



# **MH Clinical Services and Staffing Discussion**

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**Yolo County Health and  
Human Services Agency**

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Director**

# Background



- Yolo County has historically maintained strong **MHSA fund balances** to support a variety of Behavioral Health programs. Over the last 5-6 years on direction from the board, LMHB and community stakeholders we have continued to expand programming, investments and services. Those expansions while very valuable to our residents have spent down significant portions of fund balance and MHSA continues to be very unpredictable.
- As the county shifts from **MHSA to BHSA** under Prop 1 on July 1, 2026 the above funding issues are seriously exacerbated.
- In 2024 for the 24/25 FY HHSAs staff made several million dollars in permanent **reductions** to MHSA funded programs, internal staffing, contracts and programs.
- We continue to make significant **reductions** in 24/25 and 25/26, hold positions and reduce contracts as MHSA projections continue to dwindle.

# Current Fiscal year issues:

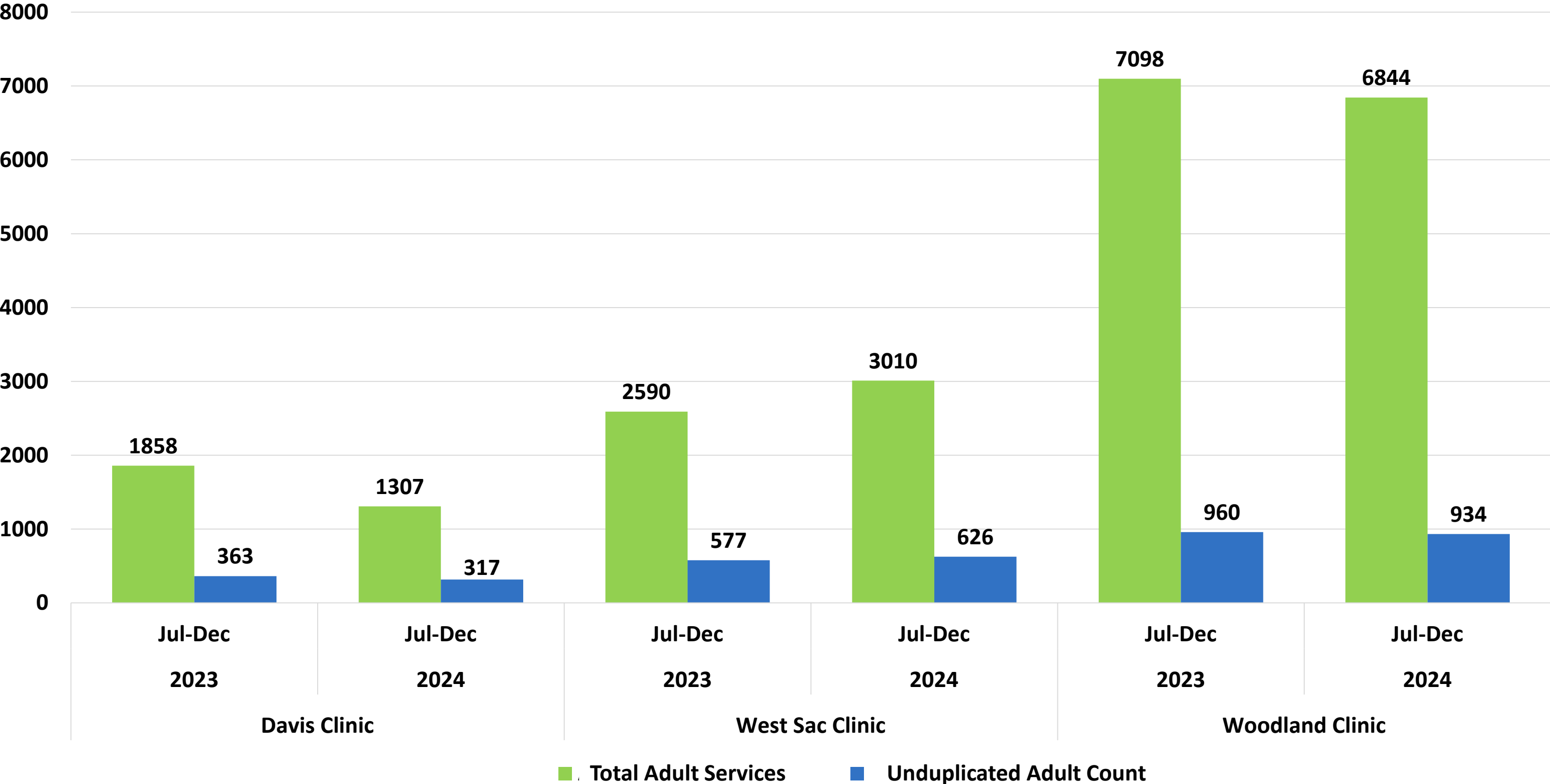


- Prior to July 2024, the Woodland and West Sacramento Clinics were staff with county employees, the Davis Mental Health Clinic was staffed by a contracted provider with 6.5 full time equivalents (FTEs). The contract ended last FY with a plan to request 3.0 new MHSA-funded HHSA staffed positions. Because of emerging funding issues across the county, those and many other positions are frozen. This is impacting **clinical staffing** in all 3 clinics.
- Like positions above, we were unable to add a second budgeted **Crisis Clinician Co-Responder** vacancies, dropping proposed Davis from 2 to 1 FTE.
- As we near the final launching point for the **Crisis Now Receiving Center** service and construction RFPs, final revenue and expenditure projections do not look promising and staff are actively evaluating options to bring forward.

# Clinical Service Utilization



Adults Served and Services Provided





# Mental Health Clinic Staffing Options:

## **Mental Health Clinic Staffing Options:**

1. Modify the Davis and West Sacramento Clinic hours of operation as follows:
  - Davis Clinic: Mondays and Wednesdays 8am – 5pm
  - West Sacramento Clinic: Tuesdays, Thursdays, and Fridays 8am – 5pm
2. Close the Davis Clinic and route client care to West Sacramento or Woodland
3. Add 3.0 FTE positions to continue operating the Davis Clinic full time (1 Clinician, 1 Case Manager, and 1 Administrative Clerk).

## **Staff Recommendation:**

Given current fiscal constraints, hiring freezes and staffing vacancies, Staff recommend **Option 1** which would maximize existing clinic staffing and continue offering services at all 3 sites.



# Maintaining Services in a Challenging Resource Environment

- Client need continues to grow, the cost of providing services continues to increase and revenues continue to decline (or shift under Prop 1).
- High level decisions needed on key mental health services needed in the near future; Embedded Crisis Co-Responders, Crisis Now Receiving Center, Full Service Partnership (FSP) Service provision, Internal Staffing, Electronic Health Record and service levels in our clinics and wellness centers.
- A renewed hyper-focus on Yolo County Medi-Cal recipients who have SMI.
- Aligning program decisions and services with funding sources and MHSA / BHSA, Medi-Cal Billable Services.



# Questions and Discussion