

**Yolo County
Board of Supervisors**

Resolution No. 24-104

***Declaring August as Breastfeeding Awareness Month and
Honoring the 50th Anniversary of the Women, Infants and Children (WIC) Program***

WHEREAS, human milk feeding is universally acknowledged as the biological norm for infant nourishment, fostering a foundation for lifelong health and wellness; and

WHEREAS, human milk feeding optimally enhances the growth, development, and well-being of the infant by providing the best possible nutrition, protection against specific infections and allergies, and the promotion of maternal and infant bonding; and

WHEREAS, all major medical authorities recommend that mothers breastfeed exclusively for six months with continued breastfeeding for up to two years or beyond, supplemented with appropriate complementary foods; and

WHEREAS, breastfeeding, and human milk feeding, unite everyone, requiring inclusive support to ensure all mothers and parents wanting to breastfeed receive the assistance necessary to reduce breastfeeding gaps; and

WHEREAS, Yolo County and its Health and Human Services Agency recognize the vital importance of supporting lactation across all stages of life. We celebrate organizations' efforts in creating a nurturing environment for parents and emphasize the roles of individuals, funders, and policymakers in sustainable lactation support; and

WHEREAS, we extend our gratitude to organizations, policymakers, health systems, workplaces, communities, and parents for their collaborative efforts in bridging gaps in breastfeeding, reducing inequities, and advocating for breastfeeding support for all; and

WHEREAS, the Women, Infants and Children (WIC) program celebrates its 50th anniversary, providing nutrition and breastfeeding support that has profoundly enhanced the health and well-being of countless pregnant women, infants, children, and families, and

WHEREAS, WIC's dedicated support for breastfeeding, including counseling, education, nutritious food options, breast pumps, and access to Registered Dietitians, Nutrition Assistants, International Board Certified Lactation Consultants, and Breastfeeding Peer Counselors, ensures new mothers, parents, and infants receive the essential support for a successful breastfeeding journey.

NOW, THEREFORE, BE IT RESOLVED that the Board of Supervisors of Yolo County hereby proclaims August as Breastfeeding Awareness Month and honors the 50th Anniversary of Women, Infants and Children (WIC) Program.

PASSED AND ADOPTED this 27th day of August, 2024 by the following vote:

AYES: Vixie Sandy, Provenza, Barajas, Villegas, Frerichs.

Lucas Frerichs, Chair
Yolo County Board of Supervisors