

**Yolo County
Board of Supervisors**

Resolution No. 26-122

***Proclaiming August through September as Breastfeeding Awareness
and Advocacy Months***

WHEREAS, breastfeeding is the natural and recommended way to nourish infants, helping them grow strong and healthy while also supporting the well-being of parents; and

WHEREAS, the World Health Organization (WHO), the American Academy of Pediatrics (AAP), the United Nations Children's Fund (UNICEF), and leading health experts recommend exclusive breastfeeding for the first six months of life, with continued breastfeeding for two years or more alongside solid foods; and

WHEREAS, the theme for National Breastfeeding Month 2026 is “**RISE: Resilience, Interdependence, Self-Determination, Empowerment**”, honoring the resilience of parents, the power of human milk, and the communities that help families achieve their feeding goals. Together, we celebrate the countless ways breastfeeding and donor human milk contribute to healthier beginnings for babies across Yolo County and beyond; and

WHEREAS, observances throughout August and September, including **World Breastfeeding Week** (Aug 1–7), **Indigenous Milk Medicine Week** (Aug 8–14), **AANHPI Breastfeeding Week** (Aug 15–21), **Military Lactation Week** (Aug 22 - 24), **Black Breastfeeding Week** (Aug 25–31), **Workplace Lactation Week** (Sept 1–7), **Semana de la Lactancia Materna** (Sept 8 – 14), and **Deaf & Hard of Hearing Breastfeeding Week** (September 16-22) highlight the diverse experiences and needs of breastfeeding families; and

WHEREAS, the Health and Human Services **Women, Infants and Children (WIC) and Breastfeeding Peer Counselor Program** in Yolo County, along with the invaluable support of health care providers, public agencies, employers, and families, plays a vital role in building breastfeeding-friendly environments and advancing equitable access to lactation support year-round; and

WHEREAS, WIC's support has been integral to advancing this important cause and is recognized with sincere appreciation.

NOW, THEREFORE, BE IT RESOLVED that the Yolo County Board of Supervisors proclaims **August through September 2026 as Breastfeeding Awareness and Advocacy Months** and reaffirms its commitment to supporting breastfeeding and promoting equitable access to care and resources throughout the year. We call upon all residents, local government officials, healthcare providers, community organizations, and families to join us in this critical initiative.

PASSED AND ADOPTED this 22nd day of September, 2026 by the following vote:

AYES: Barajas, Villegas, Frerichs, Vixie Sandy, Allen.

Sheila A. Allen, Chair
Yolo County Board of Supervisors