

**Yolo County
Board of Supervisors**

Resolution No. 25-31

Proclamation recognizing April 2025 as Parkinson's Awareness Month

WHEREAS, Parkinson's Disease is a chronic, progressive neurological disease and both the second most common neurodegenerative disease in the United States and the most rapidly growing globally; and

WHEREAS, over ten million people worldwide, over one million people in the United States and over 100,000 people in California are living with Parkinson's Disease; and

WHEREAS, the symptoms of Parkinson's Disease may vary from person to person and can include tremors, rigidity, difficulty with balance, walking, chewing, swallowing and speaking as well as cognitive impairment, mood disorders, and a variety of other non-motor symptoms; and

WHEREAS, research suggests that the cause of Parkinson's Disease is a combination of genetic and environmental factors not yet fully determined even as 2024 saw the identification of a biomarker for earlier more accurate diagnosis and the passage of the National Plan to End Parkinson's Disease to accelerate the search for a cure; and

WHEREAS, volunteers, including local organization Parkinson's Association of Northern California with affiliated Woodland and Davis Parkinson's Support Groups, caregivers, medical professionals, and researchers are striving to improve the quality of life for people with Parkinson's and their families through outreach, education, and greater access to resources including Parkinson's specific exercise programs such as Rock Steady Boxing and care partner respite grants; and

WHEREAS, James Parkinson, who was born on April 11, 1755, described the symptoms most commonly associated with Parkinson's Disease over 200 years ago thus the name of the disease and the designation of the month of April to raise awareness of Parkinson's.

NOW, THEREFORE, BE IT RESOLVED that the Yolo County Board of Supervisors proclaims April 2025 as Parkinson's Awareness Month and encourages participation in raising awareness, supporting research and creating a compassionate community for those impacted by Parkinson's Disease.

PASSED AND ADOPTED this 8th day of April, 2025 by the following vote:

AYES: Allen, Barajas, Villegas, Frerichs, Vixie Sandy.

Mary Vixie Sandy, Chair
Yolo County Board of Supervisors