budgeted	Other Sources Final	PROJECT TOTAL BUDGET'D	PROJECT TOTAL FINAL
	Personnel/ Salaries	\$ 32,720	\$ 33,054	101.0%	\$ 157,270	\$ 89,926	\$ 189,990	\$ 122,980
	Capital Expenses	\$ 14,900	\$ 14,945	100.3%	\$ 15,500	\$ 7,185	\$ 30,400	\$ 22,130
	Operating Expense	\$ 8,300	\$ 7,273	87.6%	\$ 7,700	\$ 9,171	\$ 16,000	\$ 16,444
	Program Supplies	\$ 17,000	\$ 17,646	103.8%	\$ 25,000	\$ 9,793	\$ 42,000	\$ 27,439
	Indirect Cost	\$ 7,290	\$ 7,292	100.0%			\$ 7,290	\$ 7,292
	TOTAL	\$ 80,210	\$ 80,210	100.0%	\$ 205,470	\$ 116,075	\$ 285,680	\$ 196,285

LASTLY, A PERSONAL NOTE ...

Compulsory reports aside, it would be difficult to fully articulate the humility and gratitude we feel toward the County for its investment in this project. I promise you that this \$80,000 changed lives in powerful and visceral ways, changed family trajectories, changed the sense of hope that exists in one small slice of West Sacramento.

These people are our friends, and your gift to us was a truly impactful gift to them. When we wrote for this ARP2 money in the fall of 2022, we hoped that we were pouring a legacy of compassion and inclusion that would outlast us all. Now we *know* that we have ... and the County's trust and partnership made it possible.

On behalf of scores of broken individuals, coming together to form a lifeboat of care for all:

Thank you.

Don Bosley, MC Executive Director



To: Yolo County Board of Supervisors
From: Jessica Hubbard, Executive Director, Yolo Community Foundation
Date: February 1, 2024
Re: Final Grant Report, Expanding the Yolo County Nonprofit Leaders Alliance
Award #: 4518

Background

In 2022, the Yolo Board of Supervisors awarded a \$25,000 grant to the Yolo Community Foundation (YCF) to expand the Yolo County Nonprofit Leaders Alliance (NPLA) and enhance its services for Yolo County nonprofits. The NPLA's primary objective is to provide professional development and networking opportunities to all Yolo County nonprofit organizations. Working in collaboration with NPLA partners, the Yolo County Library and the Impact Foundry, our collective goal was to strengthen NPLA's capacity, extend its reach, and enrich the diversity and frequency of its offerings.

Established in 2012 with support from the Yolo County Library, the California State Library, the Institute of Museum and Library Services Act, and the Davis Friends of the Library, the NPLA has evolved over the years. Yolo County Library contributes meeting spaces, relationships, and geographical expertise, while the Impact Foundry leverages its extensive faculty and regional nonprofit resource center. YCF brings strong relationships with local nonprofits, expertise in addressing community needs and also takes the lead in staffing the initiative. The NPLA has successfully transitioned from primarily in-person events to a combination of virtual and in-person offerings, adapting to the challenges posed by the pandemic. Currently, the NPLA boasts an email list of over 400 local nonprofit professionals from over 120 organizations, demonstrating its reach and impact in the Yolo County nonprofit sector.

We have used the Yolo County grant funds for the expansion of the NPLA to better serve Yolo nonprofits by meeting, and in some cases surpassing, the following grant program goals:

1. Increase the number of training opportunities offered with near-monthly events (approximately 10 per year).
2. Experiment with a wider range of formats – e.g., expert workshops and panels, peer discussions, office hours with professional advisors, etc.

3. Identify new ways of serving and connecting our members, potentially utilizing listservs, Slack, or Facebook groups in which members could interact with one another, compiling resources available to local nonprofits, etc.
4. Engage in proactive outreach to local nonprofits, to ensure a wide range of organizations, including small, rural, volunteer-led nonprofits, and BIPOC-led nonprofits from every corner of the County are aware of and able to engage with the NPLA.

This final report utilizes data collected as part of the NPLA program evaluation which involved a survey, attendance/participation metrics, and analysis of post-event feedback. We discuss here our actionable recommendations for program improvement with the aim of enhancing NPLA's future impact, effectiveness, and participant satisfaction. We also include our planned business model that will enable us to maintain NPLA program operations long-term.

Enhanced NPLA Programming

Between July 2022 and June 2023, we successfully hosted 17 NPLA events, engaging approximately 300 participants¹. These events, ranging from group discussions and workshops to panels and informal gatherings, have not only quantitatively increased training opportunities but have also qualitatively enriched experiences through diverse formats. A detailed spreadsheet of all NPLA activities from July 2022 to June 2023 is provided for your reference.

Creating Virtual Nonprofit Community Spaces: In response to the growing need for dedicated community spaces, we introduced two virtual platforms to foster collaboration and communication among Yolo nonprofit professionals.

- **NPLA Facebook Group (Launched December 2023):** Acknowledging the importance of a dedicated community space, we initiated the private Yolo County NPLA Facebook Group. This closed group provides a central hub for Yolo nonprofit professionals to connect, share ideas, and seek advice in a private and secure environment.
- **Yolo Nonprofits Google Events Calendar (Launching Soon):** Our upcoming NPLA Yolo Nonprofits Google Events Calendar is designed exclusively for Yolo County nonprofits. This platform will allow organizations to share their upcoming events, facilitating seamless coordination, minimizing scheduling conflicts, and

¹ Note that this number includes duplicate attendees (i.e., if an individual attended 3 events, they were counted 3 times).

promoting collaboration within the Yolo community. Please note that the NPLA Nonprofit calendar is intended solely for Yolo County nonprofits and will not be accessible to the public.

These initiatives, the NPLA Facebook Group and the Yolo Nonprofits Google Events Calendar, represent significant strides in providing a collaborative platform for Yolo nonprofits. By filling an existing gap, these platforms serve to enhance communication, encourage resource-sharing, and improve coordination among local nonprofits, fostering a stronger and more interconnected nonprofit community in Yolo County.

NPLA Pilot Program Evaluation

In September 2023, we launched and completed an NPLA Pilot Program Survey and asked Yolo County nonprofits to assess the strengths and areas for growth for the NPLA. The NPLA Survey received a total of 23 survey responses. Of the 19 survey participants who reported having attended an NPLA event, 84% of them indicated an overall high level of satisfaction with their NPLA experience and 16% stating they were slightly (5%) or moderately satisfied (11%). Notably, 58% reported having already implemented knowledge gained from NPLA events at the time of the survey, demonstrating the program's practical impact. NPLA survey respondents noted:

"We implemented strategies from the year-end fundraising event immediately. The nonprofit pay webinar was also very helpful and timely as we posted two positions shortly after the webinar so we were able to use information gained in that event in forming our position descriptions and pay scales."

"At one of the [NPLA] meetings that I attended, the discussion turned to strategic planning, and that helped to define the process that my board was going through."

Key Findings & Recommendations

- **Enhancing Networking and Collaboration:** The impact of the NPLA on networking and collaboration among Yolo nonprofits is evident, with 63% of respondents acknowledging its significant role. Surveyed participants shared instances where networking within the NPLA directly translated into grant opportunities, showcasing the program's positive influence. One respondent emphasized, *"By providing these [NPLA] offerings, you provide the opportunity for collaboration and networking that otherwise would not take place."* Another participant expressed, *"Just by bringing us together that helps a lot."* These

remarks underscore the transformative effect of the NPLA in fostering connections, collaborations, and potential opportunities for local nonprofits.

- **Most effective NPLA events:** It is clear from the survey that nonprofit leadership and staff are limited on time and expressed that while they feel in-person events are most effective for connection and networking, virtual events can be easier to attend or to watch the event recording at a later time. Peer discussions and expert panels (both in-person and virtual) were the event formats with the greatest levels of satisfaction. The annual NPLA Appreciation Party and the Yolo State of the Sector Report events were also highly rated and widely attended by survey participants.
- **NPLA Office Hours:** For the first time, we offered NPLA Office Hours, which provided local nonprofits with the opportunity to sign up for 30-minute Zoom sessions with dedicated consultants in fundraising, strategic planning/grant management, or marketing/communications. Consultants generously volunteered a total of 5.5 hours of their time, providing eleven 30-min sessions. Office hours filled quickly for each of our 3 consultants, and we had waitlists. Of the 11 nonprofits who participated in the office hours, eight provided us with feedback via surveys. The surveys revealed a high level of satisfaction, with the majority expressing their appreciation for valuable guidance in areas such as local connections, strategic planning, and fundraising strategies. Participants emphasized that the office hours had a positive influence on their ability to fulfill organizational missions, highlighting the identification of local support and strategic communication planning. Office hour participants expressed a strong interest in diversifying covered topics in the future, including marketing, budgeting, and staff/HR-related areas. We feel the office hours were a significant success and have plans to continue offering this opportunity each year, using the feedback we received to help guide us in enhancing and expanding the program. As two NPLA Office Hours participants noted:

“It is always valuable to engage in conversation with those who are outside your organization and less familiar because it brings fresh perspectives and they can ask questions and spark ideas otherwise not possible. Even though the conversation could have gone on much longer I appreciated being forced to confine my questions to 30min. Really helped me prioritize my questions and also resulted in a few very practical next steps.”

“During office hours we were able to understand a more manageable way to begin strategic planning in our organization and we have begun

implementing a process based on that advice.”

- **Member Fee Support:** Thirty five percent (35%) of survey respondents indicated their willingness to contribute an annual membership fee, demonstrating support by the nonprofit community for sustaining the NPLA program. Furthermore, 65% of participants expressed interest but sought additional information on a membership-based fee. Only one survey respondent stated a lack of interest in paying an annual fee for NPLA programming. Collectively, this suggests a significant openness among participants to consider a membership fee model, offering a promising foundation for potential future financial backing for NPLA.
- **Outreach to West Sacramento and Clarksburg:** As part of our ongoing efforts to broaden the reach of the NPLA, we are actively engaged in increasing outreach to nonprofits in West Sacramento and Clarksburg, regions currently underrepresented in our NPLA activities. In an effort to better understand existing structure and needs, YCF Executive Director Jessica Hubbard and Grants & Programs Manager Rachel Smith toured Clarksburg with Mike Campbell, a former Yolo Community Foundation board member and active Clarksburg community member and discussed ways to better support Clarksburg nonprofits. Additionally, YCF is partnering with the West Sacramento Foundation to co-host an outreach meeting with West Sacramento nonprofits at the County library scheduled for March 5, 2024. These efforts underscore our commitment to fostering collaboration and support within these communities.
- **Expanding Connections to BIPOC-Led Nonprofits:** In our ongoing dedication to nurturing an inclusive and diverse Yolo County nonprofit community, NPLA has actively pursued stronger connections and increased engagement with BIPOC-led nonprofits. Through engaging our existing Yolo nonprofit network and conducting extensive research including insights from our State of the Yolo Nonprofit Sector Survey and data from the California Attorney General's Office, we have identified a limited number of BIPOC-led nonprofits in Yolo County. Acknowledging the need for a deeper exploration, we are assessing the effectiveness of our outreach strategies in connecting with existing BIPOC-led nonprofits and verifying whether the identified number accurately reflects the landscape. Understanding the importance of Diversity, Equity, and Inclusion (DEI), we are committed to not only enhancing connections with BIPOC-led nonprofits but also exploring avenues to deliver DEI programming to all Yolo County nonprofits. Yolo nonprofits through the State of the Sector Survey and other feedback mechanisms have highlighted the desire for expanded DEI training. We will continue to refine our strategies, seeking broader and more

effective avenues to connect with BIPOC-led nonprofits and delivering valuable DEI programming for the benefit of all our partners.

- **Recommendations for NPLA Improvements:** The feedback from our NPLA participants not only gave valuable suggestions for program improvement but also outlined strategic steps for enhancement. Respondents stressed the importance of recording and sharing event sessions (both in-person and virtual events) to address scheduling challenges. There was also a strong desire for increased engagement with potential donors and broader outreach to service groups like Rotary, Kiwanis, and Soroptimist. In response, we're taking clear actions to make NPLA more inclusive. We're expanding event locations and scheduling more early evening sessions to accommodate those who are involved in all-volunteer nonprofits and have full-time jobs. Concurrently, we're exploring ways to record training events, making them accessible later for busy nonprofit workers. These steps align with NPLA's commitment to continuous improvement and robust support for Yolo County's nonprofit community.

NPLA Executive Director Circles

The NPLA survey included feedback from participants in the NPLA Executive Director Circles pilot program in fall 2022. The goal of the ED Circles was to assess how the NPLA could effectively support Yolo County executive directors through a peer learning initiative. In the pilot, a total of 31 executive directors took part. Specifically, 10 NPLA survey participants provided feedback on the ED Circles segment. Their responses highlight the program's significance, with 90% expressing “quite a bit” (40%) or “significant” (50%) satisfaction with their overall ED Circles experience. Likewise, 90% of respondents noted that the session topics aligned with their expectations and addressed their needs as executive directors. Key insights from the ED Circles program include:

- **Peer Interactions Most Beneficial:** Almost all survey respondents highlighted the primary advantage of the ED Circles program as the opportunity to meet and engage with peers across different sectors. Connecting with other EDs, especially from diverse fields, offered them a unique chance for cross-sector collaborations and expanded professional networks. Notably, 70% of ED Circle respondents reported actively engaging in conversations or collaborations with fellow participants outside the sessions. As ED Circle participants noted:

“This can be a very lonely job and the connections I made through this program have been invaluable to me, both in terms of having people to

talk with about best practices and share the joys and challenges of being an ED.”

“Connecting with other Executive Directors from throughout Yolo County has helped me feel more connected to the nonprofit community as a whole.”

- **Recommendation Rate:** A strong recommendation rate of 70% underlines the program's significance to the community, providing a unique opportunity for EDs to connect and share experiences.
- **Areas for Improvement:** Respondents noted that one challenge to the ED Circles program was the inconsistent attendance of some participants, making relationship development difficult at times. Additionally, while the majority of participants reported communication or engagement with other participants outside of the sessions, 30% of respondents mentioned having little to no follow-up interactions with their ED Circle peers. To ensure that ED Circles serve as a catalyst for lasting connections and collaboration, we recognize the need for a structured follow-up plan, additional networking opportunities, or resources to encourage ongoing collaboration. These enhancements aim to support participants in establishing and nurturing meaningful connections and foster collaborations beyond the formal session framework.

The NPLA Executive Director Circles pilot program was notably successful, with participants expressing high satisfaction. Insights gained from this inaugural cohort will be instrumental in refining future leadership initiatives. While the specific format may evolve, the program's success underscores the ongoing importance of providing spaces for Yolo County nonprofit leaders to connect and collaborate.

End of NPLA Pilot Grant and Future Outlook

As we conclude the grant period for the NPLA Expansion Pilot, based on feedback from our nonprofit partners and responses we have received on our NPLA events, we feel the grant funding from the County has been successfully allocated to meet our goals of expanding and enhancing professional development and networking opportunities to all Yolo County nonprofit organizations. Moving forward, our commitment is to leverage a combination of funding types to sustain NPLA programming into the future.

Looking ahead, we will continue to offer professional development, capacity building and networking opportunities in support of our Yolo nonprofit organization on a regular basis. The Nonprofit Appreciation Party will continue as an annual event celebrating the vital work and commitment of nonprofit staff, leadership, board members, and

volunteers who have made a significant impact on the lives of Yolo community members. We will also continue to host an NPLA event associated with our annual State of the Yolo Nonprofit Sector report which will allow nonprofit leaders to discuss report outcomes and collective actions the NPLA can facilitate to address the nonprofit needs identified in the report.

In addition, we are committed to further expanding the NPLA Facebook group, providing a dedicated space for community interaction. The management and utilization of the NPLA Google calendar will persist, fostering seamless communication and collaboration among Yolo nonprofits. These initiatives collectively underscore our ongoing dedication to the growth and cohesion of the NPLA and its support for the Yolo nonprofit community.

A New NPLA Business Model: We're exploring the introduction of NPLA Annual Membership Dues, designed with a sliding scale for affordability.

As part of the new NPLA business model, we will be also exploring the development of NPLA Event Series—a succession of several gatherings centered around a specific theme spanning a defined period. These series will comprise various formats, such as expert speakers, panels, workshops, and group discussions, with the primary focus of all aimed at delving deeply into a chosen cause or timely topic. Collaborating with industry partners and local donors to develop and sponsor each series is a strategic approach to ensure the success and sustainability of the Event Series. This collaborative model not only broadens the support base for NPLA programming but also strengthens ties with the local community and businesses, fostering relationships and engaging in collective impact. We are currently finalizing plans for our first funded Event Series.

In addition, we will pursue an NPLA title sponsor, who may be a business providing a sponsorship, an individual providing a donation, or a foundation or government entity providing grants. This diverse funding strategy not only strengthens the financial base of NPLA but also allows us to be adaptable to the changing needs of Yolo County nonprofits.

Final thoughts & Future Directions

The Yolo County Nonprofit Leaders Alliance (NPLA) Expansion Pilot has exceeded its objectives in enhancing professional development and networking opportunities for Yolo County nonprofits. The grant funding from Yolo County has been instrumental in not only expanding the frequency and diversity of training opportunities but also in creating innovative virtual spaces to foster collaboration and communication among Yolo County nonprofits.

The survey results and feedback collected affirm the positive influence of NPLA on networking, collaboration, and the practical implementation of acquired knowledge within Yolo nonprofits. The success of initiatives such as NPLA Office Hours underscores the program's relevance and its ability to provide tailored support to the specific needs of nonprofit organizations.

Looking forward, we are committed to continuing to manage NPLA sustainably, through the development of diversified funding approaches, including the potential introduction of NPLA Annual Membership Dues and the innovative NPLA Event Series. These strategic moves not only strengthen the financial foundation of NPLA but also demonstrate our adaptability to the evolving needs of the Yolo County nonprofit sector.

YCF will continue to support key events like the Nonprofit Appreciation Party and State of the Yolo Nonprofit Sector, providing essential moments of celebration, reflection, and collective planning. We will also continue to host workshops, panels, office hours, and other networking and capacity building programs. Initiatives like the NPLA Facebook group and the Yolo Nonprofits Google Events Calendar will continue to be central in fostering seamless communication and collaboration among Yolo nonprofits.

Moving forward, we remain committed to the ongoing growth and cohesion of the NPLA, ensuring that it continues to be a valuable resource and support system for the Yolo County nonprofit community. We will continue to expand and invest in outreach to include smaller, volunteer-led nonprofits, BIPOC-led organizations, and strengthen ties in West Sacramento and Clarksburg. Our ongoing efforts are geared towards making NPLA a robust resource for the diverse landscape of the Yolo County nonprofit community.

On behalf of the Yolo Community Foundation, we extend our deepest gratitude to the Yolo County Board of Supervisors for the grant funding in support of the NPLA Expansion Pilot. Your commitment to enhancing professional development and networking opportunities for Yolo County nonprofits has been instrumental in the success of our program.



Yolo County Housing Authority

147 W. Main Street
Woodland, CA 95695

Woodland: (530) 662-5428

December 19, 2023

Yolo County Board of Supervisors,

Yolo County Housing has completed the ARP reporting for the ARP Project PO4307 – YCH Yolano-Donnelly Public Housing Redevelopment and attached you will find the final performance measures along with other supporting documentation.

One of the greatest challenges we had to overcome in order to move this project forward was receiving federal approval for new construction on public housing property in a minority concentration census designation location. To receive this approval, local support for the project must be demonstrated and the one-million-dollar American Rescue Plan investment sent a clear message that the Yolo County Board of Supervisors supports the long-term redevelopment of this site.

This funding allowed Yolo County Housing to purchase two parcels at 145 East Street and prepare the site for future development. This site is a key part of the long-term development of the Yolano-Donnelly area as it will allow the project to proceed in phases which will ensure that no existing resident is displaced during this process. Yolo County Housing will be securing a development partner in 2024 and in collaboration with this partner will develop a phasing plan for new construction on currently vacant land, transition of existing residents, demolition of existing buildings, and new construction on the previously occupied land. There are currently 132 units on the project site and through multiple phases over the next several years we intend to revitalize and redevelop the area into a mixed-income neighborhood consisting of approximately 400-450 new units. These new units will house our very-low income public housing residents, and will look to serve the missing middle, often consisting of teachers, first responders, and farmworkers, along with seniors.

Yolo County Housing is committed to ensuring that this investment will improve the lives of existing Yolano-Donnelly residents and creating new housing opportunities to help meet our shared goal of increased affordable housing countywide.

Thank you for your support with this critical project.

Ian Evans
Executive Director
Yolo County Housing
ievans@ych.ca.gov

ARP Project PO4307 – YCH Yolano-Donnelly Public Housing Redevelopment

Project Update: December 19, 2023

Program Lead: Jim Gillette (530)669-2222

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Program Purpose Statement: To Purchase and environmentally clear parcels adjacent to current Public Housing property for the purpose of redevelopment and overall improved safety and community integration for low-and moderate-income families.

Performance Measures Framework	Outcome Measure	Data Collection Method	Update
How much did we do?	Two (2) parcels are purchased, environmentally cleared for development, and existing structures removed.	Documentation of purchase, environmental clearance, and removal of existing structures.	Purchase of the property closed escrow on December 29, 2022 and secured site for future development as part of a larger HUD repositioning and redevelopment project that will require multiple phases of development to complete. This land purchase will facilitate faster redevelopment by increasing the size of the initial phase without displacing existing residents.
How well did we do?	Purchase of parcels with subsequent environmental clearance, and structure removal are completed within 18 months of receipt of funding; parcels are included in overall site design.	Documentation of purchase, environmental clearances, and existing structure removal; larger redevelopment site design includes the two parcels.	See above. Existing structures have been removed and site secured with a perimeter fence. Site survey and CAD file were created to facilitate future development as shown in the concept plan developed in conjunction with City of Woodland staff that provides a roadmap for potential redevelopment options for YCH and adjacent private landowners. Staff have released the RFQs for a development partner and real estate development/transaction counsel. Release of these documents will begin the entitlement and approval

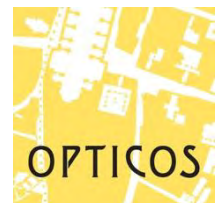
			process for the larger redevelopment that includes these parcels.
Is anyone better off?	Following purchase of parcels, project residents are provided materials describing the project, including the site design and expected timeline for completion	Flyers are distributed and posted at the site.	<p>Town hall was held July 2023 at the Woodland Community & Senior Center. Approximately 30 attendees. Woodland City Council received a presentation in October 2023 and the Planning Commission received a presentation in November 2023, all public meetings.</p> <p>In 2024, resident meetings will be held to share the materials presented at the Town Hall, City Council, and Planning Commission, open to all residents at the impacted locations.</p> <p>Over the next 5+ years, the current Yolo County Housing land that currently holds 132 units will be transformed into a newly constructed mixed-income neighborhood with a total of approximately 400-450 new units. Existing residents will move into newly constructed buildings in phase 1 and potentially phase 2 of the project.</p>



Public Workshop 2

Armfield-Lemen Avenue Neighborhood Study

Woodland, CA
July 19, 2023



Agenda for Workshop 2

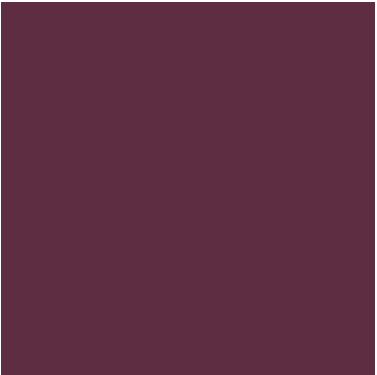
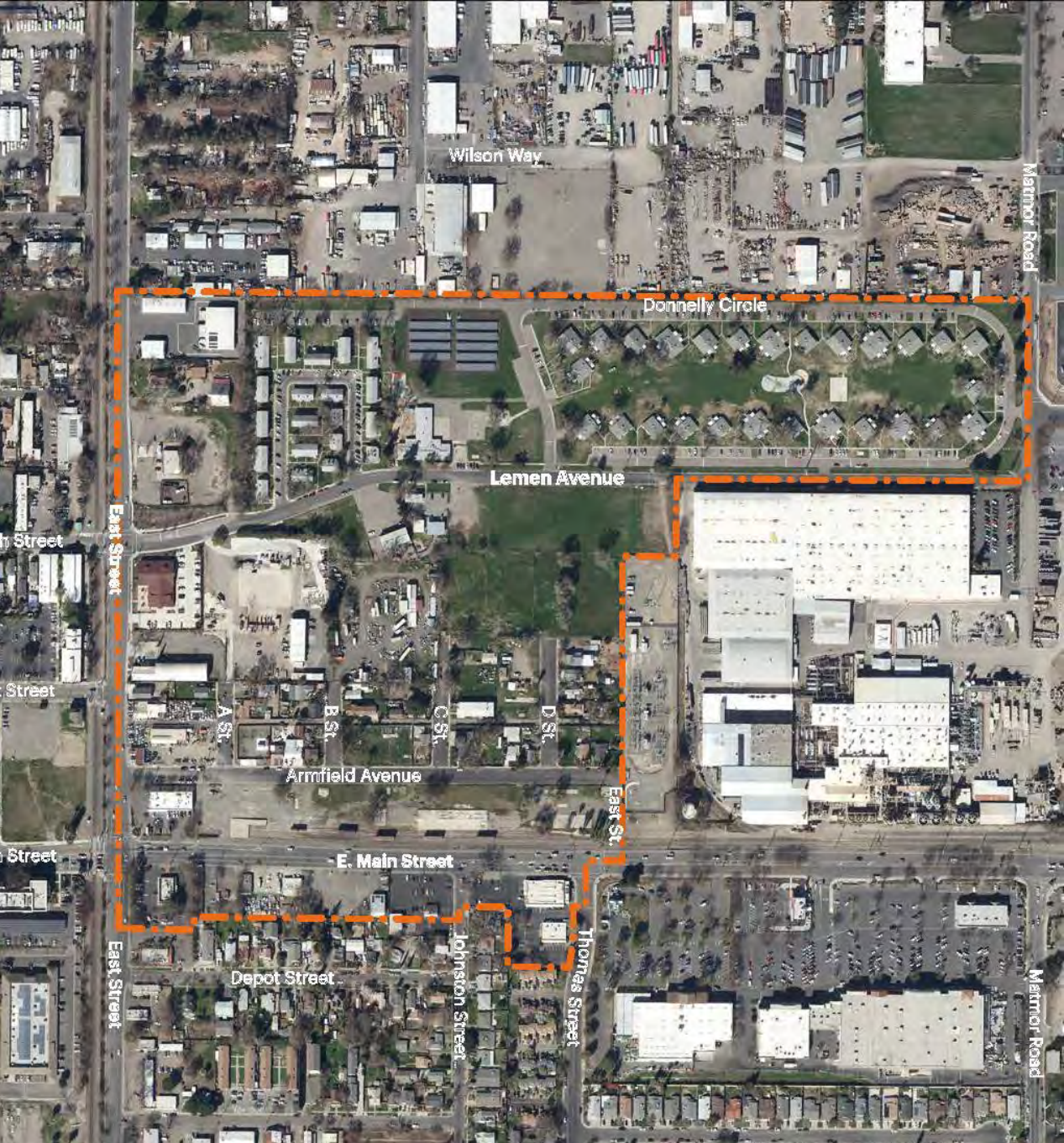
About the project [5 mins] **01**

What we heard [5 mins] **02**

Existing Conditions + Development Considerations [10 mins] **03**

Conceptual Design Framework [10 mins] **04**

About the Project



What is the Neighborhood Framework Plan?

A design and planning effort to evaluate options and opportunities for future development in the Plan Area

What will the Neighborhood Framework Plan do?

- Develop a conceptual design framework to guide future development and prioritize infrastructure improvements
- Seek community feedback at two public workshops
- Inform future planning decisions and zoning updates
- Enable the city to apply for grant funding for infrastructure and other improvements

How is this project being funded?

- Woodland won a Regional Early Action Planning (REAP) grant from the Sacramento Area Council of Governments (SACOG)
- No city General Funds are being used for the project

Plan Area

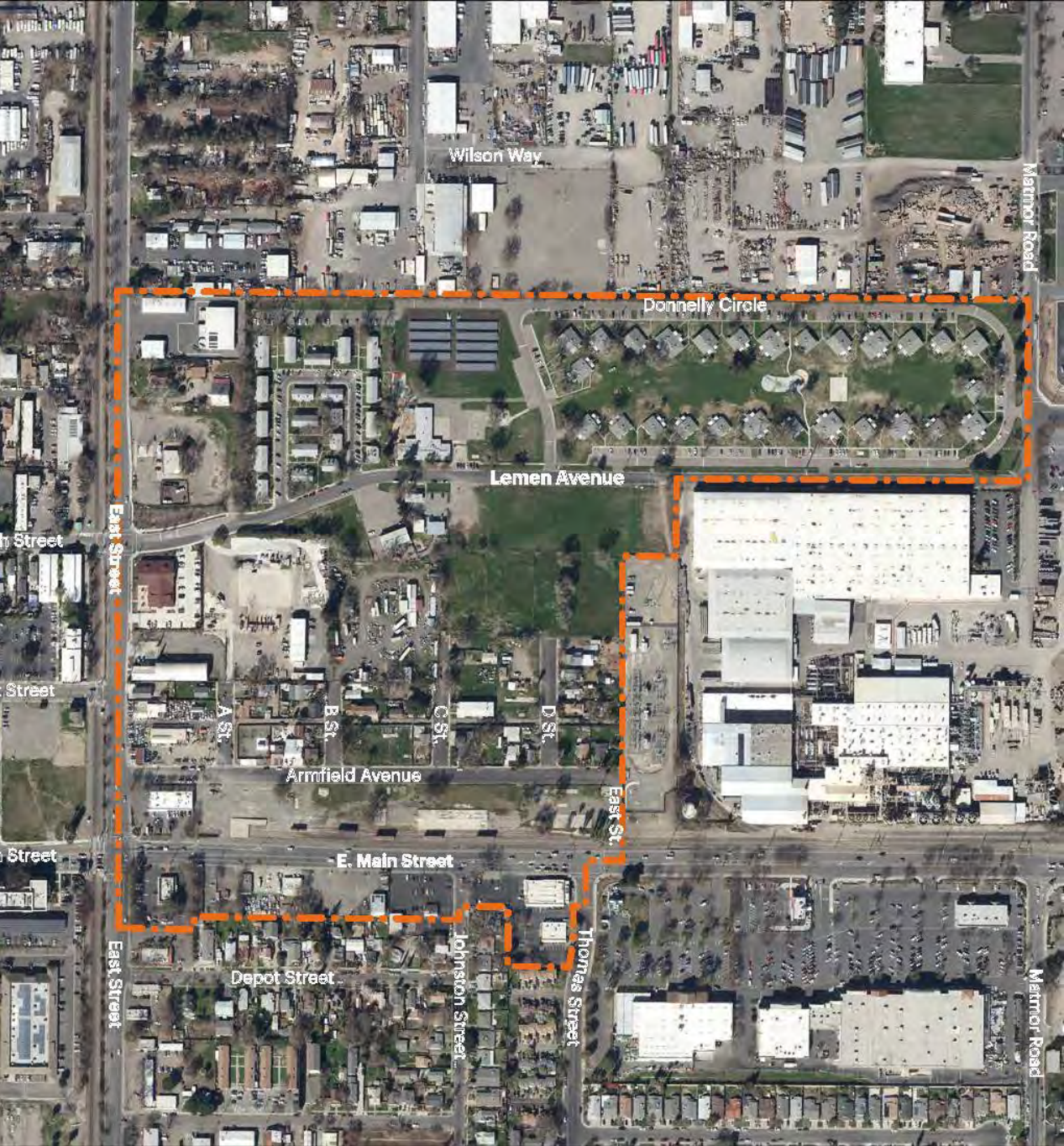
Key Facts

- The Plan area is 75 acres and includes Armfield, Yolo County Housing (YCH) properties and parcels south of E Main St.
- Bounded by East St and E Main St, located ½ mile from downtown
- Existing uses include residential, mixed-use and commercial
- Current 132 YCH units are to be redeveloped (without displacing current residents)
- Current zoning is CMU-E, allowing 20-40 du/ac. General Plan land use is Corridor Mixed Use

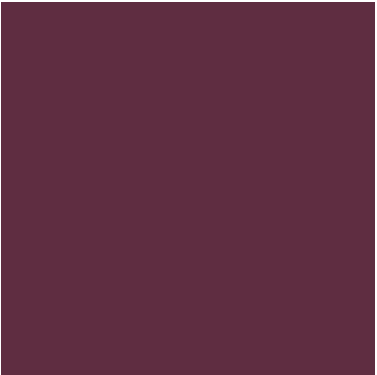


Key milestones





What We Heard from the Community



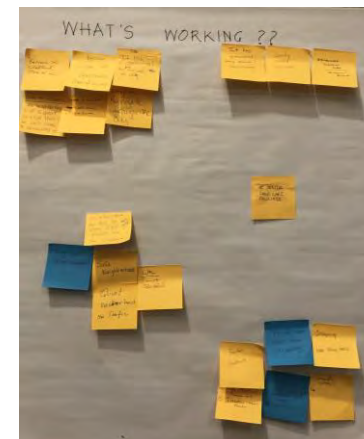
Community feedback

- **Stakeholder interviews with 5 different groups** (property owners, neighborhood and YCH residents and tenants, elected officials, etc.)
- **Workshop discussion** to identify what is working well and what isn't

What do you like about the neighborhood? What is working well?



What do you not like, and think can be improved? What are the issues?



What we heard

What do you like about the neighborhood? What seems to be working well?

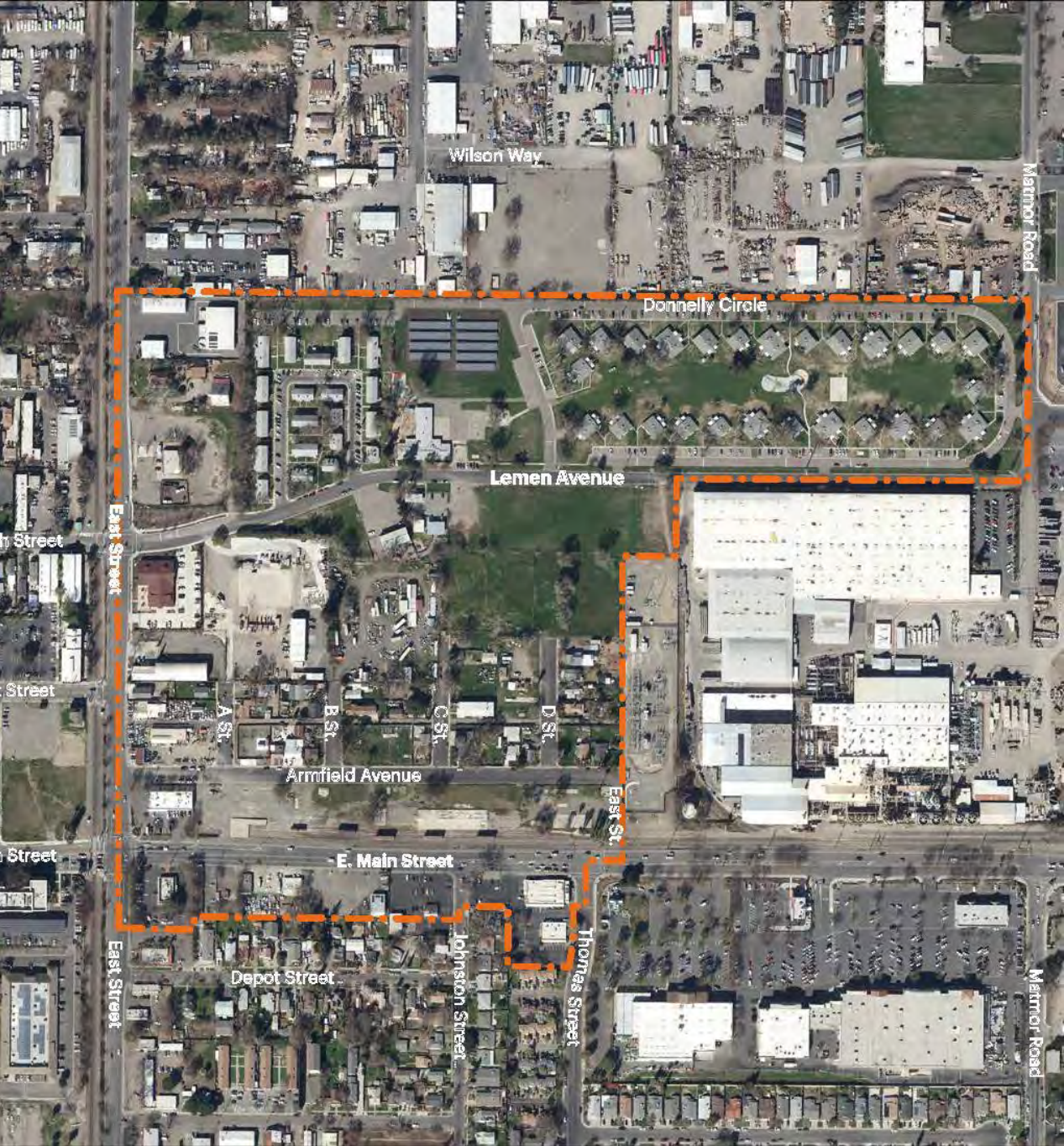
- **Close to downtown**
- **Small businesses**
- **Quiet, peaceful neighborhood**
- **Tight family-like community**

*What do you not like, and think can be improved?
What are the issues?*

- **Not enough housing, no affordable housing**
- **Vacant rail tracks parcel unsafe**
- **Homelessness is an issue**
- **Crime, drug use, vandalism at certain locations**
- **Isolated from downtown**
- **Speeding on Leman Ave.**

Ideas from Workshop 1

Built Environment		New Uses	Short-Term + Long-Term Goals	
Repair streets	Extend Thomas or Johnson St across Main St	Senior housing	Address homelessness	Pilot projects on large parcels
Sidewalk + alley improvements	Safer pedestrian crosswalks	Mixed-use (small scale)	Address drug use, illegal activity	Fix vacancies in Armfield
Connect C Street to Main Street	Railroad parcel improved	Attainable housing	Remove barriers to building housing including permit costs, clearer development standards	



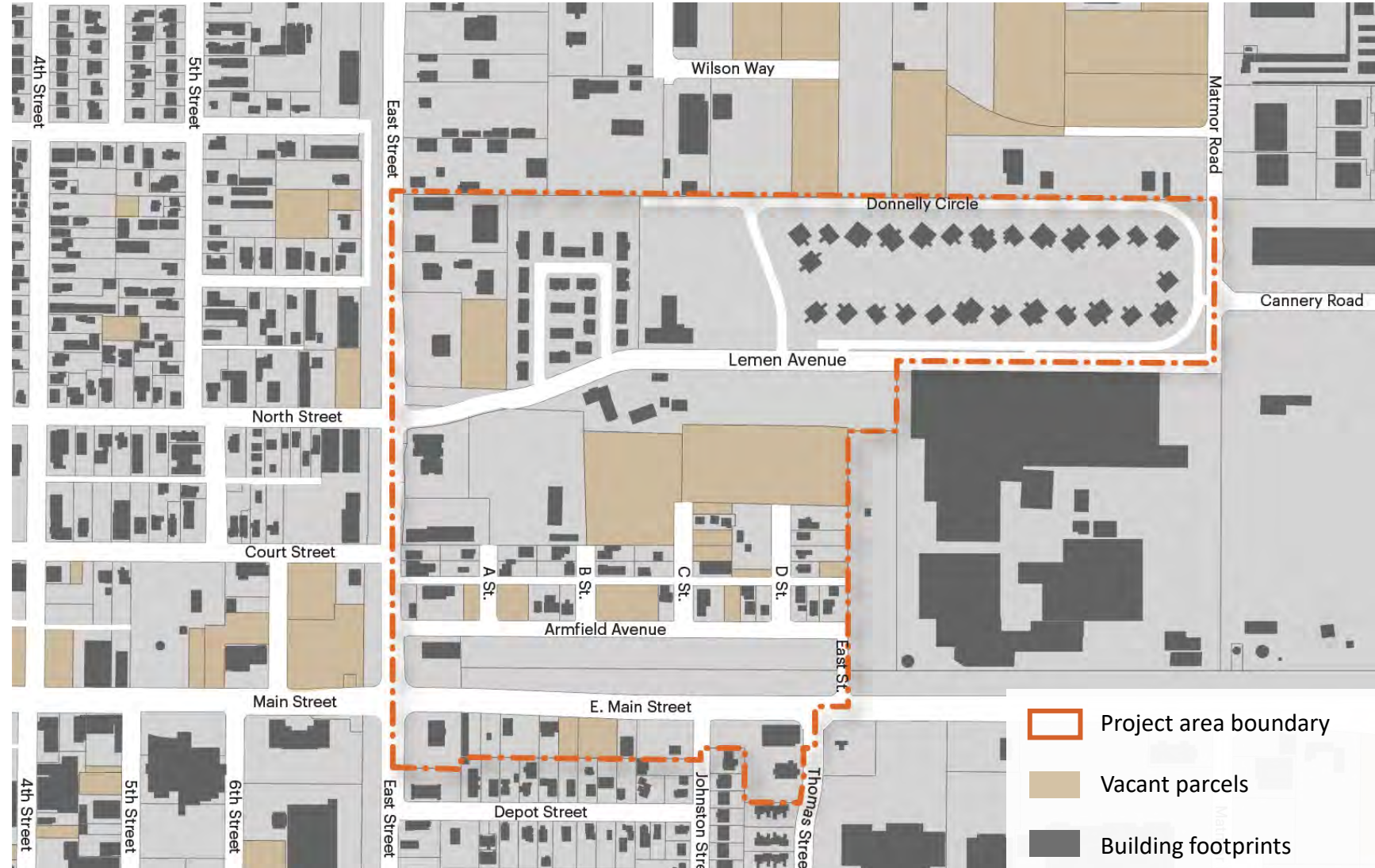
Existing Conditions + Development Considerations

Neighborhood Context + Uses

- A** Industrial/Semi-Industrial
- B** Auto Body Repair/Sales
- C** Retail + Convenience Stores
- D** Restaurants + Cafes
- E** Offices
- F** Local Amenities
- G** Solar Farm
- H** Community Park/ Urban Forest
- I** Sierra Northern Rail Tracks
- J** Existing Residential Uses
-  Armfield Neighborhood
-  Yolano Neighborhood
-  Donnelly Neighborhood
-  South of East Main Street










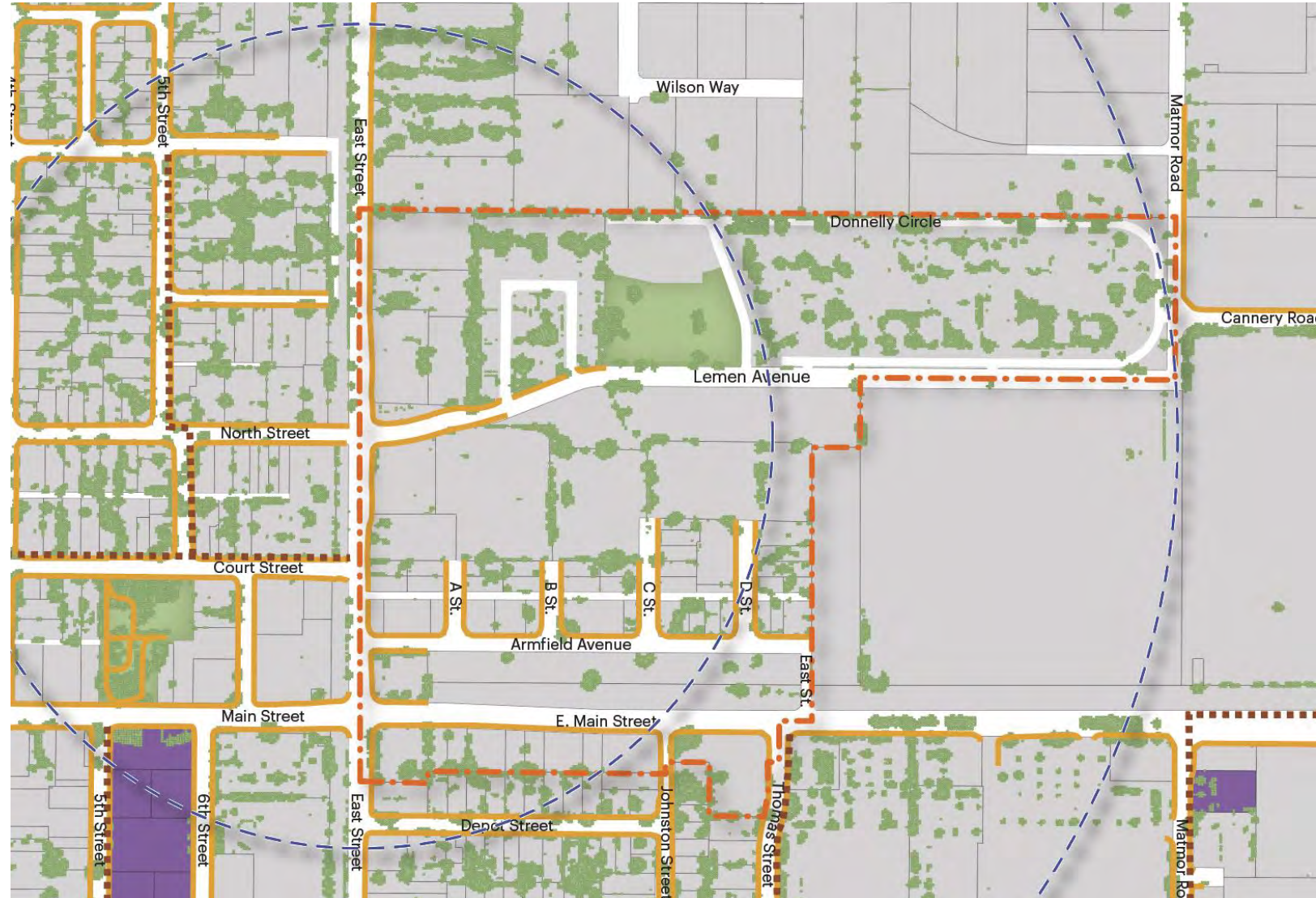
Built Form



Public Realm

- The quality of sidewalks is inconsistent across the neighborhood.
- Most streets have sparse tree canopy
- There is no designated public open space for the community.

-  Project area boundary
-  Open space
-  Tree canopy
-  Sidewalks
-  Existing civic uses
-  Existing bicycle facilities
-  5 + 10-minute walkshed



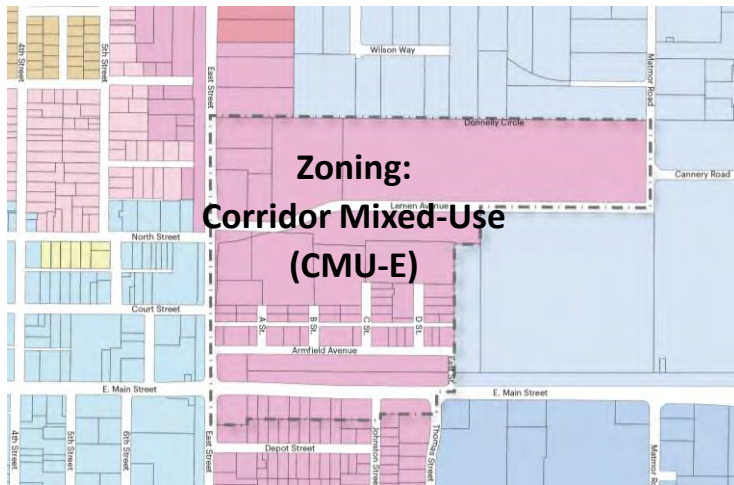
Connectivity

- Low street connectivity with limited options for fire and emergency access
- No internal connectivity between the YCH parcels and Armfield
- A, B, C, and D Streets are cul-de-sacs.

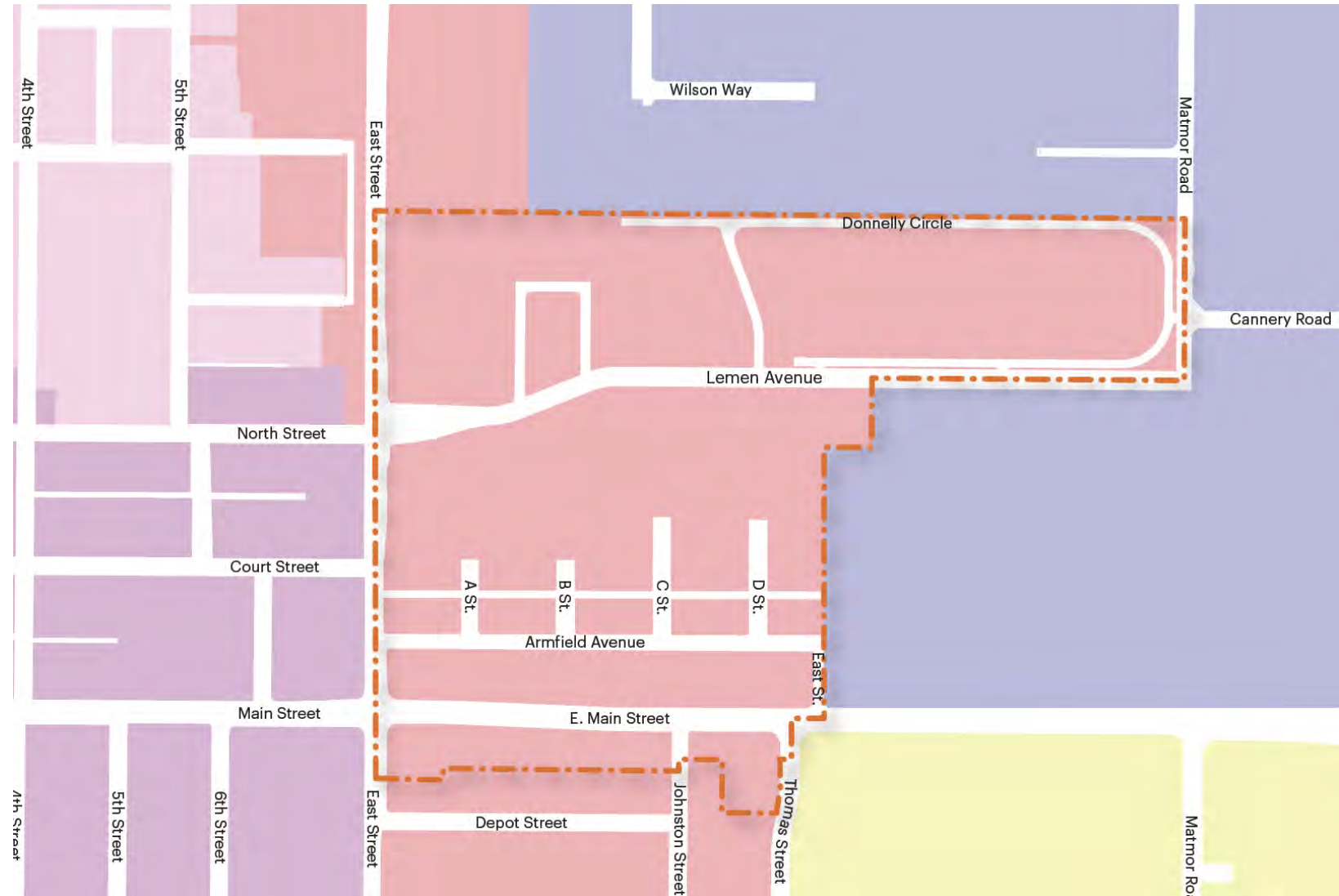


Zoning + Land Use

- Existing uses include residential, commercial, industrial and others
- Zoning is Corridor Mixed Use with allowed density of 20-40 du/acre



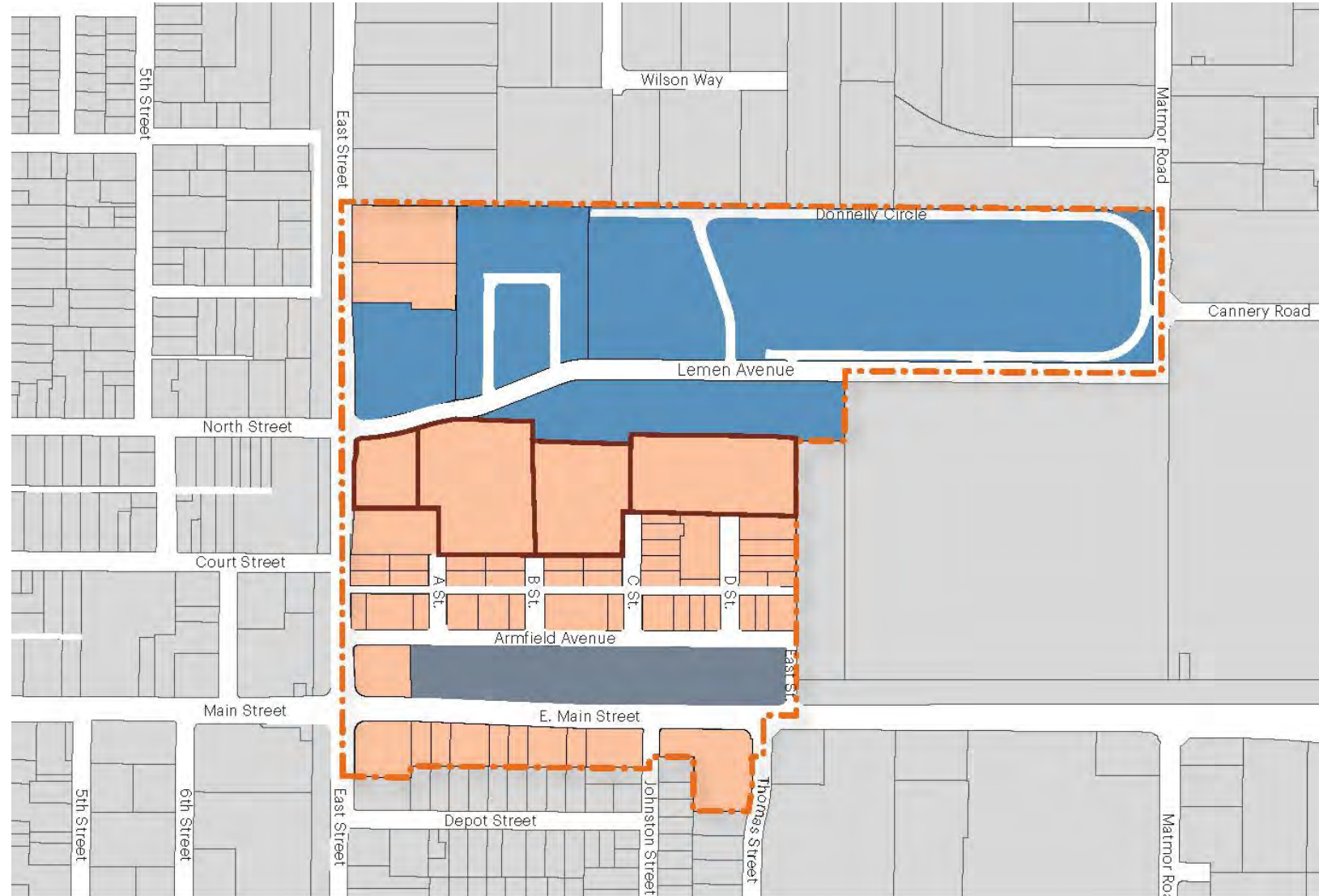
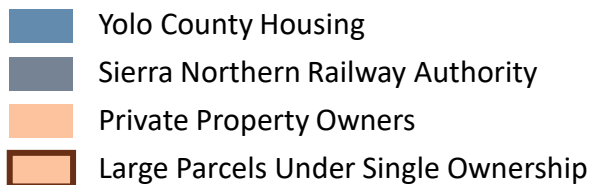
- Community Commercial
- Light Industrial
- Low Density Residential
- Downtown Mixed Use
- Corridor Mixed Use



Ownership

Major property owners:

- Yolo County Housing Authority (Donnelly + Yolano)
- Sierra Northern Railway Authority (railroad tracks adjacent to E Main Street)
- Privately owned, with several large parcels under single ownership



Development Potential

The Plan Area has significant development potential:

- Zoning and Housing Element support evolution of the Plan Area into a mixed-use neighborhood with diverse housing types
- **Residential market analysis** by Zimmerman Volk Associates identified that the Woodland residential market is strong, particularly for multifamily. The Plan Area can capture a significant portion of projected housing demand.
- YCH redevelopment will provide replacement housing for current HUD units, and additional mixed-income housing

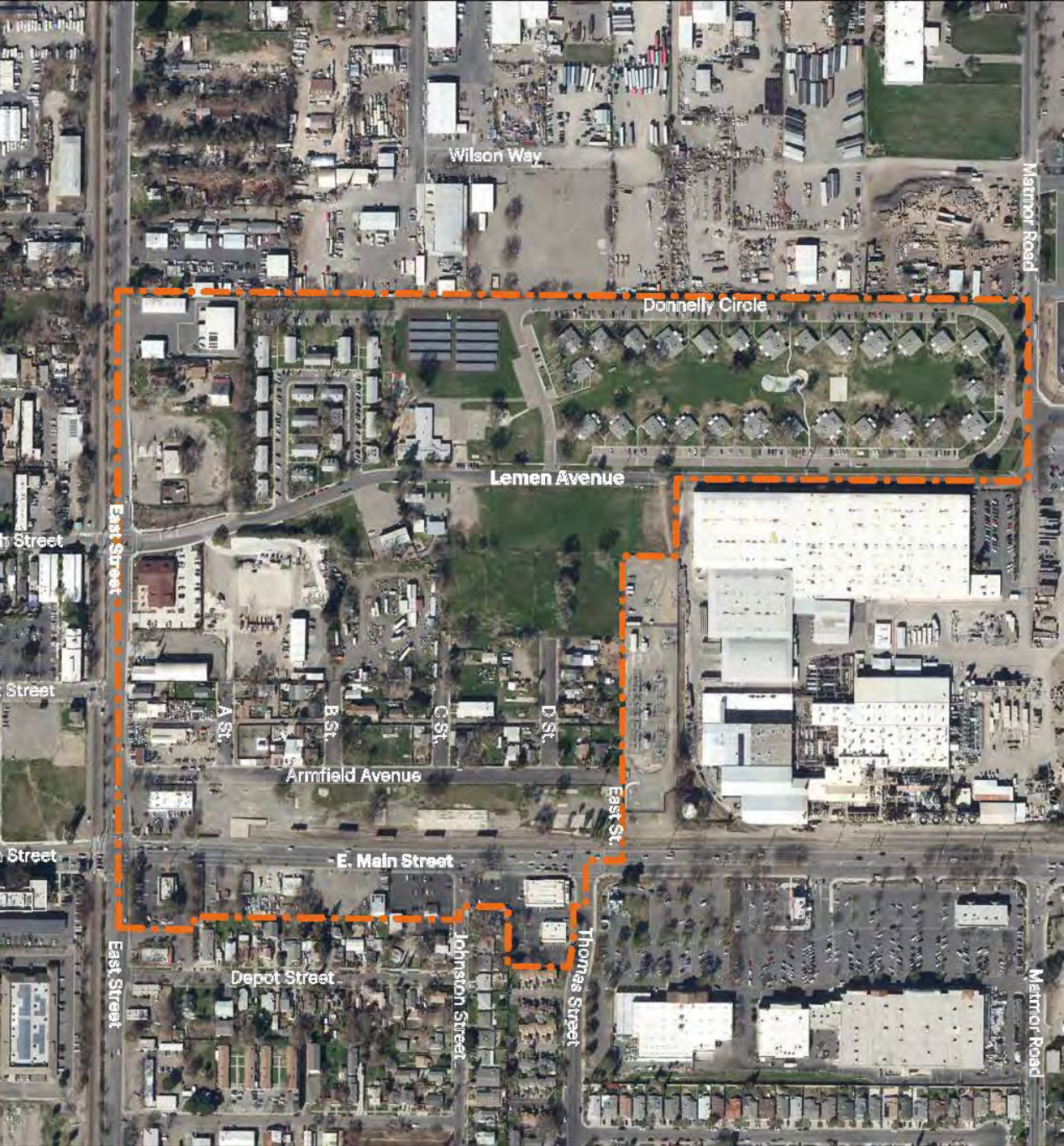
Challenges + Opportunities

Challenges

- **Limited connectivity**
- **Poor quality public realm**
- **Many vacant + underutilized parcels**
- **Inadequate housing choices**
- **Inadequate services and amenities**
- **Incompatible uses, awkward land use adjacencies**

Opportunities

- **Good location and access**
- **Proximity to downtown**
- **Market potential for housing**
- **Zoning allows increased intensity**
- **Favorable ownership pattern for focused investment + redevelopment**
- **Established neighborhood with long-time residents, character + identity**



Conceptual Design Framework



What Can the Framework Plan Do?

- ✓ **Set a vision for a walkable, mixed-use neighborhood**
- ✓ **Help envision what future development is possible**
- ✓ Attract investment from local developers
- ✓ Position the city better for infrastructure grants

What Can More Housing Do?

- ✓ YCH's redevelopment will replace current 132 HUD units with new housing units (both affordable and market-rate) to create a mixed-income neighborhood.
- ✓ Greater housing variety at attainable price points will help first-time home buyers, seniors; allow aging-in-place, and provide rental income opportunities to existing land or property owners.
- ✓ More housing means more households, which help support neighborhood-serving retail, services and amenities.

Neighborhood Framework Plan

What is the goal of this study?

To envision and illustrate concepts for future development that:






- **Meets neighborhood needs** and demonstrates the areas development potential
- Makes the neighborhood **safer and more walkable** with improved street connectivity and emergency access
- Improves public spaces and amenities, envisions **new parks**, increased tree canopy
- Provides **greater housing choice** with a mix of workforce housing, senior, and mixed income housing opportunities.



Neighborhood Framework Plan

PLEASE NOTE

- This is an illustrative showing one potential build-out scenario –
- Actual development may look different.
- The Framework Plan does not change existing zoning and regulations – those will continue to apply.

-  Existing buildings
-  Proposed buildings
-  Parks/Open space
-  Pedestrian/ bike/ emergency access
-  PGE easement



Potential Future Development

The Conceptual Framework recommends a **hierarchy of development intensity**:

- Cluster higher-intensity development on either side of Lemen Avenue to create a central mixed-use node.
- Focus higher-intensity development on either side of E Main St. to take advantage of good access and visibility.
- Use medium-intensity development to transition in scale and form from higher-intensity to lower-intensity buildings within the neighborhood.
- Allow smaller neighborhood-scale multi-family buildings in the interior of the neighborhood.



Examples: Potential Future Development

Examples: Larger Scale Built Environment

- Larger scale multi-family and mixed-use buildings
- Density: 30-40 du/acre
- Examples of building types: apartment buildings, larger courtyard buildings



Examples: Potential Future Development

Examples: Medium Scale Built Environment

- Medium-scale multi-family and mixed-use buildings
- Density: 20-40 du/acre
- Examples of building types: townhouses, rowhouses, garden apartments, small courtyard buildings



Examples: Potential Future Development

Examples: Small/ Neighborhood Scale Built Environment

- Small-scale multi-family buildings
- Density: 20-30 du/acre
- Examples of building types: duplex, triplex, fourplex, townhouses, small-lot single-family homes, cottage courts



Examples: Potential Future Development

Ideas for Mixed-Use Development

- Mixed-use buildings can have neighborhood-scale retail at the ground floor level
- Ground floor uses can also include community facilities such as daycare and other amenities
- Density: 30-40 du/acre



Connectivity + Public Realm

Design Highlights

- **Pedestrian-bike plazas** improve connectivity within the neighborhood. Bollards prevent through-access for cars but allow easy access for fire trucks and ambulances when needed.
- New parks and smaller greens add greenery and trees help to shade streets.
- Community amenities are encouraged as part of future mixed-use projects.





Thank you!



Visit the Neighborhood Plan webpage for project updates:



<https://cityofwoodland.org/1363/ArmfieldLemen-Avenue-Neighborhood-Framew>

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