



# 2025 ANNUAL REPORT

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# FIRST 5 YOLO STRATEGIC PLAN FY 23/24 - 27/28

In alignment with Proposition 10, create and facilitate a more integrated, coordinated, and effective system of care for children 0-5 and their families.

## Goal Areas



### Child Health

Prevention and early intervention to advance optimal developmental outcomes for children early, from prenatal to three.



### Child Safety

Support for parents, caregivers, and families to provide safe environments and relationships that allow children 0-5 to thrive.



### Quality Early Learning

Improved Access and opportunity for quality early learning to support children to enter kindergarten ready to learn.

# Strategic Priorities



**Drive Systems Transformation and Integration**



**Promote Equity and Family-Centered Practices and Policies**



**Leverage Expanded and Coordinated Resources for Our Community**



**Build Strategic Capacity and Agency Capability**

# HIGH-IMPACT SYSTEMS: Leveraging Expanded and Coordinated Resources



## Welcome Baby Road to Resilience

Alternative Response  
CalWORKs Home Visiting Program  
Home Visiting Coordination



**IMPACT Legacy**  
FFN Technology Support



## Help Me Grow Yolo County

Mental Health In-Home Therapy

## BUILDING MEDI-CAL BILLING CAPACITY

- Phase 1: Active billing under CHW Benefit for Welcome Baby: Road to Resilience achieved FY24/25
- Phase 2: Funding partnerships to build CalAIM ECM program/billing infrastructure and capacity
- Phase 3: Transition Help Me Grow to ECM for sustainability by spring FY25/26

# WELCOME BABY: ROAD TO RESILIENCE

## FULL PROGRAM INTEGRATION

### *WELCOME BABY*

- Support all families giving birth with Medi-Cal or no health insurance in Yolo County
- Nurse home visit within the critical 1-2 weeks postpartum with follow-up calls
- Connection to longer-term R2R home visiting



### *ROAD TO RESILIENCE*

- Highest-risk prenatal and postpartum families
- In-clinic risk / needs assessment and navigation
- Longer-term home visiting services teaming Healthy Families America and Behavioral Health models

# WELCOME BABY: ROAD TO RESILIENCE PARTNERS

## Medical Systems

Sutter Davis Hospital  
CommuniCare+OLE  
Dignity Woodland Hospital  
Winters Health Care  
Elica Health Care  
Northern Valley Indian Health  
Capital OB/GYN  
Kaiser Permanente  
UC Davis Health  
**Partnership HealthPlan**



## Implementation

*CommuniCare+OLE*  
*Yolo County Children's Alliance*  
UCD Health Equity Across  
Lifespan Lab  
LPC Consulting Associates, Inc.  
First 5 Yolo

## Community

Yolo County HHSA - Child  
Welfare Services  
Yocha Dehe Wintun Nation  
Help Me Grow  
And Many More

# WELCOME BABY: Broad and Targeted Reach



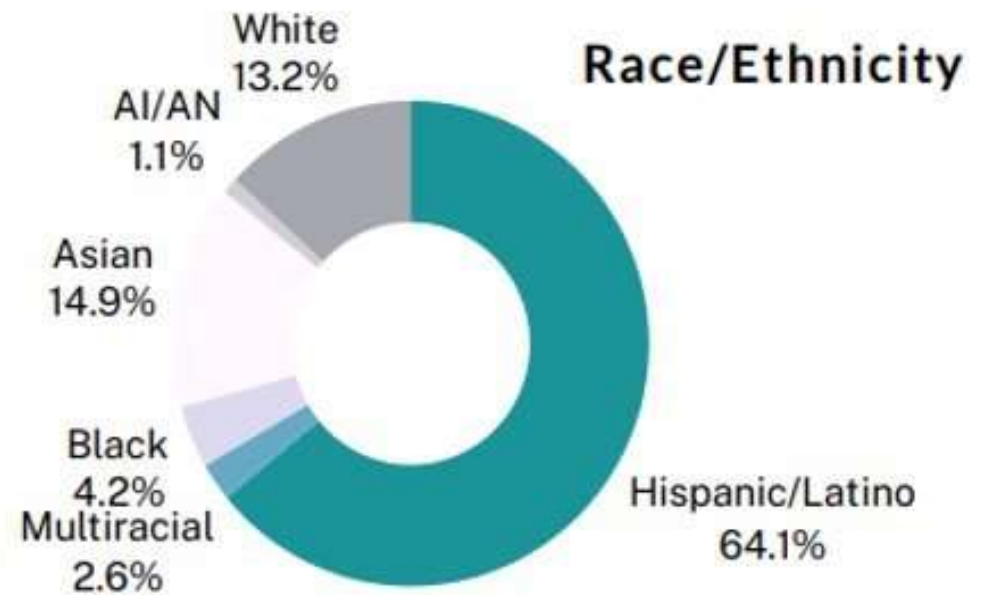
**1,271** families enrolled in Yolo County



**787** newborn babies born and received home visits



**79%** of families accepted Welcome Baby when offered



\*AI/AN = American Indian or Alaskan Native

# WELCOME BABY: Transforming Systems



**95%** of women completed their postpartum visit  
*(Yolo County Medi-Cal rate = 44%)*



**87%** of families completed their one-month well-child visit  
*(Yolo County Medi-Cal rate = 23%)*



**100%** of families were screened for depression and anxiety



**97%** of families received lactation support

# WELCOME BABY: Transforming Lives



*"The program is necessary for any mom, whether it's their first or second baby, because every baby is so different and a lot can happen in those first few days. It is so important to have someone in your home to support you."*

*~ Welcome Baby Parent*

*"Thank you for going to this patient's home. You possibly saved this baby's life."*

*~ Pediatrician, Medical Partner*

# Road to Resilience: Focus on Highest Risk



**2,270** Perinatal clients were screened and assessed for R2R services



**631** were eligible for R2R and received in-clinic navigation

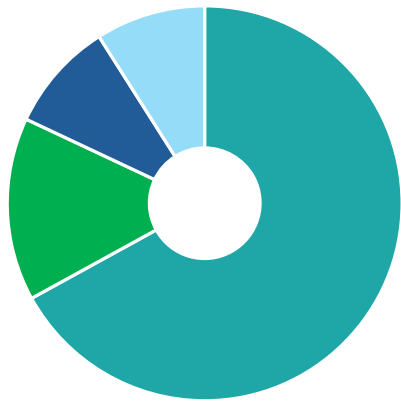


**338** received intensive home visiting services

*(Cumulative, from 2019)*

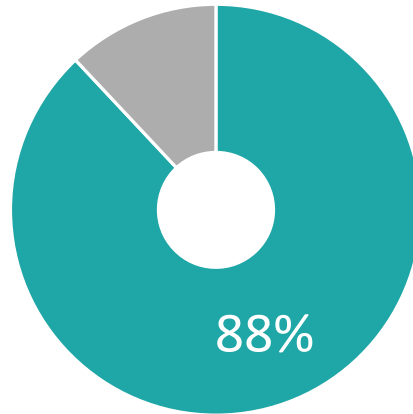
# Road to Resilience: Families Closest to Risk

Race/Ethnicity

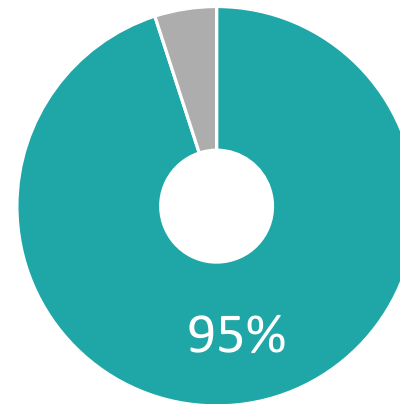


- Hispanic/Latino
- White (non-Hispanic)
- Black/African American
- Asian/Pacific Islander

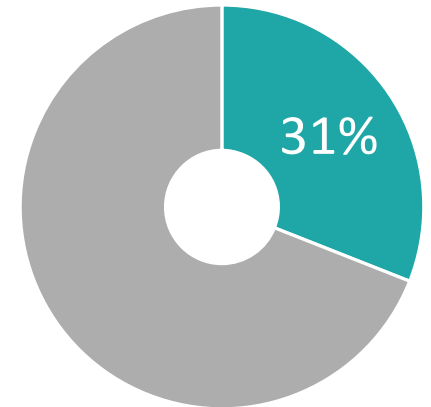
Health Insurance Through Medi-Cal



Low Income



Primary Language Spanish



# Road to Resilience: Transformational Change



**99%** avoided the need to enter Child Welfare Services

**97%** showed improvement in parenting skills

**90%** reduced or continued non-use of alcohol, drugs, and tobacco

**77%** of caregivers with initial depressive symptoms showed improvement after 6 months of home visiting

## Road to Resilience: Transforming Systems



*"Looking at the data, R2R seems to be having a preventative effect, breaking the cycle of Child Welfare involvement for some parents who were once themselves involved in Child Welfare Services."*

~ Yolo County CWS Staff

# HELP ME GROW: Early Childhood Mental Health

HMG  
Launch  
County  
Screening  
Rate=35.5%

FY15/16

F5Y &  
MHSA  
Partner to  
Expand  
HMG

FY17/18

Collective  
Impact  
Screening  
Rate=70.2%  
**3rd in CA**

FY21/22

Transition  
to MediCal  
Billing to  
Help  
Sustain

Spring 2025

## HELP ME GROW EARLY MENTAL HEALTH ACCESS AND LINKAGE



**1,089** children screened for developmental/early childhood mental health needs in FY23/24



**85%** of children screened successfully connected to early intervention services



**131** children participated in HMG Developmental Playgroups facilitated by licensed therapist to build core skills



**93%** of parents/caregivers reported improved functioning and/or reduced depression scores

# HELP ME GROW EARLY MENTAL HEALTH ACCESS AND LINKAGE



**831** children screened *in the first 6 months* of FY 24/25

*All children in HMG served with a range of interventions from home activities to connection to specialists*

*Lead Direct Services by Children's Therapy Center*

*Outreach by RISE, Inc., Yolo Crisis Nursery, & Yolo County Children's Alliance*

# Help Me Grow: Child Welfare Services Partner

Snapshot from July 2023 to Today



**131** referrals for children 0-5 from County CWS

- **87** unique children were screened for identification of developmental needs
- **46\*** were linked by HMG to Part C early intervention services

*\*49% of those screened and 35% of all referrals*

## HELP ME GROW SYSTEM IMPACT



We have been doing online developmental assessments through Help Me Grow for all of our under 5 foster children for more than four years. We always get quick and helpful feedback and referrals for therapies whenever needed. They really take the time to listen to our concerns and seem to truly value our feedback as caregivers.”

~Yolo County Resource (Foster) Family

# QUESTIONS?

